

2022 SPRING TOURNEY HOCKEY RULES

- Games are 3, 12 minute stop time periods. If games run the risk of running longer than the allotted 1 hour time slot, the game may revert to run time in order to stay on schedule. Further to this, if a team has a 5 or more goal lead in the 3rd period, the time will revert to run time. If the lead is reduced to less than 5, stop time will commence once again.
- If a game is tied after regulation, games will be resolved by a 3 player shootout. If not resolved after the shootout, an alternating player sudden death shootout shall occur to determine a winner. The same player can shoot multiple times (no determined shooter list is required)
- We will follow Hockey Manitoba Rules to call on ice infractions.
- No Slap Shots Allowed
- CSA approved helmets are required. (no Jofa, or non CSA helmets are allowed) At the referee's discretion, you may be asked to not participate if your helmet is non-compliant.
- If a single player has 3 penalties in a game, they will be ejected from the game and may be subject to further discipline.
- A five minute major penalty will result in a game ejection and will be subject to review. If the major penalty is deemed to be intentional, the offending player will be ejected from the tournament.
- Official abuse will not be tolerated. Players or teams disrespecting the game officials will be penalized and or ejected at the referees discretion.
- At the discretion of the on ice game officials or tournament organizers, if a player is deemed to be a danger to themselves or others, or playing in a manner that is a detriment to the spirit of the game, physically, verbally or otherwise, that player may be asked to leave the ice surface for that game and/or face possible suspension from the tournament.
- Players are to be 18 and over. We will make exceptions for 16 and 17 year old players but they will be required to have a parent or guardian sign a waiver and they must wear a full face shield
- Rosters are based on the honour system. Please use appropriate discretion when filling your rosters. By that I mean, your roster should look basically the same for the duration of the tournament...your roster should not magically look like the 2021 Tampa Bay Lightning in the finals.
- Alcohol is not permitted on the player benches. If you are found to have it on the bench, the referees will request it be poured out or confiscated. Failure to comply will result in that player being ejected.

Scan the QR CODE to access the tourney website

