



Behind the Badge

A LOOK INSIDE HARBOR
SOCCER CLUB



About Us

Established in 1982, Harbor Soccer Club and its staff are passionate about the game of soccer and strive to provide the best programs for Gig Harbor and surrounding areas. Our club offers youth soccer opportunities at all age levels and competitiveness, in an environment designed to encourage development and fun. We offer 4 programs as outlined below.

Micro soccer is where it all begins. Children are introduced to soccer in ways that promote fun while still learning beginning technical skills. Play is on a small field with a small ball. All play is in Gig Harbor. Practice begins in August, with games in September and October. All games are on Sundays.

Small-sided soccer is all about playing and learning the game on a smaller field. Play emphasizes maximum "touches" on the ball. Teams generally play in the Pierce County Soccer Association League, with away games throughout Pierce County. Practice begins in August with leagues games in September, October and November. Games are on Saturdays.

Club soccer is for the player wanting to compete at a competitive level yet with a lower commitment in terms of time and fees. Practice begins in August with games in September, October, November and December. Games are on Saturday or Sunday, depending on age level and league.

Harbor Premier is the highest level of play within Harbor Soccer Club. This program is devoted to the development of boys and girls who are interested in advancing to the highest level of play available. Premier is a year-around program staffed by professional coaches dedicated to getting the most out of our youth players. Tryouts take place in February for High School age boys and late-April/early-May for all other age groups. Training resumes immediately after tryouts. Competition includes summer tournaments throughout the state and region, league play in the Washington Regional Club League (RCL) in the Fall and Spring, and WYS State Cup play in late Spring. League play in the RCL is restricted to only 20 clubs in the state of Washington and is the highest level of play possible in youth soccer.



Club Mission

Harbor Soccer is dedicated to developing youth players both on and off the pitch. It is our mission to create an environment for players and families that provides the highest level of training, competition and player development in the State of Washington.

We also understand that Harbor Soccer is not only a platform to teach the beautiful game, but also an opportunity to lay the groundwork of life-skills that will serve our players long after they have left our program.

Our coaches are committed to developing the technical and tactical abilities of our players to their fullest potential while also emphasizing values & virtues such as sportsmanship, teamwork, leadership, community responsibility, personal responsibility, and respect for self and others.

Only through this well-rounded approach will our players, parents and coaches truly win, not only on the field but also off the field and long into the future.



Expectations

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We Are Harbor!

Harbor Soccer Club wants nothing less than the best environment for all youth soccer players to grow not only their knowledge & skills but also their love of the game of soccer.

Additionally, several of Harbor's players have taken the time to become certified referees. Many of their parents have approached the club to request that we do something to bring awareness to the far-too-prevalent abusive behavior toward these young referees. This abuse, unfortunately, causes many of them to stop officiating (how many of you have noticed the shortage of referees?). While we have worked with the other clubs involved in these unfortunate events, and interviewed our members about these issues, we feel that as a club, there is more that we can do to remind players, coaches, and parents about appropriate sideline behavior.

When players are registered for Harbor Soccer Club programs, whether it be a summer camp, spring academy, recreational or premier team, the parents and players are asked to acknowledge the Harbor Code of Conduct. Our Code of Conduct is aimed at promoting a safe and enjoyable playing, coaching, and spectating environment. Following this Code of Conduct can be summarized by one simple question.... **Are you HARBOR?**

- **Hospitable**- We welcome our competitor teams and parents to Gig Harbor on game day
- **Accountable** - We hold ourselves and our player(s) accountable for good sportsmanship
- **Respectful**- We are respectful of the referees and our competitor teams and parents
- **Believe** – We believe in Harbor Soccer and are dedicated to developing youth players both on and off the pitch.
- **Outgoing** - One of our goals is to help our players grow both in the game, as well as off the field
- **Relentless** - We will work relentlessly to exemplify these in all we do as parents, coaches, referees, volunteers and players

PREMIER PATHWAY



RECREATIONAL PATHWAY



Development Pathway

Harbor Soccer Way

The goal of Harbor Soccer Club is to provide the best possible, all-round soccer experience for ALL of our players. Our development model closely follows the ideals described in the US Soccer Federation and US Youth Soccer curriculum. We endeavor to produce **Creative & Confident Players both on and off the ball** and to have players recognized for their creativity, flair and individual expression while still emphasizing the highest standards in sportsmanship, leadership, responsibility, teamwork & respect for others. We will base our successes on how well our players develop – not just on the pitch, but as young people, all while remembering that this is a competitive sport. If Harbor Soccer Club players are enjoying their soccer, advancing their skill level, being taught the beautiful game by enthusiastic, energetic coaches, then we know we will achieve great things.

This is the Harbor Soccer Way.

Club Philosophy



Developing Creative & Confident Players both on & off the ball

Our aim is to produce technically excellent and innovative players with exceptional decision-making skills. Our identity will be recognized by creativity, flair and individual expression with an offensive possession mentality.

Harbor Premier strives to create an environment in which young players are encouraged to develop their technique, skill, creativity and game understanding while not being fearful of trying new things and potentially making mistakes. It is our belief that it is through these mistakes that the most learning takes place.

Club Philosophy - Foundation Phase (FP) U5-U8



Individual Player Focus

Every player is different. This doesn't change what we are teaching but the approach, speed, and expectations we have for each individual player to meet everyone's development needs. Grouping players in ability-based groups gives players opportunities to play and develop at the right level so they're not overwhelmed.

Our technical focus in the Foundation Phase is achieved through the game itself, utilizing small-sided games as the cornerstone to training. We create scenarios where players are forced to make decisions founded on their technical skillset. This way practices are fun and the learning is deeper and disguised within the game.

We believe that exercises and games must have defenders (pressure) to teach the real game. Beating a cone is easy but having to beat an actual person is what you can expect to find in a game.

Players can expect to find themselves with a ball at their feet for large parts of a training session for them to get the highest amounts of reps possible, trying to work on a technique.

Just because our main focus is technical excellence doesn't mean we aren't teaching the game and the tactical understanding that the game requires. For players to achieve tactical requirements, they must have the technical skills to carry out the tactical aspects of the game.

Club Philosophy - Youth Development Phase (YDP) U9-U12



As players progress from the Foundation Phase to the Youth Development Phase, the training sessions become increasingly more focused on tactical aspects of the game.

At U13, players make the jump to the 11v11 game, they need to focus more on tactical aspects of the game because a bigger space with more players presents more complex problems to solve, thus resulting in players spending more time each game making decisions off the ball.

It is expected that the players coming into the YDP from our FP are already capable of executing the basic techniques necessary to play the game. The main difference between the training at the FP and the YDP is that the focus is mostly on the “what” (dribbling, passing, shooting, etc.), then once they’re in the YDP we delve more into the “why,” “where,” and “when” of these skills.

Regardless of what the focus of the session is each week, we always try to structure training activities so that it looks as much like the actual game as possible. This means adding pressure whenever possible and utilizing a variety of small-sided games and rondos.

Club Philosophy - Transitional Phase

U13&U14



Transitional Phase will be focused on learning to play 11v11, adding in more tactical & positional awareness tied in with full numbering system and spatial awareness. With the huge increase of time, space and more players presents more complex problems to solve, thus resulting in players spending more time each game making decisions off the ball.

We understand players will develop/mature differently and some may need more time during this phase to focus on technical ability while others may be more ready for both the physical and tactical demands of the advanced phase. Harbor coaches will do all they can to identify these differences and coach accordingly.

For Girls we offer two premier level programs from U13 and U14. Our Top-level Girls teams will be competing in the Girls Academy, all remaining teams will be competing in the RCL.

Club Philosophy - Advanced & College Prep Phase U15-U19



TRAIN TO WIN

Training to win is about developing to win games. What we introduce to the players is the question: what do we need to understand about the team and ourselves that will enable us to win games? Ultimately, what they need to do to move on to a higher level of play.

Vision and communication to understand whole-field match conditions and creative problem solving to dominate the mental field of play.

Physical aspects of training are always considered, development of flexibility, speed, power and core strength through proper training will enable players to remain healthy and at peak physical condition.

On-field emphasis is on developing strategies for focus and quick thinking. Speed of play, speed of thought and decision making will be reinforced through high-intensity training and challenging gameplay.

For Girls we offer two premier level programs from U15-U19. Our Top-level Girls teams will be competing in the Girls Academy, all remaining teams will be competing in the RCL.

Club Philosophy – Goalkeepers



The goal of Harbor Premier Soccer Clubs Goalkeeper Program is to provide the clubs goalkeepers with the skill set and knowledge to become the best goalkeeper they can be. Goalkeepers are a special group of players that need specialized training to be successful in their position. The goalkeeper program will focus on providing a good base of core skills that will allow the goalkeeper to make the saves they are supposed to make and give them the ability to make the spectacular saves.

U9-U12 GKS (7V7 & 9V9)

- Defining and Perfecting “Set Position”
- Catching balls at different heights with proper technique
- Footwork and Movement in front of the goal “moving like a goalkeeper”
- Introduce Diving Saves
- Basic 1v1 tactics
- Different types of distribution
- Basic Communication
- Rules effecting the goalkeeper

U13-U19 GKS (11V11)

- Refine, perfect and enhance the U9-U12 GK traits
- Introduce and work to proficiency in dealing with high balls and crosses
- Expand the goalkeepers diving range
- Advanced 1v1 & Reaction Saves
- Enhancing distribution abilities (feet and hands)
- Advanced handling techniques
- Broaden Communication skills
- Game Management

Style of Play



THE FOUR ELEMENTS OF THE HARBOR STYLE OF PLAY

BUILDING FROM THE BACK

Starting build-up from the goalkeeper, looking to play into the feet of the closest open player.

Why? To maximize touches of the ball and initiate our progressive possession. To create confident, risk-taking and pressure-resistant players. To draw out the opposition, giving space for our forwards to attack when we play through the press.

PROGRESSIVE POSSESSION

Keeping the ball, shifting the opposition and playing a penetrative pass at the right moment.

Why? To create players that are confident in passing and receiving the ball. To develop players' understanding of attacking tactical concepts.

ATTACK MINDED

Our teams aim to create as many goal-scoring opportunities as possible.

Why? To create innovative, exciting and creative players that dominate 1v1 situations. To complete attacking moves with creation of goal scoring opportunities.

PRESS FROM THE FRONT

Harbor teams aim to win the ball as high up the field as possible, when possible, with all players playing a role in the defensive phase.

Why? To help us win the ball as quickly as possible so we can exercise the three other aspects of our Style of Play. To ensure all our players are capable in all phases of the game.

Systems of Play



STAGE 1: 4v4 (U5- U8 Foundation Phase)

Central to our style of play is the creation of diamonds and triangles. The Early Development phase allows us to embed this from the start. Players will rotate positions- including Goalkeeper. Players will be encouraged to be confident in 1v1 situations, recognize when to pass, and be comfortable receiving the ball.

STAGE 2: 7V7 (U9/U10 – Youth Development Phase 1)

The number of diamonds/triangles are increased to provide more passing options when in possession. Teams look to play out from the back using the Goalkeeper and possess the ball with purpose. The focus on the central positioned player and their role will allow for more touches on the ball and increased decision making. Fundamental focus is given on ball mastery and technical proficiency in passing, receiving, dribbling and striking the ball. Basic tactical information is given when in possession and to regain possession.

STAGE 3: 9V9 (U11/U12 – Youth Development Phase 2)

In the Final stage before 11v11 we add the roles of #2&7 and #3&11 providing width and installing the key movements to play out from the back and possess the ball in the midfield third.

The system allows for position flexibility when in possession but builds on the basic fundamentals learned in 7v7. Players further build on their 7v7 education increasing not only their technical attributes but possessing with a purpose. There is increased focus on tactical aspects such as dictating the speed of the game and ensuring players understand their role individually and collectively both in and out of possession.

STAGE 4: 11V11 (U13-U19 – Advanced / College Prep Phase)

Player roles have been consistent throughout the process allowing for imbedded familiarity. The aim is to dominate the ball in possession progressively through the thirds, be organized in attack, defense and transitions. The system continues to allow position flexibility and movement within shape. Players define tactical and technical attributes in training and game. Ensuring players are prepared technically to carry out the tactical instruction.

Are we speaking the same language?



It is vital that all Harbor Premier coaches speak a common 'soccer language' when working with our players and teams. A common language allows a coach to move from team to team, training session to training session and know all the players will be on the same page when coaching points are delivered.

Do's

- Do use the position numbering system with all players when referring to lineup & responsibilities
- Do let the players play & make their own decisions. No joystick coaching.
- Do ask questions. Guided discovery is encouraged. "What could you do different next time?"

Don'ts

- Don't overuse 'soccer slang'. Terms such as 'Unlucky', 'Simple', 'Keep the ball Moving' ect are overused and can be taken literally by younger players. Think before you say
- Don't overcomplicate your communication – clear, concise & timely – try to remember this golden rule "the more you talk during the game, the less your players are likely to hear."
- Don't assume players know what you are saying. Ask questions & define terms if needed.

Positional Numbering System & Corresponding Player Characteristics



- The introduction of the numbering system to our coaching and player education is a step in the right direction. The mainstream discussions that are happening through the media and on the sidelines are a clear indication of the continued growth of the game in the United States. These discussions are a benchmark indicator that the United States is becoming more tactically aware.
- Parents gaining an understanding of the numbering system will certainly continue the momentum.
- For players, they can start to identify with different roles based on their skills and abilities.
- So, what are the soccer numbers as they relate to the positions and what are some basic characteristics of each?

1

Goalkeeper
Technically proficient
Solid technical passing abilities
Strong distribution decisions
Gifted athlete

2&3

Outside Backs (Right & Left)
Ability to play great long service
Strong at defending 1 vs. 1
Speedy player able to cover ground on the flanks
Solid technical passing abilities
Confident in attack as well as defense



4&5

Center Backs (Left & Right)
Consistent players who are organizers and leaders
Ability to cover ground – especially laterally and vertically
Technically strong defensively
Strong tackler
Strong in the air

6

Defensive Midfielder
High work rate
Ability to keep the ball (vision and technical passing)
Tactically astute
Strong in air
Strong tackler

8 Center Midfielder
Endless work rate – speed, endurance & stamina
Good leadership and organization
Creative playmaker
Technically proficient
Long range finishing ability
Ability to provide defensive pressure

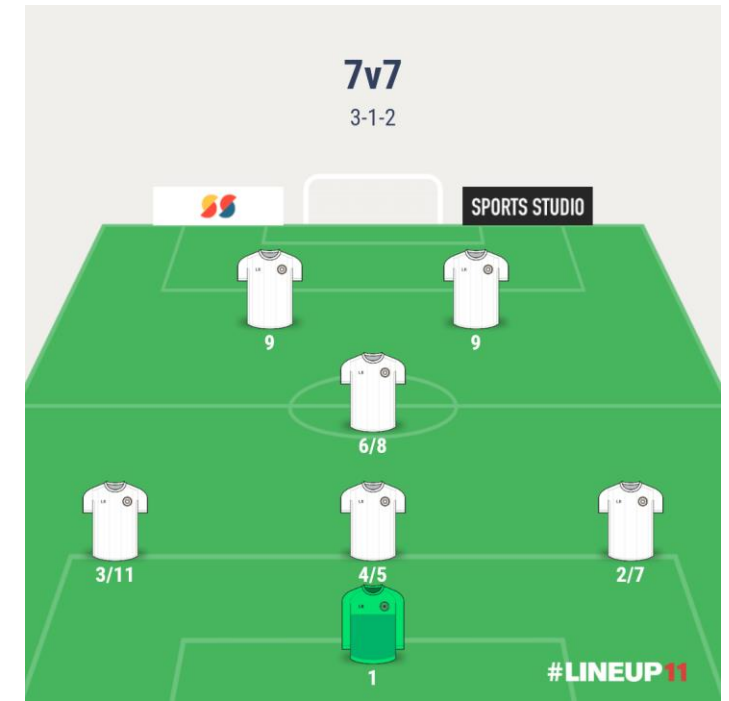
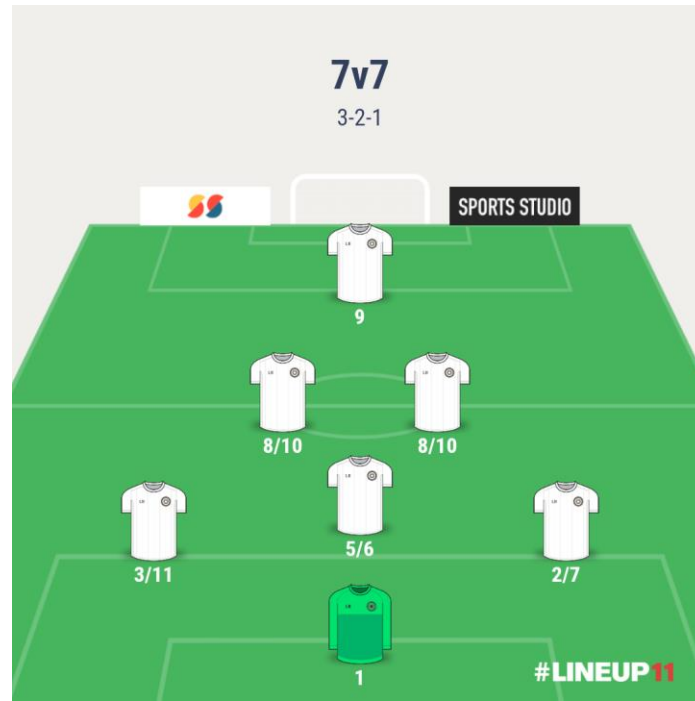
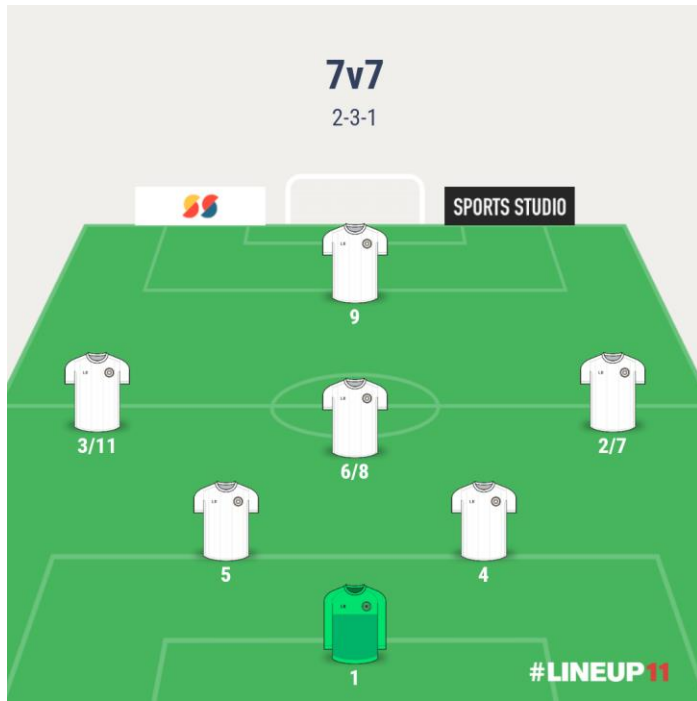
7&11 Winger (Right & Left)
High Work Rate
Ability to make long runs and recover
Strong 1 vs 1 attacking ability
Flank service
Long range shooting



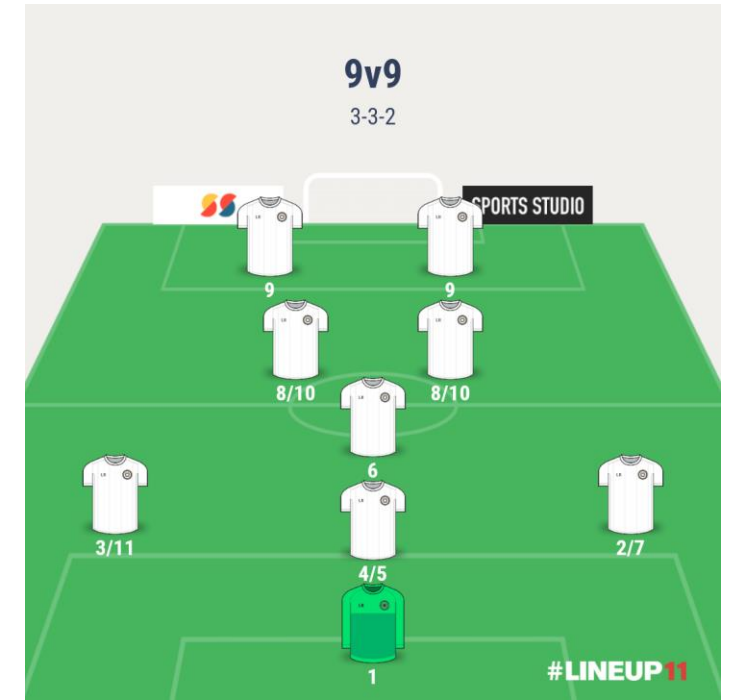
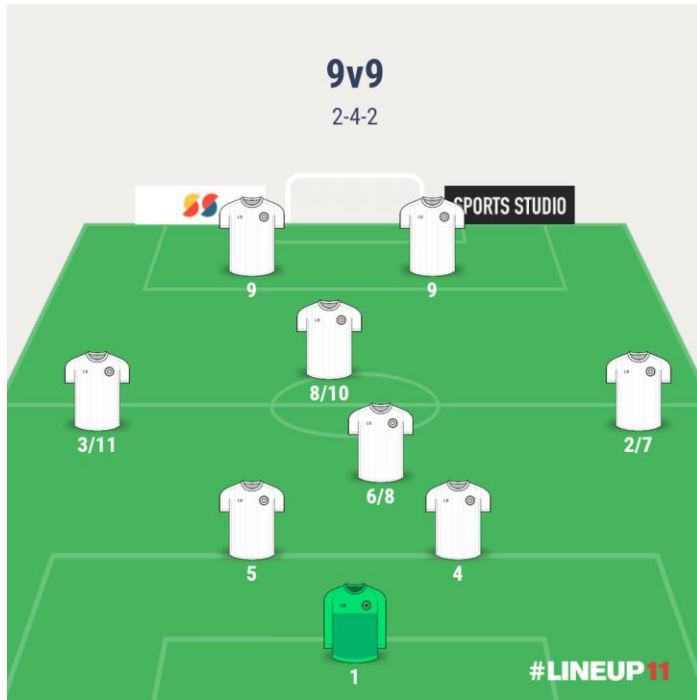
10 Attacking Center Midfielder
Finishing ability
Clinical passing in final third to create scoring opportunities
Strong 1 vs 1 in final third
unpredictable in attack
Makes play predictable through putting pressure on defense

9 Forward
Ability to play with back to the goal
Confident to beat players
Confident to take risks
Creativity and technical finishing abilities
Strong and tough
Hungry to score goals

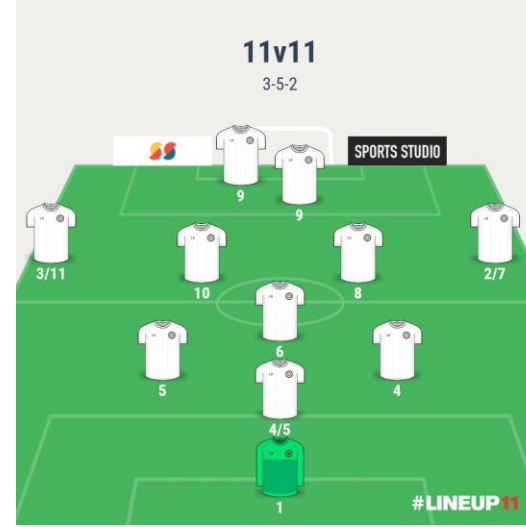
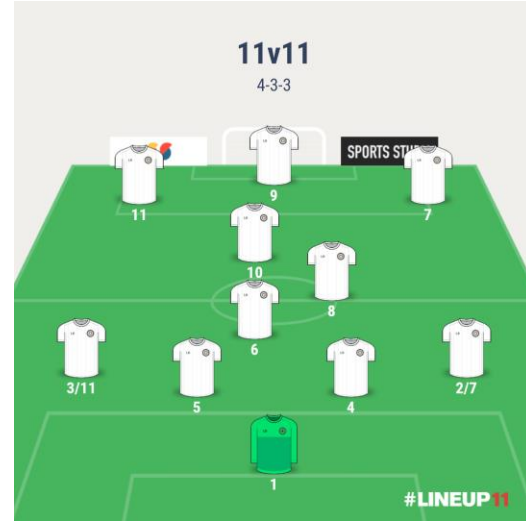
Be



7v7 Formations



9v9 Formations



11v11 Formations



Club Governance

Harbor Soccer Club is a 501(c)(3) not-for-profit organization. Per the IRS Determination Letter, Harbor Soccer Club is exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code. Contributions to the club are also tax deductible.

Harbor Soccer Club has a Board of Directors, consisting of a President, Vice President of Administration/Treasurer, Vice President of Operations, Vice President of Competition, Secretary, Ex-Officio Officer, and Member at Large. The Standing Committees include Discipline and Review Committee, Finance Committee and Fields Committee. In addition, each team has a Team Manager. Refer to the Club bylaws to see the specific duties and responsibilities of these positions. The main objective of this organization is to facilitate and sustain the efforts of the Coaching and Training Staff.

The Technical Director oversees the Coaching Directors and professional coaching staff. The Technical Director reports directly to the Board. Technical Director along with Coaching Directors conduct tryouts, form teams, recruit and assign coaches, develop and manage the training curriculum, and oversee coaching needs for all teams.

Staff Members



General Manager / Technical
Director - Jason Jarrett -
jasonj@harborsoccerclub.com

Business Director / Registrar -
Shannon Lee -
shannonl@harborsoccerclub.com

Director of Coaching / JR Academy
& Recreational Director –
Bryce Waddington –
brycew@harborsoccerclub.com

Youth Director U12 & Under –
Mitchell James –
mitchj@harborsoccerclub.com

Director of Goalkeeping –
Corey Sanderford –
coreys@harborsoccerclub.com

Alumni



Tacoma Community College (Tacoma, WA)
Lindsay Chaffee
Cara Tallman
Melysa Smith
Tori Southworth

Tacoma Community College (Tacoma, WA)
Rylee Radford
Aoife Duffy
Tyler Clarke
Emma Schmidt

Tacoma Community College (Tacoma, WA)
Kaitlyn Dakin

Olympic College (Bremerton, WA)
Dixon Hammer
Victor Akoi
James Salisbury
Matthew Myers
Cameron Stone

University of Washington (Seattle, WA) – Football
Korey Durkee

Pacific Lutheran University (Tacoma, WA)
Hunter Clarke
Parker Crites
Brandt Kelly

University of Redlands (Redlands, CA)
Abby Nordquist
Sammie Burghardt
Kate Frame
Brandon Miller

Stanford University (Palo Alto, CA) – Football
Michael Rector

Highline College (Des Moines, CA)
Cole Madden
Jason Bauchnet

St. Martin's University (Lacey, WA)
Jolene Kvinsland
Julia Sahlin
Sara Masee

Masters College (Santa Clarita, CA)
John Brown

Eastern Washington University (Cheney, WA)
Josie Self

Oregon State University (Corvallis, OR)
Emery Wallrich
Riley Gregorie

Grand Canyon University (Phoenix, AZ)
McKenzie Cook

Embry-Riddle Aeronautical University (Prescott, AZ)
Adriana Jackson

Westmont College (Santa Barbara, CA)
Hailey Parker

Bellevue College (Bellevue, WA)
Hailey Stokes
Kylie Woodrum

Peninsula College (Port Angeles, WA)
Grace Johnson
Isabelle Tyner

Alderson Broaddus University (Philippi, WV)
Dee Dee Walls

Illinois Tech (Chicago, IL)
Kiana Yamamoto

University of Puget Sound
Johnathon Walker-Whitmore
Mimi Carrier-Berndt

Northwest Nazarene University
Heather Hunt
Peyton Motter

Whitman University
Rhiannon Dowling

Whitworth University (Spokane, WA)
Robby Ubben
John Koberstein

Chapman University
Henry Portteus

Washington State University
Alyssa Gray

Point Loma Nazarene University
Evan Janson
Grayson Janson



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