

The Holiday Hockey Program is designed to help squirts and peewees learn new skills, eliminate bad habits, and fine tune existing talents in a friendly and athletic environment.

**2 Full Days for \$200 at the  
Palmer MTA Ice Arena**

**Daily Schedule**

8:30AM-10:00AM - ON ICE

10:15AM-11:30AM - OFF ICE TRAINING

11:30AM-12:30PM - LUNCH (NOT PROVIDED)

12:30PM-2:00PM - OFF ICE/CLASSROOM

2:15PM-3:45PM - ON ICE

**4:00PM - PICK UP**

**FAMILY DISCOUNTS AVAILABLE**

Multiply family members 10% off total cost

Mail Check (payable to Eric Troisi),  
Registration and USA Hockey Waiver  
(back of form) to:

**Eric Troisi**

**8411 East Wolf Creek Rd  
Wasilla, Alaska 99654  
354-7131 / 373-1554**

**OPEN TO SQUIRTS & PEEWEES**

**\* Player level is for the 2018-2019 season**

**ON ICE ACTIVITIES**

- ✓ Edge Work
- ✓ Puck Control
- ✓ Small Games
- ✓ Competitive Situations
- ✓ Goal Scoring

**OFF - ICE ACTIVITIES**

- ✓ Puck Shooting
- ✓ Plyometrics
- ✓ Agility Skills
- ✓ Sprints
- ✓ Stickhandling



# **HOLIDAY HOCKEY CAMP WITH COACH TROISI**

**DECEMBER 27TH & 28TH**

This program provides  
direct on & off ice  
instruction in skating,  
stickhandling, passing,  
puck protection, small  
area games, and  
scrimmages.

## Spring Hockey Program Registration

Players Name

Players DOB

Age

Parents Name(s)

Address

Email

Phone

***Please mail the Registration,  
Waiver and \$200.00 to :***

**Eric Troisi  
8411 East Wolf  
Creek Rd.  
Wasilla, Alaska 99654**

## USA Hockey Waiver

### PLEASE READ BEFORE SIGNING

#### Medical Release

In the event my child is injured during the absence of a parent or legal guardian, I give my permission for the person in charge to seek medical attention for my child.

#### Release of Liability and Acknowledgment of Risk

Upon entering events sponsored by USA Hockey and/or its member districts, I /we agree to abide by the rules of USA Hockey as currently published. I/we understand and appreciate that participation or observation of sport constitutes a risk to me/us of serious injury. I/we voluntarily and knowingly recognize, accept, and assume this risk and release USA Hockey, its affiliates, their sponsors, event organizers and officials from any liability thereof.

---

Participant Signature

Date

---

Parent or Legal Guardian Signature