

Carlsbad Youth Baseball (CYB)

Return to play

BEST PRACTICES



We all have a role to play in keeping our community safe and keeping our kids on the baseball field. Carlsbad Youth Baseball (CYB) is requiring all players, parents and coaches to observe the following best practices for returning to play:

1) Stay Informed

- Regularly check [cdc.gov](https://www.cdc.gov) for updates on best practices on protecting yourself and others
- Reference [cbaseball.com](https://www.cbbaseball.com) and check email regularly for the latest updates on policies and procedures

2) Daily Screenings

- Regularly screen all household members for symptoms
- Keep kids home if anybody in your household is not feeling well
- If you are not sure, stay home

3) Practice Good Hygiene

- Wash and sanitize hands frequently
- Follow CDC guidance for stopping the spread:
 - Sanitize high touch surfaces frequently
 - Avoid any physical contact with people outside your household
 - Avoid spitting
 - Cover coughs with elbow, shoulder or tissue
 - Do not share water, food, or equipment

4) Observe Social Distancing

- Avoid carpooling whenever possible
- Report directly to and from your car and designated field via the designated routes
- Stick to designated waiting/observation zones before and after practice
- Work within your assigned area at practice
- Do not linger or congregate on the field or sidelines
- No high fives, fist bumps, hugs, or physical contact with other players/coaches/parents
- Observe physical distancing whenever possible. Wear a mask under the chin at all times and cover face when 6 feet distancing cannot be maintained

5) Communication

- CYB will communicate important guidelines, policies and procedures
- Players should communicate honestly with parents and coaches if you feel ill
- Parents need to communicate with coaches immediately if anybody in your household has or has been in close contact with a confirmed or suspected case of COVID19
- Coaches and Volunteers to communicate presumed or confirmed cases to CYB President, Board Member and/or Player and Coach Agent immediately
- Everyone will show respect for families who choose to refrain from participating

For more information: www.cbbaseball.com

