

# Chan



2022 • TEAM 14



# Chan

SENIOR SPOTLIGHT

## JOSH OCH

#2- WIDE RECEIVER • NICKNAME: OCHY



PLANS TO PLAY BASEBALL AT  
UNIVERSITY OF SOUTHERN MISSISSPPI.

FAVORITE FOOD: STEAK

FAVORITE GAME DAY RITUAL:  
PUTTING ON EYE BLACK AND LISTENING  
TO MUSIC IN LOCKER ROOM

MEMORY FROM YOUTH FOOTBALL:  
LOSING A SHOE AND STILL SCORING A  
TOUCHDOWN

ADVICE TO INCOMING PLAYERS:  
WORK HARD AND BE RESILIENT



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SENIOR SPOTLIGHT

## CARTER VAN HOLLAND

#4- SAFETY • NICKNAME: C VAN



PLANS TO ATTEND ST. JOHN FISHER  
AND PLAY LACROSSE

FAVORITE FOOD: SUSHI

GAME DAY RITUAL:  
LISTENING TO MUSIC AND EATING  
JIMMY JOHNS

MEMORY FROM YOUTH FOOTBALL:  
RELAY RACES AT THE END OF PRACTICE

I WILL MISS:  
SPENDING TIME WITH THE BOYS AND  
MAKING FRIENDSHIPS

I WILL NOT MISS:  
2-A-DAY PRACTICES

ADVICE TO INCOMING PLAYERS:  
ENJOY IT BECAUSE IT GOES FAST



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## MASON LANG

#6- OUTSIDE LINEBACKER • NICKNAME: LANGER



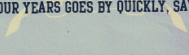
PLANS TO ATTEND SOUTH DAKOTA  
STATE UNIV AND PLAY BASEBALL

GAME DAY RITUAL:  
EATING POPCORN BEFORE DRIVING TO  
THE FIELD

COACH WHO HAS IMPACTED ME:  
COACH NELSON HAS HELPED ME  
UNDERSTAND THE GAME AND BLEND  
LESSONS FROM FOOTBALL WITH  
LESSONS FROM LIFE.

I WILL MISS:  
RUNNING OUT OF THE SHED WHILE THE  
CROWD IS CHEERING

ADVICE TO INCOMING PLAYERS:  
FOUR YEARS GOES BY QUICKLY, SAVOR IT!



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SENIOR SPOTLIGHT

## EVERETT FOUDRAY

#7- WIDE RECEIVER



PLANS FOR AFTER HIGH SCHOOL:  
COLLEGE

FAVORITE FOOD: PIZZA

MEMORY FROM YOUTH FOOTBALL:  
BEATING MY TWIN BROTHER'S TEAM

COACH WHO HAS IMPACTED ME:  
COACH CINNAMON HAS BEEN A POSITIVE  
INFLUENCE BECAUSE HE HELPED ME  
STARTING OUT

I'D LIKE TO BE REMEMBERED FOR BEING  
HARDWORKING

ADVICE FOR INCOMING PLAYERS:  
DON'T SKIP PRACTICE. DRINK A LOT OF  
WATER AND EAT HEALTHY BEFORE  
GAMES



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## JACK POTRATZ

#8- MIDDLE LINEBACKER • NICKNAME: PO



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

MEMORY FROM YOUTH FOOTBALL:  
WHEN I WAS RUNNINGBACK WHEN MY  
DAD COACHED ME.

COACH WHO HAS INFLUENCED ME:  
COACH YOUNG HAS IMPACTED ME A LOT  
AND TAUGHT ME HOW TO DEAL WITH  
ISSUES IN LIFE. AS WELL AS MAKING  
PRACTICE FUN AND FULL OF ENERGY.

ADVICE TO INCOMING PLAYERS:  
FOCUS DURING PRACTICE BUT JUST HAVE  
FUN. IF YOU DON'T HAVE FUN IT WILL BE  
A LONG 4 YEARS. IT'S A TEAM SPORT SO  
STOP FOCUSING ON JUST YOURSELF.

I WANT TO BE REMEMBERED:  
AS A LEADER AND FRIEND

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SENIOR SPOTLIGHT

## GRIFFIN DUFF

#10- INSIDE LINEBACKER • NICKNAME: GRIFF



PLANS AFTER HIGH SCHOOL:  
ATTEND COLLEGE AND MAJOR IN  
MECHINICAL ENGINEERING

GAME DAY RITUAL:  
GOING TO KWIK TRIP LAST MINUTE  
BEFORE THE GAME FOR CHICKEN STRIPS  
AND WAFFLE FRIES

MEMORY FROM YOUTH FOOTBALL:  
ROLLING MY ANKLE AT CLOVER RIDGE  
FIELDS

COACH WHO HAS INFLUENCED ME:  
COACH CINNAMON COACHED ME IN 9TH  
AND 10TH GRADE AND TAUGHT ME TO BE  
A RELIABLE PERSON AND RESPECT  
EVERYONE.

ADVICE TO INCOMING PLAYERS:  
GET IN THE WEIGHT ROOM AND WATCH  
FILM.

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SENIOR SPOTLIGHT

## BEN SUGARMAN

#11- RECEIVER • NICKNAME: SHUG



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

FAVORITE FOOD: CHEESESTEAK

GAME DAY RITUAL:  
GETTING FOOD AFTER ALL THE GAME  
WITH MY TEAM MATES

COACH WHO HAS INFLUENCED ME:  
COACH CLAYTON HAS HAD AN IMPACT ON  
ME BECAUSE HE'S A POSITIVE GUY AND  
ALWAYS GIVING ME MINTS

ADVICE TO INCOMING PLAYERS:  
ENJOY EVERY MOMENT, EVEN THE HARD  
ONES.

I WANT TO BE REMEMBERED:  
AS A "NO EXCUSES" GUY

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SENIOR SPOTLIGHT

## GRANT MUFFENBIER

#12- QUARTERBACK • NICKNAME: MUFF



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

GAME DAY RITUAL:  
HANGING OUT IN THE LOCKER ROOM  
BEFORE THE GAME

MEMORY FROM YOUTH FOOTBALL:  
SCORING 4 TD'S AGAINST PRIOR LAKE  
WITH A BROKEN HAND AND THROWING A  
2 PT CONVERSION WITH MY RIGHT (NON  
DOMINANT) HAND

COACH WHO HAS INFLUENCED ME:  
COACH CINNAMON BELIEVED IN ME AND  
GAVE ME CONFIDENCE. WHICH HAS  
HELPED ME IMPROVE OVER THE YEARS

ADVICE TO INCOMING PLAYERS:  
BE CONFIDENT AND DON'T BE AFRAID TO  
COMPETE WITH UPPERCLASSMEN

# Chan

## CRISTIAN BATCHLOR

#15- CORNERBACK • NICKNAME: C BATCH



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE TO PURSUE A CAREER  
IN MEDICINE

FAVORITE GAME DAY RITUAL:  
MEDITATING BEFORE GAMES

FAVORITE FOOD:  
MOM'S RIBS

MEMORY FROM YOUTH FOOTBALL:  
IN 8TH GRADE, I HAD A 60 YD PUNT  
RETURN FOR A TOUCHDOWN.

ADVICE TO INCOMING PLAYERS:  
FIND A GOOD BALANCE BETWEEN  
FOOTBALL, ACADEMICS AND FRIENDS

I WANT TO BE REMEMBERED:  
AS A HARD WORKER AND A GOOD LEADER

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## QUINN CALLAHAN

#17- WIDE RECEIVER • NICKNAME: QUINNER



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

FAVORITE GAME DAY RITUAL:  
LISTENING TO KANYE

FAVORITE FOOD:  
CRAB LEGS

COACH WHO HAS INFLUENCED ME:  
COACH ERIC SUGARMAN HAD BEEN AN  
INFLUENTIAL COACH AND HAS TAUGHT  
ME A NUMBER OF LIFE LESSONS

ADVICE TO INCOMING PLAYERS:  
TRY TO MAKE IT TO ALL THE SUMMER  
PRACTICES AND PLAY TO THE WHISTLE

I WILL MISS:  
ALL THE FRIENDS AND COACHES I SEE AT  
PRACTICE EVERYDAY

# Chan

## WESLEY PARKER

#21- STUDENT MANAGER



LOVES BEING HELPFUL AND A PART OF  
THE TEAM, ESPECIALLY ATTENDING  
THURSDAY NIGHT PRE-GAME DINNERS

FAVORITE GAME DAY RITUAL:  
CULVER'S DOUBLE CHEESEBURGER WITH  
A PEPSI

FAVORITE FOOD:  
CHEESEBURGERS

WANTS TO BE REMEMBERED AS:  
AN ETERNAL OPTIMIST AND BELIEVES  
WE CAN WIN EVERY GAME, REGARDLESS  
OF HOW MUCH TIME IS ON THE CLOCK.

FAVORITE MEMORY FROM 2022:  
RIDING THE COACH BUS TO HASTINGS

# Chan

## GRADEN WELTON

#16- QUARTERBACK • NICKNAME: G WILLIE



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

MEMORY FROM YOUTH FOOTBALL:  
THE GAME CARTER GAVE ME A  
CONCUSSION AND HE WAS ON MY TEAM

COACH WHO HAS INFLUENCED ME:  
COACH SMITH HAS HELPED ME BECOME  
A BETTER PLAYER AND PERSON

ADVICE TO INCOMING PLAYERS:  
FLY AROUND AND HAVE FUN

I WOULD LIKE MY TEAMMATES TO  
REMEMBER ME AS:  
COMPETITIVE BUT ALSO SOMEONE WHO  
LIKES TO HAVE FUN.

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## JAYDEN TALAMANTES

#29 - RUNNING BACK • NICKNAME: JT



PLANS FOR AFTER GRADUATION:  
BECOME AN ENTREPRENEUR

MEMORY FROM YOUTH FOOTBALL:  
FORCING A FUMBLE AND PICKING IT UP  
FOR A TOUCHDOWN

COACH WHO HAS INFLUENCED ME:  
COACH NELSON HAS IMPACTED ME BY  
BEING SUPPORTIVE OF ME AND THERE  
FOR ME IF I NEEDED ANYTHING IN MY  
WORST MOMENTS

ADVICE TO INCOMING PLAYERS:  
WORK HARD, HAVE FUN, SOAK IT ALL IN,  
AND DO NOT TAKE A SINGLE DAY FOR  
GRANTED. WINS AND LOSSES WILL  
HAPPEN BUT THAT IS THE BEAUTY OF  
THE SPORT. STORM FOOTBALL IS NOT  
JUST A FOOTBALL PROGRAM, IT'S A  
FAMILY

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## KEATON BOLL

#40 - TIGHT END / FULLBACK • NICKNAME: KLEATS



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

FAVORITE GAME DAY RITUAL:  
EATING JIMMY JOHN'S

FAVORITE FOOD:  
CHEESEBURGERS

MEMORY FROM YOUTH FOOTBALL:  
GIVING MY FRIEND A CONCUSSION IN 3RD  
GRADE

I WANT TO BE REMEMBERED AS:  
A POSITIVE PERSON AND PLAYER THAT  
WORKED HARD IN GAMES AND AT  
PRACTICE

ADVICE TO INCOMING PLAYERS:  
YOU CAN'T WIN GAMES WITHOUT  
TRUSTING YOUR TEAMMATES

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## ZACH PAULING

#56 - OFFENSIVE LINE • NICKNAME: ZIP



PLANS FOR AFTER GRADUATION:  
4 YEAR COLLEGE

GAME DAY RITUAL:  
PRE-GAME PRAYER

FAVORITE FOOD:  
STEAK

MEMORY FROM YOUTH FOOTBALL:  
LOSING A TOOTH DURING PRACTICE

COACH WHO HAS INFLUENCED ME:  
COACH NELSON HAS IMPACTED ME BY  
TEACHING ME THAT NOTHING IS EVER  
GIVEN TO YOU IN LIFE

ADVICE TO INCOMING PLAYERS:  
START WORKING HARD NOW, SOONER  
THAN LATER. YOU WILL BE A SENIOR

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## JOEY NEMETZ

#63 - DEFENSIVE END



PLANS FOR AFTER GRADUATION:  
GET MY REAL ESTATE LICENSE

FAVORITE GAME DAY RITUAL:  
BREAKFAST

FAVORITE FOOD:  
SUSHI

MEMORY FROM YOUTH FOOTBALL:  
TEARING MY ACL

COACH WHO HAS INFLUENCED ME:  
COACH VAN HOLLAND HAS IMPACTED ME  
BY COACHING ME IN MY YOUTH  
FOOTBALL DAYS AND SETTING ME ON  
THE RIGHT PATH

ADVICE TO INCOMING PLAYERS:  
DON'T TEAR YOUR ACL

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## NICK GARBERG

#65 - DEFENSIVE END • NICKNAME: GARBS



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE AND PURSUE A BUSINESS DEGREE

FAVORITE GAME DAY RITUAL:  
CHILLING IN THE LOCKER ROOM  
LISTENING TO MUSIC WITH MY TEAMMATES

COACH WHO HAS INFLUENCED ME:  
COACH NELSON BY HIS INSPIRING WORDS ABOUT FOOTBALL AND LIFE

MEMORY FROM YOUTH FOOTBALL:  
3RD GRADE, WINNING THE CHAMPIONSHIP WITH COACH VAN HOLLAND

ADVICE TO INCOMING PLAYERS:  
HIT THE WEIGHT ROOM, DON'T BE LAZY, RESPECT YOUR COACHES

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## JACKSON KIRCHNER

#73 - DL/OL • NICKNAME: KIRCH



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

FAVORITE GAME DAY RITUAL:  
EATING CARBS

COACHES WHO HAVE INFLUENCED ME:  
COACH ROSSINI HAS IMPACTED ME BY GIVING ME THE INSTRUCTIONS TO EXCEL AND IS SUPPORTIVE. COACH NELSON MOTIVATES ME BY THE POSITIVE FEEDBACK AND IS SUPPORTIVE. COACH COENEN IS APPROACHABLE, POSITIVE, AND TREATS EVERYONE ON THE TEAM AS AN EQUAL. COACH YUNGE CREATES A WELCOME FEEL AND IS UPBEAT AT PRACTICES

MEMORY FROM YOUTH FOOTBALL:  
WHEN I GOT A SAFETY IN 8TH GRADE

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## JACKSON BILDEN

#79 - OFFENSIVE LINE • NICKNAME: J BILL



PLANS FOR AFTER GRADUATION:  
ATTEND COLLEGE

FAVORITE GAME DAY RITUAL:  
LISTEN TO MUSIC IN THE LOCKER ROOM

MEMORY FROM YOUTH FOOTBALL:  
MY DAD BEING MY COACH

COACH WHO HAS INFLUENCED ME:  
COACH VAN HOLLAND HAS IMPACTED MY THOUGHTOUT HIS 5 YEARS OF COACHING ME AND SUPPORTING ME THE MOST

ADVICE TO INCOMING PLAYERS:  
WORK HARD AND GET INTO THE WEIGHT ROOM

I'D LIKE TO BE REMEMBERED AS:  
A LEADER ON THE FIELD AND A GOOD FRIEND OFF THE FIELD

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## GRANT PENTTINEN

#80 - TIGHT END • NICKNAME: GUSSY



PLANS FOR AFTER GRADUATION:  
STUDY ENGINEERING AT COLLEGE

FAVORITE GAME DAY RITUAL:  
LISTEN TO MUSIC AND EAT A GOOD MEAL

MEMORY FROM YOUTH FOOTBALL:  
IN 3RD GRADE, I SCORED A 60 YARD TD AT THE END OF THE GAME

COACH WHO HAS INFLUENCED ME:  
COACH WINDSCHITL TAKES THE TIME TO TALK TO YOU AND MAKE SURE YOU UNDERSTAND HOW TO EXECUTE THE PLAYS BETTER

ADVICE TO INCOMING PLAYERS:  
SPEND TIME WATCHING THE PRACTICE AND GAME FILM TO LEARN WHERE YOU CAN MAKE IMPROVEMENTS IN YOUR SKILLS

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## TYLER BEATON

#85 - WIDE RECEIVER



**PLANS FOR AFTER GRADUATION:**  
THROUGH COLLEGE, I PLAN TO CONTINUE  
TO DEVELOP MY TRACK AND FIELD  
SKILLS AND HOPEFULLY MAKE IT TO  
THE OLYMPICS ONE DAY

**FAVORITE GAME DAY RITUAL:**  
TAKING A MOMENT TO GET MY MIND  
FOCUSED AND ENERGIZED FOR WHAT'S  
TO COME

**ADVICE TO INCOMING PLAYERS:**  
COME WITH A GREAT TEAM SPIRIT, BE  
PATIENT, AND BE CONSISTENT

**I'D LIKE TO BE REMEMBERED AS:**  
AN ATHLETE WHO WAS PASSIONATE  
ABOUT THE SPORT AND THE TEAM AND  
WAS ABLE TO MERGE MY TALENTS FOR  
TRACK AND FIELD ONTO THE FOOTBALL  
FIELD

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## PETER WEISMAN

#33 - DEFENSIVE BACK • NICKNAME: WEIS, PETEY, PETE



**PLANS FOR AFTER GRADUATION:**  
ATTEND A 4 YEAR COLLEGE

**FAVORITE FOOD:** CHICKEN

**MEMORY FROM YOUTH FOOTBALL:**  
13 TACKLES IN THE 4TH GRADE  
CHAMPIONSHIP

**COACH WHO HAS INFLUENCED ME:**  
COACH YOUNG BECAUSE OF HIS  
GENEROSITY AND BECAUSE HE HAS  
INVESTED IN ALL OF US. HE GETS THE  
BEST OUT OF EVERYONE

**ADVICE TO INCOMING PLAYERS:**  
WATCH AND DISSECT THE FILM

**I'D LIKE TO BE REMEMBERED AS:**  
A PERSON THAT WAS ALWAYS TRYING  
TO HELP THE TEAM, EVEN WHEN I  
COULDN'T PLAY