



Minnesota/USA Wrestling



2024 Kids & 16U Folkstyle State Tournament Age Divisions and Weight Classes

Note: There is no 30 second rest between periods for Folkstyle Wrestling

AGE DIVISIONS	BIRTH DATES	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES (lbs)
PEEWEE 6U	Born 2018-2019	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
BANTAM 8U	Born 2016-2017	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
INTERMEDIATE 10U	Born 2014-2015	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120, 140
NOVICE 12U	Born 2012-2013	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160, 190
SCHOOLBOY 14U	Born 2010-2011	All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling called according to the NFHS Rulebook	71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250
CADET 16U	Born 2008-2009	All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling called according to the NFHS Rulebook	88, 94, 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285

2024 Girl's Folkstyle State Tournament Age Divisions and Weight Classes

Note: There is no 30 second rest between periods for Folkstyle Wrestling

AGE DIVISIONS	BIRTH DATES	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES (lbs)
PEEWEE 6U	Born 2018-2019	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
BANTAM 8U	Born 2016-2017	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
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NOVICE 12U	Born 2012-2013	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
SCHOOLGIRL 12U	Born 2010-2011	All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
CADET 16U	Born 2008-2009	All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight