

## Minnesota/USA Wrestling



## 2024 Kids & 16U Folkstyle State Tournament Age Divisions and Weight Classes

Note: There is no 30 second rest between periods for Folkstyle Wrestling **AGE DIVISIONS BIRTH DATES WEIGHT CLASSES (lbs) FOLKSTYLE MATCH TIME LIMITS** PEEWEE All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with Born 2018-2019 Grouped According to Scratch Weight stalling called according to the NFHS Rulebook **6U BANTAM** All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with Born 2016-2017 Grouped According to Scratch Weight stalling called according to the NFHS Rulebook **8U** INTERMEDIATE All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with Born 2014-2015 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120, 140 stalling called according to the NFHS Rulebook 10U 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160, 190 NOVICE All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with Born 2012-2013 **12U** stalling called according to the NFHS Rulebook **SCHOOLBOY** 71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling Born 2010-2011 14U called according to the NFHS Rulebook 149, 165, 187, 250 CADET 88, 94, 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling Born 2008-2009 **16U** called according to the NFHS Rulebook

2024 Girl's Folkstyle State Tournament Age Divisions and Weight Classes			
Note: There is no 30 second rest between periods for Folkstyle Wrestling			
AGE DIVISIONS	BIRTH DATES	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES (lbs)
PEEWEE 6U	Born 2018-2019	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
BANTAM 8U	Born 2016-2017	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
INTERMEDIATE 10U	Born 2014-2015	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
NOVICE 12U	Born 2012-2013	All periods in MNUSA State competition in Folkstyle will be 3, 90 second periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
SCHOOLGIRL 12U	Born 2010-2011	All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight
CADET 16U	Born 2008-2009	All periods in MNUSA State competition in Folkstyle will be 3, 2 Minute periods with stalling called according to the NFHS Rulebook	Grouped According to Scratch Weight