

2026 Region 3 Petition Form for XCEL Regionals

Petitions will be accepted as soon as you know your athlete will NOT be able to compete at the state meet.

REGIONAL PETITIONS MUST BE SENT ELECTRONICALLY & RECEIVED NO LATER THAN 5:00 PM LOCAL TIME, MONDAY FOLLOWING THE STATE CHAMPIONSHIPS (accepted early).

1. General Information

Level of Regionals petitioning to Gymnast's Name
USAG # Birthdate
Gym Name USAG Club # Gym Phone
Gym Address
City State ZIP
Gym E-Mail Contact Person

2. Action Items

When sending e-mails, please include the athlete's name in all subject/title lines and attachments. All attachments must be a PDF. NO photos.

A. The petitioned gymnast must be entered online through the Meet Reservation system and entry fee paid.

DEADLINE is Monday 5 PM local time following the state meet.

B. Attach a licensed medical professional's written verification of the nature of illness or injury and a release date* to return to gymnastics training.

DEADLINE is Wednesday 5 PM local time following the state meet.

*The release date to FULL activity MUST occur prior to Regional competition.

C. Include in your e-mail a "direct" link to the meet and session scores for your athlete. List scores below from at least one sanctioned meet from the 2026 season where the minimum AA score is (1.00) greater than the current year's Regional qualifying score. Scores from 2025 Regionals, Westerns, or Nationals may be used to satisfy these criteria if the athlete's score was (1.00) greater than the current year's Regional qualifying score.

**Special consideration may be given to petitions if the athlete is lacking scores from the current year and previous year due to injuries but has previously competed at Regionals, Westerns, or Nationals.

DEADLINE is Monday 5 PM local time following the state meet.

Petition request-scores submitted from:

2026 Season 2025 Regional, Westerns, or Nationals **Special Consideration

Meet Name Date
Vault Uneven Bars Balance Beam Floor Exercise AA

Above contact person will be notified no less than one week prior to the Regional competition. If at any point during the petition process the athlete is no longer able to compete, it is the responsibility of the coach to notify the RACC and RTCC IMMEDIATELY.

E-mail completed petition form to:
Kim Lauderdale-Stepanek
Region 3 RACC
r3usagym@gmail.com

E-mail completed petition form to:
Marilyn Blilie
Region 3 RTCC
marilyn3rtc@gmail.com

E-mail completed petition form to:
Laurie Skelton
Region 3 RTA
laurieskelton@me.com