2018-19

WILDCAT WRESTLING CLUB

Sponsored by the Carpe Diem Wrestling Club of Kansas



Singlet Information



Club singlets will be checked out prior to the start of the competition season. With very rare exception, team singlets are required for all tournaments. Advanced wrestlers will be allowed to wear singlet of choice if they make the championship finals at a *major tournament*.

Club singlets will be available to check out with a <u>\$75 deposit</u> to cover the cost of the singlet if it gets lost or damaged. At the end of the season, when the singlet is returned, the deposit will be refunded.

Singlets should be directly <u>returned to the club director or member of the board of directors</u>. Please do not give the singlet to another wrestler, parent, or coach. Your singlet has been <u>numbered</u>, and this number will be recorded and kept with your deposit throughout the season. This singlet should be the <u>same one</u> returned at the end of the season.

After the conclusion of the USAWKS State Championship Series, any deposits for <u>unreturned singlets</u> will be deposited into the club account.

SINGLETS CARE INSTRUCTIONS:

- Wash Cold In general, heat is the enemy of the performance lycra fabric used to construct our singlets. You should wash in cold or warm water, never hot.
- *Use Mild Detergent* Use a mild (non-phosphorous) detergent. Harsh chemicals or phosphates can cause bleeding of colors.
- *Hang Dry* Avoid hot dryers, and remove the singlet as quickly as possible from the washing machine, allow it to drip or hang dry. Do not use metal hangers; they can leave rust marks. Use wooden or plastic.
- **Presoak It** If your singlet is especially dirty or has bloodstains, presoak it in a bucker or plastic container with a little bit of laundry detergent. Soaking anywhere from one hour to overnight will help loosen any stains before washing.
- Lose the Funk Singlets get stinky. If you have a singlet that has got a funk, add up to a cup of baking soda to your presoak. It will go a long way to neutralize odors.
- **No Bleach** Never use chlorine bleach. It can damage the fabric and dull the vibrant colors sublimated into the fabric.
- Wash Alone Other fabrics (especially those with Velcro or other fasteners) can damage the lycra fabric or can transfer lint to the singlet.
- *No Ironing* Please, never iron your singlet.