

Ausblick Ski Race Team



Team Meeting
Nov 9th, 2023



Ausblick Ski Race Team

Intro Meeting Agenda

- ASRT Key Dates
- ASRT Overview
- ASRT MWAR Race Day and Volunteering
- MWAR League
- Other Leagues
- Q&A



ASRT Key Dates

Christmas Camp:	Tue Dec. 26 th	7:00AM – 9:30AM
	Wed Dec. 27 th	7:00AM – 9:30AM
	TH Dec. 28 th	7:00AM – 9:30AM
	Fri Dec. 29 th	7:00AM – 9:30AM
	Sat Dec 30 th	7:00AM – 9:30AM

MWAR Regular Season Training

- U8-U12: Mondays and Thursdays from 5:30PM – 8:00PM
- U14-U18: Tuesdays and Thursdays from 5:30PM – 8:00PM

Dryland Training

Sunday afternoon from Early Sep to Early Nov – Ausblick

Thanksgiving Camp (additional cost)

Week prior to Thanksgiving – Copper Mountain CO

*one year minimum race experience required



ASRT Key Dates

■ MWAR Race Schedule

- | | | |
|----------------------------|--------------|----------|
| – Sat Jan 6 th | Tyrol | Panel SL |
| – Sat Jan 13 th | Ausblick | SL |
| – Sat Jan 20 th | HH | GS |
| – Sat Jan 27 th | Alpine | SL |
| – Sun Feb 4 th | Little Switz | SL |
| – Sun Feb 11 th | Sunburst | GS |

■ Open Races

- Hilligoss Memorial Race - Little Switzerland, 12/16, 1 SL run and 1 Panel SL run www.lakersracing.com
- WIJARA/MWAR Spring Champ Race – Mt. Lacrosse, March 2-3, 2 SL Races (3 Runs Total) and 2 GS Races (3 Runs Total).
www.couleealpineracing.org

- **USSA/FIS Races** – Visit ASRT website and USSA Central Region 2 website



ASRT Overview

ASRT 2023 Board of Directors

- President_____ Bill Bruss
- Thanksgiving Camp_____ Matt Katzfuss
- Membership/Communication_____ Bryant Ferguson
- Early Camp/Equipment_____ Matt Fennig
- Finance_____ Jeff Bradford
- High School/MWAR Coach Liaison_____ Dave Denton
- MWAR Team Liaison/ASRT Race Day_____ Dave Barry
- USSA/FIS Liaison_____ Craig Swinehart



ASRT Overview - 2024 Coaches

☐ Lead Coaches

- ☐ FIS – Jim Young/Luke Eskau
- ☐ USSA – Luke Eskau
- ☐ MWAR - Courtney Thompson

☐ FIS

- ☐ Jim Young
- ☐ Baylen Rifelman (U16)

☐ USSA

- ☐ Ben Bickler (U16)
- ☐ JJ Hausman (U14)

☐ MWAR U16 & U18 (High School)

- ☐ Maddie Cummings
- ☐ Mike Cummings
- ☐ Tyler Cummings
- ☐ Joe Orendorf

☐ MWAR U14

- ☐ Brian Belt – Group Lead
- ☐ Erik Schuller
- ☐ Bailey Wichert

☐ MWAR U8-U12

- ☐ Courtney Thompson – MWAR Lead Coach
- ☐ Jimmy Hansen – Group Lead
- ☐ Dawn VanAlstine
- ☐ Victoria Rechcygl
- ☐ Ann Phillips
- ☐ Bella Portale
- ☐ Jessalyn Frost
- ☐ Sam Frost
- ☐ Ashley Seipel
- ☐ Jay Ewald
- ☐ Chelsey Bence



ASRT Overview - How is the team structured?

MWAR – Purpose is to provide an enjoyable club experience for the racers and families while providing the best possible skiing experience and athletic growth opportunity. Six teams in Southeastern Wisconsin.

USSS (USSA)/FIS– These programs offer a network of higher level competitive opportunities for ski racers of all ages but typically U-14 and up as they strive to produce world class athletes.

Special Project Development Groups – Purpose is to provide elite training opportunities for athletes that meet the talent, attitude and commitment criteria to compete and excel on a National and International basis.



ASRT Overview – Training Information

■ Christmas Camp

- Variety of Drills/Some Gates
- Multiple Coaches
- Groups will be assigned based on skill level and may change during the course of the camp
- Look for your athletes group / coach assignment at the beginning of each day on the signs at the bottom of the hill

■ Regular Season Practice

- Combination of Drills & Gates as appropriate for each group
- No breaks again this year – bring snacks and dress warm!
- Like Christmas camp, look for coach assignments (first couple weeks) at the beginning of practice on the signs at the bottom of the hill

■ We practice in all weather conditions!

- Please dress appropriately. Time on snow is precious.

■ Lift Pass / Supervision

- New Ausblick pass to be worn at all times during practice
- Children 14 and younger can't be at the hill without parent supervision (hill rule).



ASRT Overview – Age Classes

Birth Year	Age as of Dec 31 st , 2023	MWAR Group	Course
2017	6	U8	Youth Course
2016	7	U8	
2015	8	U10	
2014	9	U10	
2013	10	U12	
2012	11	U12	
2011	12	U14	Competition Course
2010	13	U14	
2009	14	U16	
2008	15	U16	
2007	16	U18+	
2006	17	U18+	
2005	18	U18+	



ASRT Overview - U8-U12 Classes

■ Coaching based on skill level

- Better training experience for our athletes
- Allows coaches to teach to a specific skill level
- Modeled after other very successful youth racing programs
- Allows coaches to use specific drills and a curriculum resulting in better practices and improved athlete development

■ Based on “SkillsQuest”

- US Ski Team training and assessment platform for young athletes

■ Three Groups

- Group 1, 2, & 3
- Based on the athlete’s command of the four basic components of skiing. Pressure, Edging, Rotation, and Balance.

■ Continual assessment

- Our coaching staff will continually monitor progress and move athletes between groups as necessary



ASRT MWAR Race Day and Volunteering

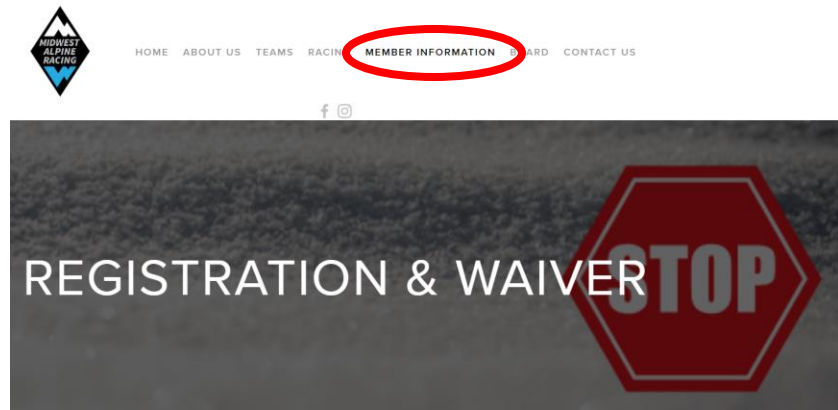
- We have close to 100 HOST and RACE volunteer positions that we will need to fill for the six-race MWAR Season.
- The ASRT MWAR Race Day is Saturday Jan 13th at Ausblick. It is the second race this year. We have available HOST (off hill) positions in addition to available RACE (on hill) positions.
 - David Barry will be coordinating both the HOST and RACE positions. The HOST positions will be for the Ausblick race and the RACE positions will be for every race.
- At all other races, we will need to fill several RACE positions (gate keeping, etc.).
- Families new to ski racing with U8 athletes are encouraged to NOT sign up for volunteer positions for the first two races – enjoy with your children! For all other families, we will need your help so please familiarize yourself with the MWAR rules, particularly those for gatekeeping. www.midwestalpineracing.com > Member Information > Rules.
- We will be using Sports Engine this year for volunteer sign-ups. Please visit the ASRT website to claim your volunteer spot!
https://www.ausblickskiraceteam.com/dib_sessions



MWAR League



<https://midwestalpineracing.com/>



YOU NEED TO REGISTER WITH
MWAR AND SIGN THE MWAR
WAIVER. NO COST.



MWAR League – Important Info

- The first four MWAR races will happen on Saturdays and the last two on Sundays. See the MWAR website for more information on races. The first race is 1/6 at Tyrol Basin in Mt. Horeb.
- Be sure to find your bib from last year as we will be re-using those bibs. If you cannot find your bib, please see Dave Barry immediately.
- MWAR will again be using Live Timing and links will be available on its website. **Parents must stay away from timing shack during race.** If a time did not show for your athlete, you must check with an Ausblick coach. All athletes get times, unless they are disqualified or qualify for a re-run. The times do not always show up on Live Timing immediately. Please see a coach if there is a timing or disqualification/re-run question.
- MWAR is requiring no carry-ins from now on. The public hills have asked us to stress this to all teams.



MWAR League – Important Info

- Awards will happen at the end of the day after the runs are complete.
- Helmets – Reminder hard shell helmets must cover the head and ears. Also, soft-eared helmets can only be used in SL and must be FIS approved and have a manufacturer equipped chin guard installed.
- Gates – U14-U18/19 will use standard slalom gates (72"). U8-U12 will use 60" gates.
- Sportsmanship will continue to be stressed this year for both athletes and parents, so please review the MWAR rules as they relate to sportsmanship and act accordingly.



MWAR League - What can my athlete expect at a race?

■ Timing (Typical)

- All age groups arrive at hill by 8:00AM, but subject to change – check Fact Sheet
- Inspect course at 8:30 or 9:00AM with coach, but subject to Fact Sheet
- 1st run begins at 9:00 or 9:30AM, but subject to Fact Sheet
- Short lunch break, re-set course and course inspection
- 2nd run usually begins around noon
- **Refer to the “Fact Sheet” for each race, available on MWAR website**

■ Two courses

- U8-U12 on one course and U14-U18 on another course

■ Two runs

- Each athlete will race the 1st course and 2nd course, regardless of result of 1st run

■ Run order – **Available on the MWAR website prior to the race.**

- U8-U12 Course: Youngest to oldest, based on season standings
- U14-U18 Course: Oldest to youngest, based on season standings

■ Awards – Each hill is responsible for deciding if it will have an awards ceremony after each race. Ausblick will have an awards ceremony.



MWAR League – How is a race scored?

- Combined time of 2 runs = 1 race. Lowest time scores 100 points. Next lowest is 89. Then, reduction is reduced by 1 point until 11th place then total reduction is 1 point. No points for DQs or DNFs.
- Lowest scoring race will be tossed at the end of the year.
- In the event of a tie, both athletes will be awarded the same points.
- Team points – A total of 408 points awarded per race. Total accumulated points determine team standings. 1st = 15 pts; 2nd = 10 pts; 3rd = 5 pts; 4th = 3 pts; 5th = 1 pt



MWAR League - What else?

- Minimum skill level
 - Athletes must be able to ski with poles
 - **Athletes must be able to load and unload chairlift without assistance, and work toward loading the lift at full speed throughout the season**
- Ausblick Liability Release & Concussion Acknowledgement
 - Should be completed on the website prior to payment for registration
- Bibs
 - All new athletes will be assigned bibs at Christmas camp – **BE SURE TO FIND DAVE BARRY FOR YOUR BIB AT THIS CAMP!!**
 - This should be the last year we use these bibs. Don't lose it.
 - Anyone not using bib in 2024-2025 should return it at the end of 2023-2024 season to Dave Barry or leave in the Race Room at Ausblick.



Where do I find more information?

www.ausblickskiraceteam.com and www.midwestalpineracing.com

sportengine

My Teams

Page Search Search

Home About Us Information Photos News Calendar Events Registration Live Camera Dibs

Wisconsin's **PREMIER** Downhill Racing Team

Welcome To Ausblick Ski Race Team

HELPFUL LINKS

- MWAR
- ASRT Coaches
- Latest News
- Photos
- Ausblick Ski Hill
- USSA Dashboard
- USSA Live Timing
- USSA Central Reg 2

WEATHER

37 °F
Fair
Wauchesa County Airport, WI

Sun 61° 44°
Mon 62° 39°
Tue 65° 43°
Wed 67° 50°
Thu 68° 54°

UPCOMING EVENTS

SUN 10/30 MON 10/31 TUE 11/1 WED 11/2 THU 11/3

2019-20 Parent Handbook

- Parent Handbook
- Scheduling info
- Race fact sheets
- Run Orders
- Scores



Other Leagues



HOME OF UNITED STATES SKI ASSOCIATION CENTRAL DIVISION REGION 2





HOME OF UNITED STATES SKI ASSOCIATION CENTRAL DIVISION REGION 2

- The **U.S. Ski and Snowboard Association** (USSA) is the national governing body for Olympic skiing and snowboarding. Founded in 1905, the century-old organization provides leadership and direction for tens of thousands of young skiers and snowboarders from over 400 member clubs who share an Olympic dream. The association is headquartered in Park City, Utah.
- The country is split into three geographic racing regions including West, Rocky/Central, and Eastern. The USSA Central Division is part of the Rocky/Central Region. There are four local regions within the Central Division. We are in Central Region 2.
- Why USSA?
 - It's fun
 - Race/Ski at larger hills
 - Increased competition
 - Meet athletes from across our region and the country
- Costs of USSA – See Parent Handbook
- Visit: www.region2cussa.com





- The FIS program is for athletes 16 years old and older as of December 31st. FIS racing offers a competitive environment for USSA Club athletes and independents to race against other FIS athletes across the USA and Canada, participate in a season long competition, and qualify for age appropriate upper level racing in Nor Ams, US National Championships, Rocky / Central U21 FIS Championships and International FIS Races.



Questions and Thank You



Questions & Thank You

11/9/2023

