



## IRVINE CITY LIFTING COMPETITION (Est. 1999)

The Irvine City Weightlifting Competition was created by Irvine Unified School District Football Coaches to celebrate the hardwork and dedication IUSD football players put in to the 6-month offseason period to prepare themselves for the physical demands of the upcoming season. The Team Champion and Individual Lifter of the Meet are awarded to the high school/individual that has the strongest single-day performances against IUSD opponents across 9 weight classes.

	SCHOOL	LIFTER OF THE MEET
2023	PORTOLA	ALZOBIEDIE - PHS
2022	PORTOLA	PERTRUSIAN - NHS
2021	COVID PANDEMIC	COVID PANDEMIC
2020	COVID PANDEMIC	COVID PANDEMIC
2019	PORTOLA	YUE, B. - PHS
2018	PORTOLA	GO-WILLIAMS - WHS
2017	IRVINE	GO-WILLIAMS - WHS
2016	IRVINE	
2015		
2014		RAHIMI - IHS
2013	IRVINE	
2012	IRVINE	BROWN - UHS
2011	NORTHWOOD	TORRES - IHS
2010	NORTHWOOD	TORRES - IHS
2009	IRVINE	MERRITT - WHS
2008	IRVINE	HONG - WHS
2007	NORTHWOOD	KAROL - NHS
2006	IRVINE	SYKES - IHS
2005	WOODBIDGE	CARDENAS - WHS
2004	WOODBIDGE	PAULINO - IHS
2003	IRVINE	MIRABAL - IHS
2002		
2001	IRVINE	YOUNG - IHS
2000	WOODBIDGE	RUSSELL - WHS
1999	IRVINE	OWEN - UHS
CURRENT STANDINGS BY SCHOOL:		CURRENT STANDINGS BY SCHOOL:
IRVINE (EST. 1975)- 10		IRVINE (EST. 1975) - 7
PORTOLA (EST. 2016) - 4		WOODBIDGE (EST. 1980) - 6
WOODBIDGE (EST. 1980) - 3		UNIVERSITY (EST. 1970) - 2
NORTHWOOD (EST. 1999) - 3		PORTOLA (EST. 2016) - 2
UNIVERSITY (EST. 1970) - 0		NORTHWOOD (EST. 1999) - 1