



Orange Group Spring 2024

Please fill out and return the registration form to enroll in the Spring 2024 Orange group session. Mail **NO LATER THAN March 20th 2024** to the address below OR register online through the TERRAPINS WEBSITE at terrapinswim.com.

Swimmers should be 6 or older and have completed **ADVANCED** swim lessons and be proficient with freestyle and backstroke technique. Swimmers must be able to make 25 yds of freestyle with side breathing.

If mailing in registration form, please mail form and payment to:

Terrapins Swim Team
PO Box 21127
Concord, CA 94521

Spring Session 2024 - Schedules & Cost

March 25th to June 7th

Concord Community Pool

4:45pm-5:30pm

* Please email Coach Justine at trimblejustine@gmail.com to schedule an evaluation prior to your first day

<u>GROUP</u>	<u>DAYS</u>	<u>Cost</u>
Orange	M,T,TH	\$975

Please visit terrapinswim.com to register online prior to March 20 2024. If mailing reg form in mak checks payable to Terrapins Swim team

Fill Out & Turn In Form below

Terrapins Spring Session 2024 Program Registration Card

(ALL INFORMATION MUST BE FILLED IN COMPLETELY)

Swimmer's First Name	Last Name	MI	Birth Date	Age	Gender

Address	City	Zip	Phone #

E-mail address (most of team communication is done via e-mail. Include all addresses you wish to receive team communication)

2024 Spring SESSION

Orange Group \$975

4:45-5:30pm
M-T-TH

T-Shirt Size (circle one)

Adult Sizes:

S M L

Child sizes:

M L XL

Swim Fee: _____



Orange Group Spring Session 2024

Welcome Swimmers and Parents!!!

The Terrapins Swim Team wishes to welcome you to the 2024 Spring Session for our Orange Group. We look forward to working with you over the next few months and know that you will find our program educational, challenging and loads of fun!

The staff has once again planned a terrific season and are well prepared to advance your skills to the next level! Our staff works very hard to provide you with the best learning environment possible. We know you will find the program beneficial as so many participants previously have.

The Terrapin Age Group Philosophy

The Terrapins take a unique approach with the young developing age group swimmer. The focus is on the **long-term development** of each athlete realizing that all athletes are different and will progress at their own rate. With this approach, **attention is given to detail** and the swimmers can take a more relaxed approach to their participation in the sport of swimming. We encourage our younger swimmers to participate in other activities away from the pool. This is done through the use of:

- Extensive stroke drill progressions.
- Informational meetings.
- Terrapin educational program handouts.

Group Descriptions

Orange Group: (6& up)

This group is for the beginning level swimmer with previous swim lesson who have graduated from swim lessons and are interested in trying out the swim team experience. Swimmers must be able to do 25 yards of freestyle or backstroke without assistance.

This is not a learn to swim program. Swimmers in this group will be focusing on developing the necessary skills needed to set a foundation for the development of the four competitive strokes.

Questions—Contact Coach Justine at trimblejustine@gmail.com

Swimmers should have completed advanced swim lessons before enrolling in the Orange group program. Please contact Coach Justine for an in water evaluation if you are a first time Orange group applicant.

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To register; Go Online to the Terrapins Website- WWW.TERRAPINSWIM.COM

- Click on “Online Registration”
- Select the Orange Spring Session 2024

Online registration will open in late Feb 2024

For questions please email Justine at trimblejustine@gmail.com