



Grand Forks Youth Hockey COVID Guidelines

In order to give us the best chance to have a complete, successful, and safe season, please adhere to the guidelines recommended by GFYHA.

The safety of our players, coaches and spectators is paramount.

1. **If your player is showing any symptoms associated with COVID**, stay away from the rinks. No practices, no games.
2. **If your player has taken a test for COVID**, stay away from the rinks.
3. **If your player has been deemed a close contact**, stay away from the rink until CDC and State Health Department guidelines permit them to return.
4. **If your player tests positive, notifying our office of the events your player participated in while contagious will help us ensure we are contacting the appropriate people.**

Refer to the CDC website for the most up to date list of symptoms -

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html> .

- Coaches, players, and parents/guardians should practice social distancing whenever possible. Whenever possible, stay six (6) feet away from people.
- Avoid congregating in the hall, in the locker rooms, on the ice, and on the bench when possible.
- At this time, masks are required throughout the facilities.
- No team water bottles, towels, or any other shared equipment.
- Coaches are required to wear masks in the arena, on the ice, and on the bench.
- All GFYHA players, coaches, and parents should be aware of rules and requirements for all other rinks the players and teams may be participating at and are encouraged to adhere to those rules and requirements.
- Skaters, parents/guardians, and coaches participating in any GFHYA activity are doing so at their own risk. No player, parent/guardian, or coach shall hold GFHYA responsible or liable if they contract COVID-19 while attending any GFYHA activity.
- If someone participating in a GFYH activity tests positive for COVID-19, please refer to the "COVID-19 Communication Procedure and Response Protocol" on our website, at www.grandforksyouthhockey.com.

*These guidelines are subject to change at any time and all updates will be posted on the GFYHA website – www.grandforksyouthhockey.com – under the COVID-19 tab.