

OWSC 1,000 Touch Challenge	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Alternate Juggling x 50							
Toe Taps x 100							
Foundations (Inside/Inside) x 100							
Inside/Outside x 50							
Inside/Outside/Outside x 100							
V-drag Inside x 100							
V-drag Outside x 100							
Sole/Outside x 100							
Sole/Out-In x 50							
Sole Rolls x 100							
L-drags x 50							
Cryuff Turns x 50							
Pull-Backs x 50							