

LAS PULGAS CENTURY				LAS PULGAS CENTURY			
<b>Start:</b>	Food Park						
	Main & Mc Arthur						
	<b>CUM</b>		<b>NEXT</b>		<b>CUM</b>		<b>NEXT</b>
	<b>DIST.</b>		<b>TURN</b>		<b>DIST.</b>		<b>TURN</b>
R	0.0	Sky Park Circle	0.5	L	63.6	Dana Point Harbor Dr	0.3
R	0.5	Sky Park North	0.1	R	63.9	Golden Lantern	0.4
R	0.6	Red Hill	0.8	L	64.3	Pacific Coast Hwy (N)	1.5
R	1.4	Alton Pkwy	6.8	R	65.8	Niguel Rd	1.1
R	8.2	Irvine Ctr Dr / Moulton Pkwy	9.1	L	66.9	Camino Del Avion	0.7
R	17.3	Crown Valley Pkwy	4.8	R	67.6	Crown Valley Pkwy	2.1
L	22.1	Pacific Coast Hwy	7.2	L	69.7	Alicia Pkwy	5.1
R	29.3	Avenida Pico	-----	L	74.8	Paseo De Valencia	0.9
C	29.3	Follow Bike Route Signs on Ave. Pico	3.0	R	75.7	Los Alisos	1.1
		This Bike Route bypasses PCH via Houses		L	76.8	Muirlands / Barranca	6.1
R	32.3	Avenida Del Presidente	1.0	L	82.9	Sand Canyon	0.4
L	33.3	Cristianitos	0.2	R	83.3	Alton Pkwy	4.5
L	33.5	El Camino Real	0.2	L	87.8	Von Karman	0.8
R	33.7	<b>Water Stop - Carl's Jr.</b>	-----	R	88.6	Main St	0.5
L	33.7	El Camino Real	0.2	R	89.1	Foodpark – End	-----
R	33.9	Cristianitos	0.2				
L	34.1	Bike Trail – West Side of I-5 On-Ramp	1.1				
C	35.2	Exit thru fence – Continue on Old Hwy 101 / Bike Trail	9.2		Designed by Ken Bartholic 2001		
U	44.4	Las Pulgas - Turnaround	0.3		Enhancements made 1/15/04 by Chuck Bramwell		
C	44.7	Back on Bike Trail / Old Hwy 101	9.1		-- Center on Page		
L	53.8	Cross 101- Bike trail thru fence	1.1		-- Bigger Font		
R	54.9	Cristianitos	0.1				
L	55.0	El Camino Real	0.2		Enhancements made 2/10/04 by Chuck Bramwell		
R	55.2	<b>Water Stop – Carl's Jr.</b>	-----		-- Follow Bike Route through San Clemente		
L	55.2	Backtrack on El Camino Real	0.2		-- Eliminates car traffic on Pac Cst Hwy		
R	55.4	Cristianitos	0.1				
R	55.5	Avenida Del Presidente	1.0		Enhancements made 7/14/06 by Chuck Bramwell		
L	56.5	Avenida Califia	0.1		-- Convert from Word to Excel and auto calc distances		
R	56.6	Follow Bike Route Signs through Houses	3.0		-- Change Lunch Stop to McDonald's near PBX		
R	59.6	Avenida Pico	0.1				
L	59.7	Pacific Coast Hwy	2.6		Enhancements made 7/21/06 by Chuck Bramwell		
L	62.3	Palisades – Cross RR tracks	-----		-- Correct distances and fine tune		
R	62.3	Bike Trail / Frontage Rd	1.3				
					Created 7/10/23 by Chuck Bramwell		
					-- From Oceanside Century		
					-- New bike passes not available to ride through Camp Pendleton		
					-- Turn around at Las Pulgas		
					-- Adjust distances to match RWGPS		