

ORONO SPARTANS

2019 FOOTBALL SCHEDULE

Day	Time	Description	Location	Notes
Monday, June 10, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Tuesday, June 11, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Wednesday, June 12, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	**Note: Technique Practice from 3 to 4:30 PM
Thursday, June 13, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Friday, June 14, 2019	7 - 9 AM	7 on 7	Orono Pesonen Stadium	
Saturday, June 15, 2019				
Sunday, June 16, 2019				
Monday, June 17, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Tuesday, June 18, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Wednesday, June 19, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	**Note: Technique Practice from 3 to 4:30 PM
Thursday, June 20, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Friday, June 21, 2019	7 - 9 AM	7 on 7	Orono Pesonen Stadium	
Saturday, June 22, 2019				
Sunday, June 23, 2019				
Monday, June 24, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Tuesday, June 25, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Wednesday, June 26, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	**Note: Technique Practice from 3 to 4:30 PM
Thursday, June 27, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Friday, June 28, 2019	7 - 9 AM	7 on 7	Orono Pesonen Stadium	
Saturday, June 29, 2019	<u>NO Contact Period</u>	<u>NO Contact Period</u>	<u>NO Contact Period</u>	
Sunday, June 30, 2019	<u>NO Contact Period</u>	<u>NO Contact Period</u>	<u>NO Contact Period</u>	
Monday, July 1, 2019	<u>NO Contact Period</u>	<u>NO Contact Period</u>	<u>NO Contact Period</u>	
Tuesday, July 2, 2019	<u>NO Contact Period</u>	<u>NO Contact Period</u>	<u>NO Contact Period</u>	
Wednesday, July 3, 2019	<u>NO Contact Period</u>	<u>NO Contact Period</u>	<u>NO Contact Period</u>	
Thursday, July 4, 2019	<u>NO Contact Period</u>	<u>NO Contact Period</u>	<u>NO Contact Period</u>	
Friday, July 5, 2019	<u>NO Contact Period</u>	<u>NO Contact Period</u>	<u>NO Contact Period</u>	
Saturday, July 6, 2019				
Sunday, July 7, 2019				
Monday, July 8, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Tuesday, July 9, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Wednesday, July 10, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	**Note: Technique Practice from 3 to 4:30 PM
Thursday, July 11, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Friday, July 12, 2019	7 - 9 AM	7 on 7	Orono Pesonen Stadium	
Saturday, July 13, 2019				
Sunday, July 14, 2019				
Monday, July 15, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Tuesday, July 16, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Wednesday, July 17, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	**Note: Technique Practice from 3 to 4:30 PM
Thursday, July 18, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Friday, July 19, 2019	7 - 9 AM	7 on 7	Orono Pesonen Stadium	
Saturday, July 20, 2019				
Sunday, July 21, 2019				
Monday, July 22, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Tuesday, July 23, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Wednesday, July 24, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	**Note: Technique Practice from 3 to 4:30 PM
Thursday, July 25, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Friday, July 26, 2019	7 - 9 AM	7 on 7	Orono Pesonen Stadium	
Saturday, July 27, 2019				
Sunday, July 28, 2019				
Monday, July 29, 2019	6:00 PM	Summer Camp	Orono High School	Special Speaker & Parent Meeting
Tuesday, July 30, 2019	ALL DAY	Summer Camp	Brainerd, MN	Team Building Camp
Wednesday, July 31, 2019	ALL DAY	Summer Camp	Brainerd, MN	Team Building Camp
Thursday, August 1, 2019	6 - 8 AM or 3 - 5 PM	Strength & Conditioning	Orono Activity Center	
Friday, August 2, 2019	7 - 9 AM	7 on 7	Orono Pesonen Stadium	
Saturday, August 3, 2019				
Sunday, August 4, 2019				
Monday, August 5, 2019	6:00 PM	Youth Football Camp	Orono Pesonen Stadium	**Need Player Volunteers**
Tuesday, August 6, 2019	6:00 PM	Youth Football Camp	Orono Pesonen Stadium	**Need Player Volunteers**
Wednesday, August 7, 2019	6:00 PM	Youth Football Camp	Orono Pesonen Stadium	**Need Player Volunteers**
Thursday, August 8, 2019	6:00 PM	Youth Football Camp	Orono Pesonen Stadium	**Need Player Volunteers**
Friday, August 9, 2019				
Saturday, August 10, 2019				
Sunday, August 11, 2019	12:00 PM	Corn Days Parade & Team BBQ	Long Lake & Orono Stadium	**Partner w/Youth Sponsored Event**
Monday, August 12, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Tuesday, August 13, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Wednesday, August 14, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Thursday, August 15, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Friday, August 16, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Saturday, August 17, 2019				
Sunday, August 18, 2019				

ORONO SPARTANS 2019 FOOTBALL SCHEDULE

Day	Time	Description	Location	Notes
Monday, August 19, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Tuesday, August 20, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Wednesday, August 21, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Thursday, August 22, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Friday, August 23, 2019	See Detail 2-a-day Schedule	Practice	Orono Pesonen Stadium	
Saturday, August 24, 2019	8:00 AM	Scrimmage	Orono Pesonen Stadium	4 Team Scrimmage
Sunday, August 25, 2019	1:00 PM	B-DAY PARTY	Orono Pesonen Stadium	**Need Player Volunteers**
Monday, August 26, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, August 27, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, August 28, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, August 29, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, August 30, 2019	7:00 PM	Game vs. BSM	Benilde High School	Bus Departs at 4:30 PM
Saturday, August 31, 2019	8:00 AM	Film	Orono Activity Center	
Sunday, September 1, 2019				
Monday, September 2, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, September 3, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, September 4, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, September 5, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, September 6, 2019	7:00 PM	Game vs. Cooper	Orono Pesonen Stadium	
Saturday, September 7, 2019	8:00 AM	Film	Orono Activity Center	**Pancake Feed - 9 AM at Stadium**
Sunday, September 8, 2019				
Monday, September 9, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, September 10, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, September 11, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, September 12, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, September 13, 2019	7:00 PM	Game vs. Chaska	Orono Pesonen Stadium	Homecoming
Saturday, September 14, 2019	8:00 AM	Film	Orono Activity Center	
Sunday, September 15, 2019				
Monday, September 16, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, September 17, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, September 18, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, September 19, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, September 20, 2019	7:00 PM	Game vs. Waconia	Waconia High School	Bus Departs at 4:30 PM
Saturday, September 21, 2019	8:00 AM	Film	Orono Activity Center	
Sunday, September 22, 2019				
Monday, September 23, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, September 24, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, September 25, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, September 26, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, September 27, 2019	7:00 PM	Game vs. St. Louis Park	Orono Pesonen Stadium	Youth Football Night
Saturday, September 28, 2019	8:00 AM	Film	Orono Activity Center	**Pancake Feed - 9 AM at Stadium**
Sunday, September 29, 2019				
Monday, September 30, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, October 1, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, October 2, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, October 3, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, October 4, 2019	7:00 PM	Game vs. DeLaSalle	DeLaSalle High School	Bus Departs at 4:30 PM
Saturday, October 5, 2019	8:00 AM	Film	Orono Activity Center	
Sunday, October 6, 2019				
Monday, October 7, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, October 8, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, October 9, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, October 10, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, October 11, 2019	7:00 PM	Game vs. Holy Angels	Orono Pesonen Stadium	
Saturday, October 12, 2019	8:00 AM	Film	Orono Activity Center	
Sunday, October 13, 2019				
Monday, October 14, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, October 15, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, October 16, 2019	7:00 PM	Game vs. Chanhassen	Chanhassen High School	Bus Departs at 4:30 PM
Thursday, October 17, 2019	12:00 PM	Practice	Orono Pesonen Stadium	MEA Break
Friday, October 18, 2019	8:00 AM	Practice	Orono Pesonen Stadium	MEA Break
Saturday, October 19, 2019				
Sunday, October 20, 2019				

ORONO SPARTANS 2019 FOOTBALL SCHEDULE

Day	Time	Description	Location	Notes
Monday, October 21, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, October 22, 2019	7:00 PM	Game vs. TBD	TBD	Playoffs - Section Quarterfinal
Wednesday, October 23, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, October 24, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, October 25, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Saturday, October 26, 2019	TBD	Game vs. TBD	TBD	Playoffs - Section Semi-Final
Sunday, October 27, 2019				
Monday, October 28, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, October 29, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, October 30, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, October 31, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, November 1, 2019	TBD	Game vs. TBD	TBD	Playoffs - Section Finals
Saturday, November 2, 2019	8:00 AM	Film	Orono Activity Center	
Sunday, November 3, 2019				
Monday, November 4, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, November 5, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, November 6, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, November 7, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, November 8, 2019	TBD	Game vs. TBD	TBD	Playoffs - State Quarterfinals
Saturday, November 9, 2019				
Sunday, November 10, 2019				
Monday, November 11, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, November 12, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, November 13, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, November 14, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, November 15, 2019	TBD	Game vs. TBD	TBD	Playoffs - State Semifinals
Saturday, November 16, 2019	8:00 AM	Film	Orono Activity Center	
Sunday, November 17, 2019				
Monday, November 18, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, November 19, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, November 20, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, November 21, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Friday, November 22, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Saturday, November 23, 2019				
Sunday, November 24, 2019				
Monday, November 25, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Tuesday, November 26, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Wednesday, November 27, 2019	3:00 PM	Practice	Orono Pesonen Stadium	
Thursday, November 28, 2019		THANKSGIVING		**Potential Team Dinner**
Friday, November 29, 2019	TBD	Championship Game	US Bank Stadium	Playoffs - State Finals
Tuesday, December 3, 2019	6:00 PM	Banquet	Medina Ballroom	Dinner at 6 PM - Program Starts at 7 PM

ORONO SPARTANS

2019 FOOTBALL 2-A-DAY SCHEDULE

Day	Time	Description	Location	Notes
WEEK #1				
Monday, August 12, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	Helmets Only
	9:45 AM	Break		
	10:30 AM	Player/Coach Meeting		
	11:00 AM	Special Team Walk Through	Orono Pesonen Stadium	Helmets Only
	12:00 PM	Practice Complete		
Tuesday, August 13, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	Helmets Only
	9:30 AM	Break		
	10:30 AM	Player/Coach Meeting	Orono Activity Center	
	11:30 AM	Practice	Orono Pesonen Stadium	Helmets & Shoulder Pads for 1 Hour
	1:00 PM	Practice Complete		
Wednesday, August 14, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	Helmets & Shoulder Pads
	9:45 AM	Break		
	10:30 AM	Player/Coach Meeting		
	11:00 AM	Special Team Walk Through	Orono Pesonen Stadium	Helmets & Shoulder Pads
	12:00 PM	Practice Complete		
Thursday, August 15, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	Helmets & Shoulder Pads
	9:30 AM	Break		
	10:30 AM	Player/Coach Meeting	Orono Activity Center	
	11:30 AM	Practice	Orono Pesonen Stadium	Helmets & Shoulder Pads
	1:00 PM	Practice Complete		
Friday, August 16, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	FULL Pads
	10:00 AM	Conditioning	Orono Pesonen Stadium	
	10:30 AM	Watermelon Feed	Orono Pesonen Stadium	
	11:00 AM	1st WEEK COMPLETE		
Saturday, August 17, 2019		NO PRACTICE		
Sunday, August 18, 2019		NO PRACTICE		

ORONO SPARTANS

2019 FOOTBALL 2-A-DAY SCHEDULE

Day	Time	Description	Location	Notes
WEEK #2				
Monday, August 19, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	FULL Pads
	9:45 AM	Break		
	10:30 AM	Player/Coach Meeting		
	11:00 AM	Special Team Walk Through	Orono Pesonen Stadium	Helmets Only
	12:00 PM	Practice Complete		
Tuesday, August 20, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	FULL Pads
	9:30 AM	Break		
	10:30 AM	Player/Coach Meeting	Orono Activity Center	
	11:30 AM	Practice	Orono Pesonen Stadium	FULL Pads
	1:00 PM	Practice Complete		
Wednesday, August 21, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	FULL Pads
	9:45 AM	Break		
	10:30 AM	Player/Coach Meeting		
	11:00 AM	Special Team Walk Through	Orono Pesonen Stadium	Helmets Only
	12:00 PM	Practice Complete		
Thursday, August 22, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	FULL Pads
	9:30 AM	Break		
	10:30 AM	Player/Coach Meeting	Orono Activity Center	
	11:30 AM	Practice	Orono Pesonen Stadium	FULL Pads
	1:00 PM	Practice Complete		
Friday, August 23, 2019	7:00 AM	Coach Meeting	Orono Activity Center	
	7:30 AM	Player/Coach Meeting	Orono Activity Center	
	8:00 AM	Practice	Orono Pesonen Stadium	Helmets Only
	9:45 AM	Practice Complete	Orono Pesonen Stadium	
Saturday, August 24, 2019	8:45 AM	Warm-Up	Orono Pesonen Stadium	4 Team Scrimmage
	9:30 AM	Scrimmage #1	Orono Pesonen Stadium	
	10:15 AM	Scrimmage #2	Orono Pesonen Stadium	
	11:00 AM	Scrimmage #3	Orono Pesonen Stadium	
	12:00 PM	Complete - Cookout After	Orono Plaza	
	4:00 PM	Youth Scrimmage	Orono Pesonen Stadium	**Come Support the Youth Program**