



T-Bird Families welcome to the 2025 TCYFL Season!

I am excited to kick off the season and get back on the field. The 2024 season was an evolution in the approach and this year will continue with that momentum.

I'd like to pass along some important information in this letter to help ensure that we have a successful pre-season.

First I'd like to introduce your 2025 franchise leadership team. We are always looking for volunteers for the program, if you think you can help provide the best experience for our families please reach out.

Aaron Quintana - Franchise Head Coach - tcyfl.aaron@gmail.com

Andrea Taylor - Franchise Coordinator - tcyfl.tbirdscoordinator@gmail.com

Kalysta Simmons - Franchise Cheer Coach - tcyfl.tbirds.cheer@gmail.com

Teres Stricklett - Franchise Treasurer - tcyfl.tbirds.teres@gmail.com

Justin Fenstermacher - Franchise Assistant Head Coach (jfenstermacher26@gmail.com)

Adrienne Quintana - Franchise Fundraising Coordinator -

(tcyfl.tbirdsfundraising@gmail.com)

Pamela Fenstermacher - Franchise Spirit Wear/Buddy Program Coordinator

(mrsfenstermacher@gmail.com)

Jermiha White - Rules Coordinator (jermiha.football@gmail.com)

Chris Stricklett - Equipment Manager (chrisstricklett@gmail.com)

Secondly I'd like to provide links to the TCYFL parent and player codes of conduct. I encourage you to familiarize yourself with it as it is a point of emphasis this year league wide:

<https://www.tcyfl.com/codesofconduct>

The buddy program is continuing this year for our Tackle Football Minors and MJV players. Details will be sent out once the season kicks off.

Lastly, I want to ensure that we all have a lot of fun this year. We have spent a lot of time and energy planning for this season to make sure it is the most rewarding experience our kids and families can have. I keep an open communication policy and will do my best to send out information in a timely manner. Myself and the leadership team will always make sure we act in a professional and ethical manner in our interactions. I ask that same from all of our families in the program.

Below this is an appendix with some important information for the season as well as the sign up sheets for the HS camp. Please feel free to reach out with any questions or concerns.

Thank you,
Aaron Quintana
Tumwater FHC
Treasurer TCYFL
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2025 PLANNED CALENDAR FOR FOOTBALL AND CHEER

April 1st: TCYFL football and sideline cheer registration begins

April 25th - June 6th: 7 on 7 games begin Friday nights at the Lacey RAC.

June 7th: League gear checkout 10A-1P (TCYFL Warehouse: 2625 Reinhardt Lane NE, Suite E Lacey, WA 98516)

June 18th & 19th: Tumwater Thunderbirds HS Football Camp (flyer attached to this letter)

June 24th: T-Bird Franchise gear check-out Cheer fittings 4P - 8P, Football 5P - 8P (TCYFL Warehouse: 2625 Reinhardt Lane NE, Suite E Lacey, WA 98516)

June 21st: League gear checkout 10A-1P (TCYFL Warehouse: 2625 Reinhardt Lane NE, Suite E Lacey, WA 98516)

July 1st: Preseason conditioning begins. Conditioning will be coordinated by your division's coaches and more information will follow. Cheer will be participating in conditioning this year.

July 1-4: 4th of July Parade Cheer Clinic. Join us for the 2025 Tumwater Independence Day parade. We will practice for our performance Tuesday, Wednesday and Thursday, 5:30-7:30. Location TBD within Tumwater. Cost is \$40/participant.

July 12th: League gear checkout 10A-1P (TCYFL Warehouse: 2625 Reinhardt Lane NE, Suite E

Lacey WA 98516)

July 15th: Registration closes

July 15-17th & 19th: Lake Fair Cheer Clinic & Performance. The theme of the Lake Fair Parade this year is Royalty Tea Party. We will hold practice for this clinic Tuesday, Wednesday and Thursday, 5:30-7:30. Location TBD within Tumwater. Cost is \$40/participant.

July 26th: League gear checkout 10A-1P (TCYFL Warehouse: 2625 Reinhardt Lane NE, Suite E

Lacey, WA 98516)

August 1st&2nd: Practices begin for tackle football and sideline cheer. The first practice will be held at Tumwater HS as a combine style event. More information will follow as we get closer.

Cheer will participate in Friday's practice only.

August 12th: Practices for flag football and cheer begin.

August 22rd: T-Bird fill the helmet fundraiser 4P - 7P

August 24th: TCYFL Jamboree is held at South Sound Stadium

September 6th: Games begin. 5 weeks of regular season games will be played as well as 3 postseason games. Regular season records will determine teams who enter the championship bracket playoffs culminating in championship Sunday. All teams will play 3 post season games regardless of record.

October 12th: Cheer showcase. More details to follow.

Practice locations will be sent out at a later date. We are working on changing fields this year and will ensure communication goes out promptly.

Practices for Tackle Football Minors/MJV/MV are Tues/Wed/Thur from 5:30-7:30

Tackle Football SJV/SV have the opportunity to practice 5 days a week and will be sending out their practice schedule as we get closer to the season.

Sideline cheer practices will be Tues/Wed/Thur from 5:30-7:30. Flag cheer will be Wed/Thursday from 5:30-6:45.

FREQUENTLY ASKED QUESTIONS:

- **My child is signed up for flag football, do I need to attend gear checkouts, conditioning, etc?**
 - No, flag football players do not need to sign up for conditioning or attend the gear checkouts.
- **When will I get my jersey or uniform?**
 - If you registered before 7/15, your jersey/uniform will be delivered before the Jamboree. If you registered after 7/15, we will make every effort to get your jersey/uniform to you before games begin, but we cannot guarantee that.
- **When will we know our coaches?**
 - Depending on the number of players in your division (Minors/MJV, etc.), your team may be subject to a split. Splits will occur no later than the 2nd full week of practice.
- **How do football teams split?**
 - Identified Head Coaches for the splitting teams will meet with the Franchise Head Coach, as well as a board member not from the franchise, to split the teams. A snake draft will be performed to ensure fairness. For divisions that have multiple age groups (Minors/MJV), an even split of those ages will be required.
- **What if I want my child to play with another specific child?**
 - No buddy assignments are guaranteed. I recommend speaking with the prospective head coaches for your division in the event of team splits.
- **When will we have our game schedule?**
 - Schedules for both Jamboree and regular season cannot be completed until all team splits league-wide are completed. With 15 franchises across the league, that can take some time. We strive to have schedules for the Jamboree done the week before the event, and for game schedules to be complete by Labor Day. Please know that scheduling is an extremely time-intensive process and requires a lot of hands to ensure it's done correctly.
- **Who do I report a concern to?**
 - Your first level of reporting should be to your team's Head Coach. If you feel that you are not being supported or cannot bring it to the Head Coach for whatever reason, please reach out to the Franchise Head Coach.
- **I didn't get football gear during the checkouts; how do I get my child fitted?**
 - There are many opportunities between franchise gear checkouts and league gear checkouts over the June and July timeframe. If you are unable to attend those, please reach out to your coach, and we will attempt to fit your child as timely as possible. Please be advised that all cheer uniforms, football jerseys, and sometimes helmets or pads must be ordered. We want to ensure your player get fitted for these items on time to avoid having to sit out of practices or games.



36TH TUMWATER T-BIRDS YOUTH FOOTBALL CAMP
FEATURING THE ROTA WING-T OFFENSE AND GATA DEFENSE

June 18-19, 2025

Wednesday - Thursday at Tumwater High School
Incoming 2nd through 8th Grade "NON-PAD"

9:00am - 11:00am

(Check-In Begins 8:30am)

CAMP COST \$65

Each participant will receive a camp gift with registration at the end of camp.



SCAN QR CODE ABOVE TO PAY WITH CREDIT CARD or visit

www.thunderbirdathletics.com

(click "Football" in upper right corner - select "youth camp" and pay via CC)

EQUIPMENT NEEDED:

Tennis shoes, football shoes and workout clothes (T-shirts, shorts, etc.) & Water Bottle.

CAMP INSTRUCTION:

Campers will receive quality instruction in all phases of the game. The camp will stress basic fundamentals of both offense and defense. The Wing-T offense and all aspects of defensive play will be taught. Running skills will also be taught.

QUESTIONS? EMAIL:

Coach William Garrow - william.garrow@tumwater.k12.wa.us

By registering my child to participate in this camp, I waive all rights and release all claims that might be had against Tumwater HS Football and Tumwater Football Boosters, its hired or contracted instructors, and their employees and agents, for any and all injuries or losses which may be suffered because of my participation or my child's or children's participation in the above activity offered by Tumwater HS Football and Tumwater Football Boosters, in consideration of permission of Tumwater HS Football and Tumwater Football Boosters to participate in the activity.

I consent to my child's participation in the activity/program of Tumwater HS Football and Tumwater Football Boosters and authorize Tumwater HS Football and Tumwater Football Boosters and its employees or agents to provide emergency medical treatment for my child on my behalf. To the best of my knowledge, my child has no physical or other conditions that would interfere with his/her participation.

