



SYSC NCC schedule Indoor Season 2025/26

October 18th, 2025 – May 10th, 2026 - 26 weeks training

No Training dates

Christmas Break – December 27-28th

Family Day weekend – February 14-15th

March Break – March 14th – 15th

Easter Weekend – April 4-5th

Saturdays

9 am - 9 pm

9:00am – 10:30am	Turf 1-- U8 Boys	Turf 2 U9 Girls
10:30am – 12:00pm	Turf 1—U11 Girls	Turf 2 U9 Boys
12:00pm – 1:30pm	Turf 1—U14 Boys	Turf 2 U15 Boys (Tournament)
1:30pm – 3:00pm	Turf 1—U13 Boys	Turf 2 U16 Girls
3:00pm – 4:30pm	Turf 1—U12 Girls	Turf 2 U15 Girls
4:30pm – 6:00pm	Turf 1—U14 Girls (IModel)	Turf 2 U14 Girls (Tournament)
6:00pm – 7:30pm	Turf 1—U17/18 Girls	Turf 2 Goalie Training & Skills Session
7:30pm – 9:00pm	Turf 1—U16 Boys	Turf 2 – TBD – Game/Skills session

Sundays

9 am - 6 pm

9:00am – 10:30am	Turf 1—U10 Girls	Turf 2 U10 Boys
10:30am – 12:00pm	Turf 1—U8 Girls	Turf 2 U16 Girls
12:00pm – 1:30pm	Turf 1—U14 Boys	Turf 2 U15 Boys (Tournament)
1:30pm – 3:00pm	Turf 1—U14 Girls (IModel)	Turf 2 U12 Boys
3:00pm – 4:30pm	Turf 1—U13 Boys	Turf 2 U16 Boys
4:30pm – 6:00pm	Turf 1—U15 Girls	Turf 2 U17/18 Girls

Holidays

Nov-11	Remembrance day
Dec. 25, 26	Christmas
Jan-01	New Years
Feb-16	Family day
Apr-03	Good Friday
Apr-06	Easter Monday
May-18	Victoria day