

ELEVATE

VOLLEYBALL CLUB

14 Blue Info Sheet

Team Cost: \$5,000

*Team cost does not include: travel fees for parents or athletes, USAV/AAU membership costs, scoring certification costs, or post-season.

Coaching:

Head Coach: Natalie Warden

Assistant Coach: Shaun Bennett

Practices: 2x per week starting in November (2 hours each)

(Schedule to be finalized by October)

Locations include Cottonwood Creek and Frisco ISD Middle Schools

Tournaments: 10 total

7 local (DFW- includes 2-3 Region Bid Events)

Lone Star National Qualifier (Oklahoma City)

2 Out-of-State National Qualifiers

(Schedule to be finalized by September)

Adidas Uniform Package: (included in cost)

3 jerseys, 2 spandex, 1 leggings, warm up top, arm sleeves, knee pads, socks, backpack, 2 practices tees, & shoes

Video Resource & Statistics Profile: (included in cost)

Performance Training: (included in cost)

Team training 1x per week