



# IRONMAN 70.3 LAPU-LAPU, CEBU

## EVENT SCHEDULE

as of March 18, 2024

(subject to change without prior notice)

### APRIL 15, 2024, MONDAY

10:00 AM	Athlete Race Briefing	Video posted on official IRONMAN 70.3 Lapu-Lapu Cebu account
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### APRIL 18, 2024, THURSDAY

TIME	ACTIVITIES	VENUE
1:00 PM to 6:00 PM	Shuttle Service for participants booked through Sunrise Events official hotels	*refer to shuttle jeepney schedule for
9:00 AM to 6:00 PM	IRONKIDS Swim-Run Athlete Check-In	The Reef Island Resort
2:00 PM to 6:00 PM	IRONMAN 70.3 Lapu-Lapu Cebu Athlete Check-In	The Mactan Newtown
	Reyna Bulakna Run Bib Claim	
	IRONMAN Store Open	
	IRONMAN Athlete Village Open	
	IRONMAN Information Booth Open	

### APRIL 19, 2024, FRIDAY

TIME	ACTIVITIES	VENUE
8:00 AM to 6:00 PM	Shuttle Service for participants booked through Sunrise Events official hotels	*refer to shuttle jeepney schedule for details
9:00 AM to 3:00 PM	Reyna Bulakna Run Bib Claim	The Mactan Newtown
9:00 AM to 6:00 PM	IRONMAN 70.3 Lapu-Lapu Cebu Athlete Check-In	
	IRONMAN Athlete Village Open	
	IRONMAN Information Booth Open	
	IRONKIDS Swim-Run Athlete Check-In	The Reef Island Resort
11:00 am	IRONKIDS Media Conference	
2:00 pm	IRONMAN 70.3 Lapu-Lapu Cebu Media Conference (Facebook Live also available)	The Mactan Newtown
5:00 pm	Reyna Bulakna Run	Liberty Shrine (Lapu Lapu Shrine)

### APRIL 20, 2024, SATURDAY

TIME	ACTIVITIES	VENUE
8:00 AM to 6:00 PM	Shuttle Service for participants booked through Sunrise Events official hotels	*refer to shuttle jeepney schedule for details
5:00 AM to 9:00 AM	IRONKIDS Swim-Run	The Reef Island Resort
9:00 AM to 3:00 PM	IRONMAN 70.3 Lapu-Lapu Cebu Athlete Check-In	The Mactan Newtown
9:00 AM to 6:00 PM	IRONMAN Store Open	
	IRONMAN Athlete Village Open	
	IRONMAN Information Booth Open	
9:00 am	Weather report (available on FB account)	video posted on official IRONMAN 70.3 Lapu-Lapu Cebu account
10:30 AM to 12:00 PM	IRONMAN 70.3 Bike Check-in and Timing Chip release Athlete no. ending 1 and 2	Transition Area, The Mactan Newtown
12:00 PM to 1:30 PM	IRONMAN 70.3 Bike Check-in and Timing Chip release Athlete no. ending 3 and 4	
1:30 PM to 3:00 PM	IRONMAN 70.3 Bike Check-in and Timing Chip release Athlete no. ending 5 and 6	
3:00 PM to 4:30 PM	IRONMAN 70.3 Bike Check-in and Timing Chip release Athlete no. ending 7 and 8	
4:30 PM to 6:00 PM	IRONMAN 70.3 Bike Check-in and Timing Chip release Athlete no. ending 9 and 0	
11:30 AM	Transition Tour 1	
1:00 PM	Transition Tour 2	
2:30 PM	Transition Tour 3	
4:00 PM	Transition Tour 4	
5:30 PM	Transition Tour 5	
4:00 PM	Catholic Mass	Sto. Niño Mactan Parish

APRIL 21, 2024, SUNDAY - RACE DAY		
TIME	ACTIVITIES	VENUE
4:00 AM to 5:00 PM	Shuttle Service for participants booked through Sunrise Events official hotels	*refer to shuttle jeepney schedule for details
4:30 AM to 6:00 AM	IRONMAN 70.3 Lapu-Lapu Cebu Transition Open and Helmet Check	Transition Area, The Mactan Newtown
	Street Gear Bag Drop-Off	
6:20 AM	Swim Start - Pro Male	The Mactan Newtown Beach
6:22 am	Swim Start - Pro Female	
6:30 am	IRONMAN 70.3 Lapu-Lapu Cebu Age Group Rolling Start	
IRONMAN 70.3 SWIM CUT OFF: Each participant is given 70 minutes to finish the 1.9K swim based on a rolling start (7:50 AM)		
IRONMAN 70.3 BIKE CUT OFF: 5 hours and 30 minutes from the last rolling start release (12:10 PM)		
IRONMAN 70.3 RUN CUT OFF: Each participant is given 8 hour s 30 minutes to finish the entire course from the last rolling start release		
9:00 AM to 6:00 PM	IRONMAN Official Merchandise Store Open	The Mactan Newtown
	IRONMAN Expo Open	
10:10 AM (*approx.)	IRONMAN 70.3 Lapu-Lapu Cebu First Finisher	Finish line, Savoy Hotel Mactan Newtown
11:00 AM to 4:00 PM	IRONMAN 70.3 Lapu-Lapu Cebu Post Race Celebratory Lunch	
12:00 PM to 6:00 PM	IRONMAN 70.3 Lapu-Lapu Cebu Bike & Gear Bag Check-Out	Transition Area, The Mactan Newtown
3:10 pm	IRONMAN 70.3 Lapu-Lapu Cebu Finish Line Closes	Finish line, Savoy Hotel Mactan Newtown
4:00 PM	IRONMAN 70.3 Lapu-Lapu Cebu Awards Presentation	The Mactan Newtown
5:00 PM to 6:00 PM	IRONMAN 70.3 Lapu-Lapu Cebu World Championship Roll down ceremony	
*Times are subject to change. Please continually check the website for updated information.		