



# 2021 Fall Training

[www.eastsidevb.com](http://www.eastsidevb.com)

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## Fall Youth League

**When:** Thursdays Sept. 16 - Oct. 28

**Where:** Peoria RiverPlex

4th & 5th grade \$110 (5:00-6:30)

6th grade \$135 (6:00 - 8:00)

7th & 8th grade \$135 (6:00 - 8:00)

Youth league is designed to provide players an opportunity to develop skills through various drills and conclude practice with gameplay. Minimum 16 players per session.

## Little Spikers Academy

**When:** Mondays Sept. 20 - Oct. 25

**Where:** Eastside Centre

Kindergarten – 4<sup>th</sup> grade \$65 (6:00-7:00)

The purpose of the program for kindergarten to 4th grade players is to teach and train parents with players drills to incorporate into at-home training. Parents will accompany their players to every session and learn drills to work with their volleyball player to improve their volleyball skills. Coaches are available to assist when parents are unavailable to attend.

## Elite Training

**When:** Sundays Sept. 12 - Oct. 24

**Where:** Eastside Centre

6th grade \$200 (3:00 - 5:00)

7th & 8th grade \$200 (1:00 - 3:00)

Advanced training for players who have competed at the travel level or who intend to tryout for travel volleyball during the upcoming season. Minimum 16 players per session.

## Junior High Prep:

**When:** Saturdays Sept. 11 - Oct. 30

**Where:** Peoria RiverPlex

5th & 6th grade \$125 (9:00 - 10:30)

7th & 8th grade \$125 (10:30 - 12:00)

Training designed to prepare players for IESA volleyball beginning in November. Training will focus on skills necessary to be a successful volleyball player. Minimum 16 players per session. Sept. 25 & Oct. 2 @ Eastside Centre.

**REGISTER today @ [www.eastsidevb.com](http://www.eastsidevb.com)**

**Pre-registration required.**



#ESVBCstrong #REFN