



BLAINE YOUTH HOCKEY ASSOCIATION

9250 LINCOLN STREET NE | BLAINE MN 55434 | BYHA.ORG

BYHA COVID-19 Preparedness Plan

BYHA is committed to providing a safe and healthy environment for all players, families and staff. To ensure we have a safe environment, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic.

Staff, Coaches, Parents and Players are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our practices and communities. Only through this cooperative effort can we establish and maintain the safety and health of staff, players and families.

BYHA staff and coaches have our full support in enforcing the provisions of this policy. Our COVID -19 Preparedness Plan follows Center for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines as set forth in the "Guidance for Social Distancing in Youth Sports".

We adhere to these guidelines which include (but are not limited to):

- Anyone that is sick, showing any symptoms (as listed below) or had close contact with a known positive case; **MUST STAY HOME!**
 - Have you experienced a fever or temp of 100.4°F with-in the last 24 hours?
 - Are you experiencing a cough, shortness in breath, unexplained fatigue, unexplained body aches, new loss of taste or smell?
- Players/Coaches will arrive fully dressed and not enter the rink earlier than 10 minutes before the start of your scheduled session (Goalies are allowed to enter 15 minutes before session)
 - Players are allowed to put on skates, gloves and helmets at the rink
 - Goalies are expected to do what they can but can put on gear as needed as the rink
- Players/Coaches will leave the facility no later than 10 minutes after end of ice session
- If locker room use is allowed by the facility, coaches will need to keep the players social distanced and all masks on until leaving room to get on the ice
 - Coaches are asked to fulfill all Locker Room Monitoring duties to minimize points of contact
- All teams will have their own set of pucks for practice
- Players are not be allowed to share any gear or water bottles
- Our staff, coaches, parents and players must follow all rules and guidelines set forth by each individual ice arena, hockey associations, District 10, MN Hockey, USA Hockey along with Local and State Governments
- If the rules/guidelines at a rink are more restrictive than the guidelines set forth in this document, the more restrictive rules/guidelines must be followed
- During games, only 2 coaches are allowed on the bench and they must wear masks at all times
- Each team will have a COVID Coordinator to help with policy awareness and enforcement
- Teams will use the SportsEngine app RVSP feature to trace contacts for each team event

This document was written on October 6th, 2020 and will change as restrictions change.



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Appendix A Links to COVID-19 Resources

Minnesota Department of Health COVID-19 Decision Tree

<https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>

USA Hockey

<https://www.usahockey.com/playersafety>

Minnesota Hockey Guidelines

<https://www.minnesotahockey.org/covid19>

USA Figure Skating

<https://www.usfigureskating.org/news/article/returning-rinks>

Ice Sports Industry Guidelines

<https://www.skateisi.org/covid-19-pandemic-preparedness-response-plan-for-reopening-ice-facilities/>

General

www.cdc.gov/coronavirus/2019-nCoV

www.health.state.mn.us/diseases/coronavirus

Handwashing

www.cdc.gov/handwashing/when-how-handwashing.html

www.cdc.gov/handwashing

Respiratory etiquette: Cover your cough or sneeze

www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

www.health.state.mn.us/diseases/coronavirus/prevention.html

www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html

Social distancing

www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

www.health.state.mn.us/diseases/coronavirus/businesses.html