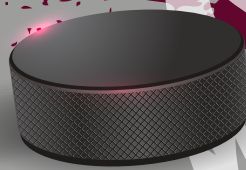


ANOKA HOCKEY

2023 ★
2024

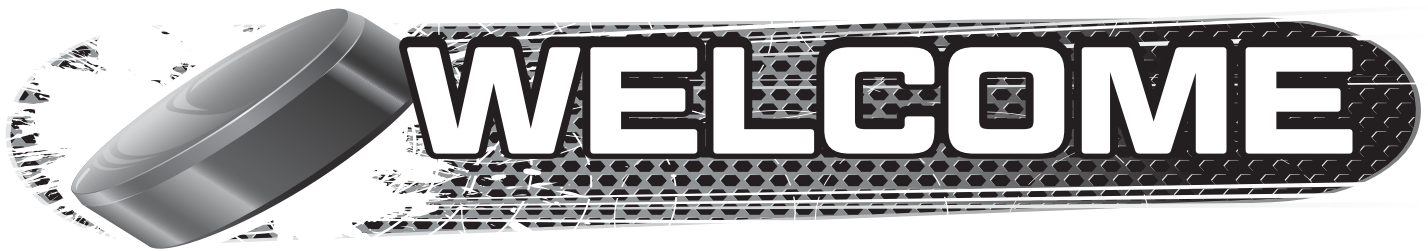


MELT THE ICE



ANOKA HOCKEY SCHEDULE 2023-2024

Date	Home/Away	Opponent	Location	JV/V Times
Tue, Nov 28	Home	Irondale	Anoka Ice Arena	5pm/7pm
Thu, Nov 30	Away	Maple Grove	Maple Grove Community Cntr.	5pm/7pm
Sat, Dec 2	Home	Two Rivers	Anoka Ice Arena	5pm/7pm
Thu, Dec 7	Home	Osseo	Anoka Ice Arena	5pm/7pm
Sat, Dec 9	Away	Southwest Christian/Richfield	Richfield Ice Arena	12pm/2pm
Thu, Dec 14	Away	Centennial	Centennial Sports Arena	5pm/7pm
Sat, Dec 16	Away	Coon Rapids	Coon Rapids Ice Center	12pm/7:30pm
Tue, Dec 19	Home	South St. Paul	Anoka Ice Arena	5pm/7pm
Thu, Dec 21	Away	Hastings	Hastings Civic Arena	4:45pm/7pm
Sat, Dec 23	Home	Roseville	Anoka Ice Arena	1pm/3pm
Dec 27-29	Away	Tournament	Dultuh Heritage Sports Ctr.	TBD
Thu, Jan 4	Home	Totino-Grace	Anoka Ice Arena	5pm/7pm
Sat, Jan 6	Home	Cambridge-Isanti	Anoka Ice Arena	1pm/3pm
Thu, Jan 11	Home	Elk River/Zimmerman	Anoka Ice Arena	5pm/7pm
Sat, Jan 13	Home	Spring Lake Park	Anoka Ice Arena	12pm/2:30pm
Thu, Jan 18	Home	Coon Rapids	Anoka Ice Arena	5pm/7pm
Sat, Jan 20	Home	Andover	Anoka Ice Arena	12pm/2:30pm
Thu, Jan 25	Away	Blaine	Fogerty Arena	5pm/7pm
Sat, Jan 27	Away	Robbinsdale Armstrong/Cooper	New Hope Ice Arena	5pm/7pm
Thu, Feb 1	Home	Rogers	Anoka Ice Arena	5pm/7pm
Sat, Feb 3	Home	Forest Lake	Anoka Ice Arena	1pm/3pm
Thu, Feb 8	Away	Champlin Park	Champlin Ice Forum	5pm/7pm
Sat, Feb 10	Home	St. Cloud	Anoka Ice Arena	1pm/3pm



Fans, Family and Guests,

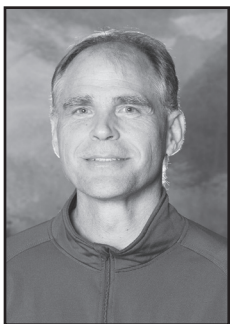
Welcome to the Home of the Tornados and the Anoka Family. Thank you for attending the game today and welcome back to high school hockey season in Minnesota! Your support is very important to our student-athletes, our Anoka Hockey Program and Anoka High School.

It is going to be an exciting and fast-paced hockey season for the Anoka Tornados. Head Coach Ted Mitshulis and his staff enter year two and have their system in place and what their game plan is for the hockey program. It is going to be a competitive and exciting season!

We compete in a very tough conference and are pumped up to play our tough schedule. Playing in this conference makes us better prepared for the section playoffs and we are all excited for what this season holds for our student athletes. Thank you to our Hockey Boosters for all the wonderful work they do each day to support our Tornado Hockey team, our student-athletes and our coaches. Our season could not be possible without the time, dedication, hard work and organization of our booster program.

We appreciate your support today of our Anoka Hockey program! I expect everyone here at the game to support our coaches, student-athletes, referees, visiting coaches and players, and fans in a positive manner. I expect everyone to cheer on all the competitors during and after the game, and to refrain from any negative comments toward anyone in the arena. Please be respectful at all times with your conduct and speech. Please show your Anoka High School spirit and be supportive of all of our student-athletes and coaches. The student-athletes and coaches prepare and play to win every game, but the scoreboard does not always go our way and that is part of life. As an Anoka Family, we always want to support each other at all times whether in a win or a loss. We play better with a positive cheering crowd! Good luck to our Tornado Hockey team and coaches today!

Michael Farley, Principal



The Activities Department would like to welcome you to the 2023-2024 Anoka High School Boys Hockey season! We are thoroughly excited to see Coach Mitshulis and his coaching staff showcase a program that the school and community can rally around with enthusiasm and pride! While winning is important to our athletic programs, our ultimate goal of our athletic department is to teach discipline, goal setting, accountability, dedication, teamwork and integrity; attributes that we want all our young women and men in our community to have.

Many of the hockey players trained hard in the off-season on the ice and in the weightroom. I am confident their off-season efforts will pay off. We hope this hockey season brings long lasting memories and relationships for the players, managers, coaches and cheerleaders.

Thank you to the parents for your continued support. You have sacrificed many nights, weekends, and family time to allow your sons to be part of the Anoka Family. We are blessed to have your dedication and commitment to the program for the benefit of the team, the coaches and the program. The years go by fast, so cherish every second of the ride.

As we enjoy the game tonight, please be positive towards the officials, teams, and coaches. They all have the same goal – to be the best that they can be! We wish Coach Mitshulis and the Anoka Tornados all the best this season!

Lance Wicks, Activities Director

GO ANOKA TORNADOES!

ANOKA HOCKEY COACHES



Owen Maloney, Brian Pender, Ted Mitshulis, Logan Putt, Steve Vinson

ANOKA HOCKEY CAPTAINS



Parker Nedland, Jackson Provoncha, Trevor Lang, Mason Beaver

ANOKA TORNAOES 2023-2024 ROSTER

#	Name	Grade	Position	#	Name	Grade	Position
1	Grant Kelcher	12	Goalie	25	Will Rengo	10	Forward
2	Aidan Solie	11	Forward	26	JD Jones	10	Forward
3	Mason Beaver	12	Defense	27	Brin Wiczek	11	Forward
4	Trevor Lang	12	Forward	28	Braeden Thorson	11	Defense
5	Ryan Watkins	11	Forward	29	Bentley Sathre	11	Defense
6	Ben Carlson	10	Forward	30	Liam Stack	10	Goalie
7	Teddy Mitshulis	11	Forward	31	Collin Rosenau	11	Goalie
8	Jackson Provoncha	12	Defense	33	Lauren Lafferty	11	Goalie
9	Brody Hagen	11	Forward	34	Luca Gannucci	10	Forward
10	Parker Nedland	12	Defense	35	Cohen Kuehne	10	Goalie
11	Wyatt Dahlmeier	10	Forward	36	Andy Olson	11	Defense
12	Carson Nedland	10	Forward	37	Caiden Springer	10	Forward
13	Alec Dahlvang	11	Forward	Varsity Coaches: . . . Ted Mitshulis, Brian Pender			
14	Luke Folstrom	11	Forward	JV Coaches: Logan Putt, Owen Maloney			
15	Charlie Jensen	10	Forward	Goalie Coach: Steve Vinson			
16	Brady Hansen	11	Defense	Announcer Tom Nergard			
17	Hunter Brunner	11	Forward	Manager: Kaci Manthey			
18	Brett Bennett	11	Forward	Athletic Trainer: Heidi Beckendorf			
19	Blake Weinhold	10	Defense	Activities Director: Lance Wicks			
20	Landan White	10	Forward	Principal: Mike Farley			
21	Will Cederstrand	12	Forward	Superintendent: Corey McIntyre			
22	Camden Mortinson	10	Defense	Nickname: Anoka Tornados			
23	Kadden Soukup	11	Forward				
24	Logan Pender	10	Defense				



HEIDI BECKENDORF
Training Staff



KACI MANTHEY
2023-2024 Manager

2023-24 Anoka Boys Hockey Booster Club Officers

Melissa Beaver – President

Katie Lang – Vice President

Jill Provoncha – Treasurer

Kristie Thorson – Secretary

Jackie Barthel – Communications

Sean Lafferty – Member-at-Large

Tony Mortinson – Member-at-Large



**A shout out of THANKS to the Anoka
Boys High School Hockey Booster Club!**



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2023-2024 TORNADO SENIORS

GRANT KELCHER

SENIOR ● GOALIE



1

Last year's team: JV
5'4", 125 lbs.
Parents: Dave and Kim
Siblings: Alison
Favorite Food: Steak

MASON BEAVER

SENIOR ● DEFENSE



3

Last year's team: Varsity
6'1", 165 lbs.
Parents: Ryan and Melissa
Siblings: Makenna
Interests: Tennis
Favorite Food: Pasta

TREVOR LANG

SENIOR ● FORWARD



4

Last year's team: Varsity
6'0", 185 lbs.
Parents: Ryan and Katie
Siblings: Austin
Interests: Baseball
Favorite Food: Chipotle

JACKSON PROVONCHA

SENIOR ● DEFENSE



8

Last year's team: Varsity
5'10", 160 lbs.
Parents: Dennis and Jill
Siblings: Lauren
Interests: Baseball, cutting grass with scissors, and underwater basket weaving
Favorite Food: Krabby patties

2023-2024 TORNADO SENIORS

PARKER NEDLAND

SENIOR ● DEFENSE



10

Last year's team: Varsity
 5'10", 175 lbs.
 Parents: Rachael
 Siblings: Carson and Griffin
 Interests: Baseball and football
 Favorite Food: Spaghetti

WILL CEDERSTRAND

SENIOR ● FORWARD



21

Last year's team: JV/Varsity
 6'1", 160 lbs.
 Parents: Chip and Angie
 Siblings: Bailey and Allie
 Interests: Hunting, fishing, golf, and video games
 Favorite Food: Pizza

NATIONAL HONOR SOCIETY



Back Row: Hunter Brunner, Will Cederstrand, Teddy Mitshulis, Jackson Provoncha
Front Row: Collin Rosenau, Braeden Thorson

2023-2024 TORNADO JUNIORS

AIDAN SOLIE

JUNIOR ● FORWARD



2

Last year's team: JV
5'6", 135 lbs.
Parents: Matt and Erin
Siblings: Annika and Julia
Interests: Golf
Favorite Food: Steak and shrimp

RYAN WATKINS

JUNIOR ● FORWARD



5

Last year's team: JV
5'7", 135 lbs.
Parents: Alex and Sherri
Siblings: Lila and Joseph
Interests: Lacrosse, golfing, and fishing
Favorite Food: Pasta

TEDDY MITSHULIS

JUNIOR ● FORWARD



7

Last year's team: Varsity
6'0", 185 lbs.
Parents: Ted and Brenda
Siblings: Lucy
Interests: Professional thumb wrestler and weightlifting
Favorite Food: Sushi

BRODY HAGEN

JUNIOR ● FORWARD



9

Last year's team: JV
5'7", 140 lbs.
Parents: Jon and Debbie
Siblings: CJ, Brock and Brea
Interests: Snowboarding, fishing, and golf
Favorite Food: A nice steak surrounded by family and friends

2023-2024 TORNADO JUNIORS

ALEC DAHLVANG

JUNIOR ● FORWARD



13

Last year's team: Varsity
5'8", 145 lbs.
Parents: Travis and Jessica
Siblings: Iva, Hank, Frank
Interests: Sports, playing mini sticks with my siblings (and winning every time), Fortnite with the boys, and pickleball
Favorite Food: Pasta

LUKE FOLSTROM

JUNIOR ● FORWARD



14

Last year's team: JV
5'10", 180 lbs.
Parents: Kurt and Becki
Siblings: Hannah
Interests: Fishing and baseball
Favorite Food: Lasagna

BRADY HANSEN

JUNIOR ● DEFENSE



16

Last year's team: JV
5'11", 140 lbs.
Parents: Chris and Lisa
Siblings: Lindsay and Amber
Interests: Fishing, hunting, and golf
Favorite Food: Nachos

HUNTER BRUNNER

JUNIOR ● FORWARD



17

Last year's team: Varsity
5'9", 160 lbs.
Parents: Joe and Nicole
Siblings: Jace
Interests: Baseball and HOSA
Favorite Food: Shrimp from Red Lobster

2023-2024 TORNADO JUNIORS

BRETT BENNETT

JUNIOR ● FORWARD



18

Last year's team: JV
5'8", 140 lbs.
Parents: Mike and Renee
Siblings: Brooke and Brianna
Interests: Lacrosse
Favorite Food: Pizza

KADDEN SOUKUP

JUNIOR ● FORWARD



23

Last year's team: Varsity
5'7", 140 lbs.
Parents: Jason and Nicole
Siblings: Kaiya and Kianna
Interests: Lifting weights
Favorite Food: Pasta

BRIN WICZEK

JUNIOR ● FORWARD



27

Last year's team: JV
5'10", 130 lbs.
Parents: Mitch and Jen
Siblings: Hana, Shaw, Holt, Jace, Cade and Drew
Interests: Golf and fishing
Favorite Food: Spaghetti

BRAEDEN THORSON

JUNIOR ● DEFENSE



28

Last year's team: JV
5'9", 155 lbs.
Parents: Erik and Kristie
Siblings: Rylee and Landon
Interests: Golf and weightlifting
Favorite Food: Jack's pizza

2023-2024 TORNADO JUNIORS

BENTLEY SATHRE

JUNIOR ● DEFENSE



29

Last year's team: JV
5'6", 150 lbs.
Parents: Josh and Christy
Siblings: Ariel
Interests: Woodworking and engineering
Favorite Food: Bacon and eggs

COLLIN ROSENAU

JUNIOR ● GOALIE



31

Last year's team: Varsity
6'0", 185 lbs.
Parents: Doug and Michelle
Interests: Camping, hunting, and fishing
Favorite Food: Chicken Alfredo

LAUREN LAFFERTY

JUNIOR ● GOALIE



33

Last year's team: Varsity
5'5", 145 lbs.
Parents: Sean and Emily
Siblings: Landon
Interests: Volleyball
Favorite Food: Mac and cheese

ANDY OLSON

JUNIOR ● DEFENSE



36

Last year's team: JV
6'2", 190 lbs.
Parents: Ross and Sonja
Siblings: Annika
Interests: Bathtub scuba diving, Lincoln log building, and knitting blankets for relatives
Favorite Food: Casa Rio queso dip

2023-2024 TORNADO SOPHOMORES

BEN CARLSON

SOPHOMORE ● FORWARD



6

Last year's team: Bantam AA
5'7", 130 lbs.
Parents: Steve and April
Siblings: Sam and Emma
Interests: Golf
Favorite Food: Chipotle

WYATT DAHLMEIER

SOPHOMORE ● FORWARD



11

Last year's team: Bantam B1
5'8", 137 lbs.
Parents: Brad and Colleen
Siblings: Drew and Alayna
Interests: Fishing, snowmobiling, and skiing
Favorite Food: Crab

CARSON NEDLAND

SOPHOMORE ● FORWARD



12

Last year's team: Bantam B1
5'10", 160 lbs.
Parents: Rachael
Siblings: Parker and Griffin
Interests: Playing baseball or fishing with friends
Favorite Food: Chicken Alfredo

CHARLIE JENSEN

SOPHOMORE ● FORWARD



15

Last year's team: Bantam AA
5'7", 145 lbs.
Parents: Jason and Brooke
Siblings: Cade and Casey
Favorite Food: Orange chicken

2023-2024 TORNADO SOPHOMORES

BLAKE WEINHOLD

SOPHOMORE ● DEFENSE



19

Last year's team: Bantam B1
6'1", 150 lbs.
Parents: Steve and Laura
Siblings: Brynn and Brooke
Interests: Baseball
Favorite Food: Chipotle

LANDAN WHITE

SOPHOMORE ● FORWARD



20

Last year's team: Bantam B1
5'10", 165 lbs.
Parents: Josh and Raquel
Siblings: Amiee, Kinsley, Parker and Tanner
Interests: Bowling
Favorite Food: Any Mexican dish

CAMDEN MORTINSON

SOPHOMORE ● DEFENSE



22

Last year's team: Bantam AA
5'6", 153 lbs.
Parents: Anthony and Heather
Siblings: Alisha and Macy
Interests: Gaming, hanging out with friends, and bonfire nights
Favorite Food: Pasta

LOGAN PENDER

SOPHOMORE ● DEFENSE



24

Last year's team: Bantam AA
5'11", 160 lbs.
Parents: Brian and Ashley
Siblings: Landon and Vayda
Interests: Lacrosse, fishing, hunting, and water sports
Favorite Food: Cheeseburger

2023-2024 TORNAO SOPHOMORES

WILL RENGO

SOPHOMORE ● FORWARD



25

Last year's team: Bantam B1
5'11", 140 lbs.
Parents: Ryan and Amanda
Siblings: Ava
Interests: Cross country and track
Favorite Food: Steak

JD JONES

SOPHOMORE ● FORWARD



26

Last year's team: Bantam B1
5'11", 145 lbs.
Parents: Scott and Jenni
Interests: Lacrosse, golf, and pickleball
Favorite Food: Tacos

LIAM STACK

SOPHOMORE ● GOALIE



30

Last year's team: Bantam AA
5'3", 100 lbs.
Parents: Sean and Melissa
Siblings: Maeve and Colin
Interests: Going on long runs
Favorite Food: Fried rice

LUCA GANNUCCI

SOPHOMORE ● FORWARD



34

Last year's team: Bantam AA
5'9", 155 lbs.
Parents: Mike and Jessica
Siblings: Gianna
Interests: Fishing, soccer, outdoor activities, and a variety of sports
Favorite Food: Tacos

2023-2024 TORNADO SOPHOMORES

COHEN KUEHNE

SOPHOMORE ● GOALIE



35

Last year's team: Bantam B1
5'10", 190 lbs.
Parents: Chad and Jenell
Siblings: Braham
Interests: Golf and video games
Favorite Food: Pizza

CAIDEN SPRINGER

SOPHOMORE ● FORWARD



37

Last year's team: Bantam B1
5'9", 135 lbs.
Parents: Brian, Tara and Jim
Siblings: Charlie
Interests: Snowmobiling
Favorite Food: Bacon cheeseburger



TWIN CITIES
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Heidi Beckendorf, LAT, ATC

Licensed Athletic Trainer | Anoka High School

Education: Bachelor of Arts in Physical Education and
Athletic Training at Augsburg University

Number of Years at Anoka: 22 years

HeidiBeckendorf@TCOMN.com

*To play the game is good,
to win is better,
but to love the game is*

BEST OF ALL.



School Fight Song

Fight Fight Anoka Fight

Go Go Tornadoes

Win Win Maroon and White

We're with you tonight

Tornadoes



Fight Fight to Victory

Team Team it's your game

Score-score-score and then

Score some more

Tornadoes win!

MARK YOUR CALENDARS FOR OUR SEASON EVENTS

**Dec. 23
2023**

Youth Night

**Dec. 30
2023**

Alumni Game

**Jan. 4
2024**

Teacher Appreciation Night

**Feb. 3
2024**

Military Appreciation Night

**Feb. 10
2024**

Senior Night

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23

ANOKA HO



Back row: Landan White, Luke Folstrom, Teddy Mitshulis, Will Rengo, Will Cederstrand, Andy

Middle row: Brian Pender, Ted Mitshulis, Kaci Manthey, Caiden Springer, Luca Gannucci, Alec D
Hunter Brunner, Logan Putt, Owen Maloney, Steve Vinson

Front row: Lauren Lafferty, Cohen Kuehne, Braeden Thorson, Kadden Soukup, Aidan Solie, Ma
Camden Mortinson, Ben Carlson, Collin Rosenau, Liam Stack

ANOKA TORNADOES

HOCKEY 24 MELT THE ICE



Olson, Blake Weinhold, Logan Pender, JD Jones, Carson Nedland, Brady Hansen
Dahlvang, Charlie Jensen, Brett Bennett, Grant Kelcher, Ryan Watkins, Wyatt Dahlmeier, Brin Wiczek,
Cason Beaver, Jackson Provoncha, Parker Nedland, Trevor Lang, Bentley Sathre, Brody Hagen,

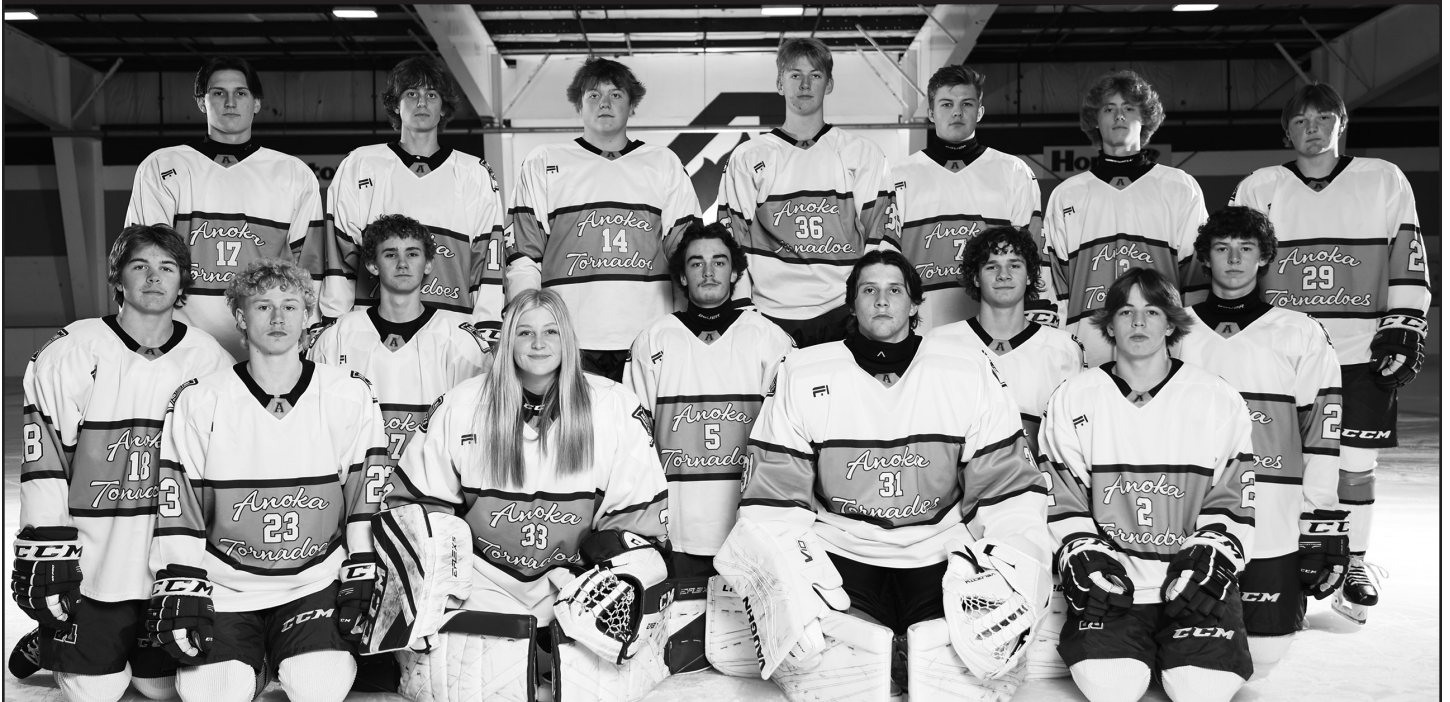
ANOKA TORNADOES HOCKEY TEAM

2023-2024 SENIORS



Grant Kelcher, Parker Nedland, Jackson Provoncha, Trevor Lang, Mason Beaver, Will Cederstrand

2023-2024 JUNIORS



Back Row: Hunter Brunner, Brady Hansen, Luke Folstrom, Andy Olson, Teddy Mitshulis, Alec Dahlvang, Bentley Sathre

Middle Row: Brett Bennett, Brin Wiczek, Ryan Watkins, Brody Hagen, Braeden Thorson

Front Row: Kadden Soukup, Lauren Lafferty, Collin Rosenau, Aidan Solie

2023-2024 SOPHOMORES



Back Row: JD Jones, Blake Weinhold, Logan Pender, Will Rengo, Luca Gannucci
Middle Row: Carson Nedland, Ben Carlson, Charlie Jensen, Wyatt Dahlmeier, Landan White
Front Row: Caiden Springer, Cohen Kuehne, Liam Stack, Camden Mortinson



Thank you

ANOKA BOYS HOCKEY WOULD LIKE TO THANK OUR VERY GENEROUS SPONSORS.

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A HONOR ROLL



Back Row: Carson Nedland, Blake Weinhold, Will Rengo, Jackson Provoncha, Trevor Lang, Hunter Brunner, Luca Gannucci

Middle Row: Braeden Thorson, Wyatt Dahlmeier, Ben Carlson, Will Cederstrand, Teddy Mitshulis, Alec Dahlvang

Front Row: Grant Kelcher, Lauren Lafferty, Collin Rosenau, Cohen Kuehne

B HONOR ROLL



Back Row: Logan Pender, Caiden Springer, Brin Wiczek, Andy Olson, Parker Nedland, Mason Beaver, Luke Folstrom, Brady Hansen, Brett Bennett, Landan White

Middle Row: Camden Mortinson, Brody Hagen, Kadden Soukup, Bentley Sathre, Aidan Solie

Front Row: Liam Stack

ANOKA HOCKEY AWARDS

2022-23 INDIVIDUAL AWARDS

VARSITY PLAYERS

- MOST DETERMINED:** Parker Nedland
- HOBEBY BAKER CHARACTER AWARD:** Josh Graske
- TEAM BEFORE "I":** Ryan Barthel and Lance Lewis
- MOST IMPROVED:** Alec Dahlvang
- KENNY BIRRENKOTT MVP SENIOR:** Hayden Ceaser
- ROOKIE OF THE YEAR:** Kadden Soukup
- MVP DEFENSE:** Danny Palmquist
- MVP OFFENSE:** Hayden Ceaser
- SCHOLAR ATHLETE:** Hunter Brunner
- ALL CONFERENCE:** Hayden Ceaser
- ALL CONFERENCE
(HONORABLE MENTION):** Danny Palmquist

JUNIOR VARSITY PLAYERS

- BEST TEAMMATE:** Brett Bennett and Braeden Thorson
- MOST IMPROVED OFFENSE:** Brett Bennett
- MOST IMPROVED DEFENSE:** Andy Olson
- MOST VALUABLE OFFENSE:** Luke Folstrom
- MOST VALUABLE DEFENSE:** Jack Boehler and
. Braeden Thorson

Hobey Baker Character Awards

- 2005 Shawn Pietsch
- 2006 Matt Olson
- 2007 Ryan Noonan
- 2008 Tyler Manthey
- 2009 Jimmy Crea
- 2010 Michael Lesmeister
- 2011 Andrew Olek
- 2012 Kyle Thorpe
- 2013 Andrew Dallum
- 2014 Travis Mashuga
- 2015 Emil Cienik
- 2016 Spencer Olson
- 2023 Josh Graske

TEAM AWARDS

Conference Championships

- 1972, 1981, 1984, 1985, 1986, 1987,
1991, 1997, 1998, 2003, 2008

Section Championships

- 1985 - Section 2
- 1990 - Section 2
- 1997 - Section 4AA
- 1998 - Section 4AA
- 2003 - Section 4AA
- 2016 - Section 5AA

State Tournament

- 1985 - 3rd Place
- 1990 - 4th Place
- 1997 - 5th Place
- 1998 - 2nd Place
- 2003 - 1st Place
- 2016 - Appearance

Century Club

- Tod Hartje 176 pts.
- Steve Magnusson 166 pts.
- Steve Alley 162 pts.
- Ryan Forbes 147 pts.
- Cory Belisle 146 pts.
- Berkley Scott 139 pts.
- John O'Neill 138 pts.
- Jerrid Reinholz 138 pts.
- Reg Berg 133 pts.
- Ben Hendrick 132 pts.
- Jon Manthey 128 pts.
- Todd Manthey 116 pts.
- Jon Coe 112 pts.
- Bill Lester 110 pts.
- Nate Miller 101 pts.

ANOKA HOCKEY AWARDS

PAST VARSITY INDIVIDUAL AWARDS

Most Determined

1990	Troy Seibert
1991	Eric Boyce
1992	Bart Johnson
1993	Jon Hanson
1994	Jon Coe
1995	John Peterson
1996	Dan Donnette
1997	Dylan Stenglein
1998	Joe Johnson
1999	Bryan Talbot
2000	Ben Schoff
2001	Jesse Thalín
2002	Andrew Johnson
2003	Andrew Johnson
2004	Drew Wiczek
	Shawn Pietsch
2005	Shawn Pietsch
2006	Ryan Noonan
2007	Adam Iverson
2008	Blair Randall
2009	Jon Nikovics
2010	Adam Longberg
2011	Luke Leitschuh
2012	Drew McLaughlin
2013	Drew McLaughlin
2014	Travis Mashuga
2015	Alex Orn
2016	Ben Saba
2017	Hunter Wanous
2018	Noah Tews
2019	Cullen Belisle
2020	Tanner Wanous
2021	Nate Simon
2022	Hayden Ceasar, Michael McGonigal
2023	Parker Nedland

Team Before "I"

1990	Troy Seibert
1991	Darrel Schwalenberg
1992	Jason Reinholz
1993	Jamie James
1994	Charlie Vaughn
1995	Justin Reinholz
1996	Josh Flynn
1997	Dylan Stenglein
1998	Joe Johnson
1999	Bryan Talbot
2000	Matt Dunsmoor
2001	Brian Pender
2002	Jake Gausman
2003	Tyler Barclay
2004	Tony Louisele
2005	Mitch Day
2006	Ryan Simpson
2007	Justin Stetson
2008	Jake Bendiske
2009	Erik Dahlgren
2010	Adam Longberg
2011	Blake Lentner
2012	Lane Kocovsky
2013	Adam Orn
2014	Travis Mashuga
2015	Ralph Hunt
2016	Brendan Corbin
2017	Hunter Wanous
2018	Adam Novack
	Casey Orn
2019	Cullen Belisle
2020	Tanner Wanous
2021	Tanner Wanous
	Nate Simon
2022	Wyatt Maloney
2023	Ryan Barthel and Lance Lewis

Most Improved

1990	Chad Abram
1991	Sean Primus
1992	Bob Erickson
1993	Ryan Berg
1994	Mike Braun
1995	Brandon Rykkeli
1996	Joe Dunsmoor
1997	Rick Talbot
1998	Rick Talbot
1999	Jeff Spear
2000	Matt Olson
2001	Andrew Johnson
2002	Chase Evertz
2003	Craig Chapman
	Chase Evertz
2004	Matt Olson
2005	Randy Cunningham
2006	James Campbell
2007	Adam Iverson
2008	Jimmy Crea
2009	Matt Pinewski
2010	Anders Skaalerud
2011	Austin Parent
2012	Drew McLaughlin
	Robbie Goor
2013	Michael Lehn
	Ryan Streetar
2014	Connor Nikolaus
2015	Connor Hudalla
2016	Hunter Wanous
2017	Adam Novack
2018	Noah Tews
2019	Cullen Belisle, Tanner Wanous
2020	Austin Lang
2021	Joshua Graske
2022	Mason Beaver
2023	Alec Dahlvang

Kenny Birrenkott MVP Senior

1990	Brent Johnson
	Tyler Echernach
1991	Steve Magnusson
1992	Bart Johnson
1993	Bob Erickson
1994	Nate Miller
1995	Jon Coe
1996	Mike Braun
1997	Dan Donnette
1998	Jerrid Reinholz
1999	Ryan Eason
2000	Scott Kryzmarzick
2001	Ben Schoff
	Matt Olson
2002	Jake Gausman
2003	Tim Manthey
2004	Matt Sorteberg
2005	Ross Ring-Jarvi
2006	Matt Olson
	Mitch Day
2007	Ryan Noonan
2008	John O'Neill
2009	Dustin Olson
2010	Erik Dahlgren
2011	Jake Carlson
2012	Tyler Hong
2013	Chase West
2014	Adam Orn
2015	Alex Orn
2016	Michael Talbot
2017	Jack Giddings
2018	Carter Perry
2019	Nathan Hadley
2020	Matt Orr
2021	Frank Guimont
2022	Michael McGonigal
2023	Hayden Ceasar

Rookie of the Year

1995	Jerrid Reinholz
1996	Ryan Johnson
1997	Gabe Hilmoe
1998	Bryan Talbot
1999	Ben Schoff
2000	Ben Hendrick
2001	Sean Fish
2002	Matt Sorteberg
2003	Eric Johnson
2004	Ross Ring-Jarvi
2005	Cory Belisle
2006	John O'Neill
2007	Dustin Olson
2008	Brandon Derks
2009	Jake Carlson
2010	Cale Grinde
2011	Luke Leitschuh
2012	Robbie Goor
2013	Gavin Putt
2014	Blake Neumann
2015	Isaac Johnson
2016	Carter Perry
2017	Quinn Putt
	Adam Novack
2018	Riley Schewe
2019	Jack Novack
2020	Austin Lang
2021	Hayden Ceasar
2022	Jackson Pronovcha
2023	Kadden Soukup

Scholar Athlete

1995	Mike Braun
1996	Mike Braun
1997	Blair Johnson
1998	Bryan Talbot
1999	Bryan Talbot
2000	Andy Shold
2001	Brian Pender
2002	Andy LaHoud
2003	Tyler Barclay
2004	Scott Levine
	Dain Randall
2005	Mitch Day
2006	Mitch Day
2007	Jeff Lesmeister
2008	Tony Day
2009	Michael Lesmeister
2010	Michael Lesmeister
2011	Austin Parent
2012	Jeff Herrala
2013	Michael Lehn
2014	Michael Lehn
2015	Spencer Olson
	Taylor O'Neill
2016	Spencer Olson
	Taylor O'Neill
2017	Adam Novack
2018	Jack Weaver
2019	Ethan Erickson
2020	Ethan Erickson
2021	Ethan Erickson
2022	Owen Phelps
2023	Hunter Brunner

MVP Defense

1995	Joe Blake
1996	Ryan Johnson
1997	Ryan Johnson
1998	Ryan Johnson
1999	Ryan Eason
2000	Andy Jurek
2001	Ben Schoff
2002	Tim Manthey
2003	Tim Manthey
2004	Matt Sorteberg
2005	Matt Olson
2006	Matt Olson
2007	Jeff Lesmeister
2008	Jeff Lesmeister
2009	Jimmy Crea
2010	Andrew Olek
2011	Jake Carlson
2012	Andrew Herlofsky
2013	Adam Orn
2014	Adam Orn
2015	Reese Grailer
2016	Reese Grailer
2017	Colin Hans
2018	Brendan Sloth
2019	Brendan Sloth
2020	Ian Andrea
2021	Jacob Reinholz
2022	Jacob Reinholz
2023	Danny Palmquist

MVP Offense

1997	Jerrid Reinholz
1998	Jerrid Reinholz
1999	Bryan Talbot
2000	Scott Kryzmarzick
2001	Steve Friese
	Ben Hendrick
2002	Ben Hendrick
2003	Ben Hendrick
2004	Billy Becker
	Derek Holmes
2005	Ross Ring-Jarvi
2006	John O'Neill
2007	John O'Neill
2008	John O'Neill
	Berkley Scott
2009	Berkley Scott
	Dustin Olson
2010	Erik Dahlgren
	Tony Niederhaus
2011	Cale Grinde
2012	Tyler Hong
2013	Chase West
2014	Cody Pinewski
2015	Michael Talbot
2016	Michael Talbot
	Isaac Johnson
2017	Carter Perry
2018	Carter Perry
2019	Alex Heidenreich
2020	Matt Orr
2021	Frank Guimont
2022	Hayden Ceasar
2023	Hayden Ceasar



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ANOKA HOCKEY HISTORY

According to Craig Torbenson, the author of "Tornado Magic," the first mention of hockey in Anoka was the 1935-1936 season. During the 1930's and 1940's, Anoka High School was enrolled in hockey for some of those years but not in others. Anoka High School Hockey program's first season in the Minnesota State High School League was 1953-1954 and was coached by Charles Bauer. Anoka High School had purchased used uniforms from the St. Paul amateur hockey team. At that time there was no youth programs in Anoka, just the high school team.

Thank you to Coach Alley, who made Anoka Hockey... he truly is the father of Anoka Hockey! In 1954, the Anoka Hennepin ISD 11 superintendent, Morris Bye, hired Jim Alley as a teacher and a hockey coach. When Coach Alley was hired, Anoka had one dimly light outdoor rink, at what is now Sorenson Rink, with poor ice and splintered boards. The prospect were even more challenging when Coach Alley called his first player meeting and realized that few players had decent skates and none had played organized hockey. Needless to say, the team lost heavily, but learned along the way.

Coach Alley pleaded with the school district and the city to construct several outdoor rinks with lights. Outdoor rinks were constructed at Sorenson, Lincoln, Franklin, Champlin and Wilson. He then went to work on developing a youth program that would feed the high school program. He was also responsible for purchasing all equipment for the youth and the high school programs along with raising money to purchase the equipment and some indoor ice at either Aldrich Arena or Wakota Arena. Coach Alley successfully built the Anoka Hockey Program because of his passion and vision for the game.

Coach Alley coached at Anoka High School from 1954 through the 1963 season. In 1964, Joe Poole took over the program and guided the Tornados for 12 seasons. Coach Poole recorded 133 wins and 94 losses. After Coach Poole stepped down in 1977, Terry Abram took over for two seasons. Coach Abram recorded 24 wins and 17 losses during his tenure as the Tornados coach. Mark Kristo was hired and stayed on for one season, 1979-1980, and was 14 and 7. Jack Peterson was hired to coach the Tornados after several successful state championships in the Anoka youth program. Coach Peterson guided the Tornados to their first state tournament bid in 1985. The 1985 Tornados captured third place in the state tournament. Coach Peterson coached for eight seasons and had a record of 124 wins, 63 losses and 2 ties. Greg Rajenan stepped in after Coach Peterson and guided the Tornados to a fifth place finish in the 1990 state tournament. Coach Rajenan was the Tornados coach from 1989 until 1993 and posted 71 wins, 51 losses and 2 ties. In 1994, John Birrenkott took over the program and recorded 88 wins against 39 losses and 5 ties. Coach Birrenkott guided the Tornados

to back-to-back state tournament appearance in 1997 and 1998. In 1997, the Tornados won the consolation championship and in 1998, the Tornados lost in the state championship game against Duluth East 3 - 1. In 1999, Todd Manthey took over the Anoka Tornados Hockey program. Coach Manthey coached the Tornados for 18 seasons and posted a record of 217 wins, 206 losses and 12 ties. In 2003, Coach Manthey's team was crowned the state champion in boys' hockey. It was the first boys' state hockey championship in school history. Coach Manthey led the Tornados back to the state tournament in 2016. Coach Jerrid Reinholz coached from 2016 to 2021 and now Coach Mitshulis will keep the tornado traditions going strong.



The Anoka High School hockey program has fielded a boys' hockey team for over 64 seasons. In that time Anoka has had seven players drafted by the National Hockey League:

Steve Alley	Chicago Blackhawks
Paul Reifenberger	New York Rangers
Tod Hartje	Winnipeg Jets
Steve Magnusson	Calgary Flames
Dan Reimann	New Jersey Devils
Reg Berg	Toronto Maple Leafs
Nate Miller	Los Angeles Kings

The Anoka High School hockey program has also had two hockey players that have played in the Olympic games:

Steve Alley	1976 Olympics
Jeff Hymanson	1976 Olympics

The Anoka High School hockey program has a rich tradition of outstanding hockey players. The rich tradition will continue to grow because of the dedicated individuals within the Anoka Area Hockey Association and the high school level that put forth countless hours to insure the program continues to flourish.

ANOKA HOCKEY HISTORY

Anoka Tornadoes Hockey Coaches

(1953-Present):

Coaches	Years Coached	Wins	Losses	Ties
Wes Bauer	1953-1954	4	2	0
Jim Alley	1954-1963	81	98	0
Joe Poole	1963-1977	159	122	8
Terry Abram	1977-1979	25	17	1
Mark Kristo	1979-1980	15	7	0
Jack Peterson	1980-1989	124	61	4
Greg Rajanen	1989-1993	92	63	3
John Birrenkott	1993-1999	88	39	5
Todd Manthey	1999-2016	217	206	12
Jerrid Reinholz	2016-2021	44	97	9
Ted Mitshulis	2022-2023	4	21	0
Anoka's All-Time Record		853	723	42

ANOKA HOCKEY ALUMNI

First Team All Metro Players

Ron Berg	1972
Mike Ekmark	1972
Paul Reifenberger	1981
Todd Manthey	1984
Tod Hartje	1986
Jon Manthey	1987
Steve Magnusson	1991
Dan Reimann	1991
Reg Berg	1994
Bill Birrenkott	1997
Ryan Johnson	1998
Jerrid Reinholz	1998
Tim Manthey	2003
Matt Sorteberg	2004

Olympic Players

Steve Alley	1976
Jeff Hymanson	1976



Drafted Players

Steve Alley	Chicago Blackhawks
Paul Reifenberger	New York Rangers
Tod Hartje	Winnipeg Jets
Steve Magnusson	Calgary Flames
Dan Reimann	New Jersey Devils
Reg Berg	Toronto Maple Leafs
Nate Miller	Los Angeles Kings

ANOKA HOCKEY CAPTAINS

1952-1953	Donald Bracht, Mel Pearson	1991-1992	Jeremy Coe, Sean Primus
1953-1954	Larry Swanson	1992-1993	Andy Birrenkott, Jon Hanson, Nate Miller
1954-1955	Mart Weidenbach	1993-1994	Nate Miller
1956-1957	Lenny McLaughlin, Bob Ridge	1994-1995	Joe Blake, Jon Coe, Justin Reinholz
1957-1958	Ron Bickford, Bob Ridge	1995-1996	Mike Braun, Steve Lichter
1958-1959	Keith Leider, John Tammi	1996-1997	Jake Froiland, Dan Donnette, Bill Birrenkott, Josh Flynn
1959-1960	David Hyllengren	1997-1998	Jerrid Reinholz, Jesse Fish, Joe Johnson, Jesse Wesp
1960-1961	Don Pearson, Allen Stull	1998-1999	Gab Hilmoe, Adam Sharratt, Bryan Talbot
1961-1962	Roger Erickson, Charlie Adams	1999-2000	Scott Kryzmarzick, Matt Dunsmoor, Andy Jurek, Ben Schoff
1962-1963	Tom Tammi, Bob Peterson	2000-2001	Ben Schoff, Nick Coffield, Matt Olson, Brian Pender
1963-1964	Sandy Jet, Arnie Stull	2001-2002	Sean Fish, Tim Manthey Jake Gausman, Ben Hendrick
1964-1965	Larry Herrboldt	2002-2003	Sean Fish, Tim Manthey
1965-1966	Chet Herrboldt	2003-2004	Chase Evertz, Kyle Olstad, Matt Sorteberg
1966-1967	Phil Rootes, Doug DeLong	2004-2005	Shawn Pietsch, Ross Ring-Jarvi
1967-1968	Chuck Hadley, Marv West, Gary Kish, Doug DeLong	2005-2006	Matt Olson, Mitch Day, Ryan Noonan
1968-1969	John Birrenkott, Greyson Morrow	2006-2007	Ryan Noonan, Will Setterberg
1969-1970	Mike Donnette, Jim Mix	2007-2008	Jeff Lesmeister, John O'Neill
1970-1971	Ron Berg, Buddy Hedberg	2008-2009	Dustin Olson, Berkley Scott
1971-1972	Steve Alley, Bill Lester, Brad Morrow	2009-2010	Leo Breffle, Erik Dahlgren, Andrew Olek
1972-1973	Craig Miller, Rick Wesp	2010-2011	Tony Niederhaus, Andrew Olek
1973-1974	Tom Alley, Kevin Wolters	2011-2012	Dylan Adler, Tyler Hong, Kyle Thorpe
1974-1975	Peter Dale, Jon Holmes, Paul Ziegler	2012-2013	Dylan Adler, Kristen Manthey, Chase West
1975-1976	Jan Erickson, Steve Wolff	2013-2014	Robbie Goor, Adam Orn, Gavin Putt
1976-1977	Dave Holmes, Mike Rose Bryan Renslow	2014-2015	Riley Perry, Alex Orn
1977-1978	Kurt Bebeau, Mark Poce, Pete Sorteberg	2015-2016	Blake Neumann, Spencer Olson Michael Talbot
1978-1979	Mark Garbers, Gary Tolkinen	2016-2017	Jack Giddings, Jared Wilber
1979-1980	Nick Homes, Chris Prosser	2017-2018	Adam Novack, Casey Orn, Carter Perry
1980-1981	Paul Reifenberger, Paul Sorteberg	2018-2019	Quinn Putt, Brendan Sloth, Alex Heidenreich Nathan Hadley
1981-1982	Al Chancellor, Tim Hartje	2019-2020	Ian Andrea, Jack Novack, Matt Orr
1982-1983	Gary Spear, Matt Steinbring	2020-2021	Jack Novack, Tanner Wanous, Frank Guimont, Nate Simon
1983-1984	Todd Manthey, Paul Talbot, Mitch Wiczek	2021-2022	Wyatt Maloney, Austin Lang, Michael McGonigal, Jacob Reinholz
1984-1985	Tony Moore, Greg Manthey, Jeff Morawczynski	2022-2023	Hayden Ceaser, Ben Ficocello, Danny Palmquist, Jackson Provoncha
1985-1986	John Beckman, Jeff Foss, Tod Hartje	2023-2024	Parker Nedland, Jackson Provoncha, Trevor Lang, Mason Beaver
1986-1987	Brad Hamacher, Jon Manthey		
1987-1988	Bo Beckman, Tony Flint, Torrey Kjelstad		
1988-1989	Thad Jensen, Chris McLaughlin		
1989-1990	Matt Bender, Tyler Echternach		
1990-1991	Adam Flint, Steve Magnusson, Dan Reimann		

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ANOKA HOCKEY ALUMNI IN THE COLLEGE RANKS

Chuck Hadley Bemidji
 Justin Reinholz Concordia
 Nick Palumbo Augsburg
 Todd Manthey SCSU
 Marv West SCSU
 Pat Dame SCSU
 Steve Magnusson Minnesota
 Paul Talbot Alaska
 Greyson Morrow Air Force
 Adam Flint River Falls
 John Birrenkott Bemidji
 Dan Reimann SCSU
 Steve West SCSU
 Dan McAlister Air Force
 Bill Lester Bemidji
 Damon Krekelberg Crookston
 Jay Jundkins UMD
 Kevin Peterson St. John's
 Brad Morrow Minnesota
 Dan Lideen Augsburg
 Tom Alley Denver
 Jeremy Coe Notre Dame
 Tom Talbot Air Force
 Chad Chamberlain Crookston
 Craig Miller Gustavus
 Nate Miller Minnesota
 Jim Hayes St. Thomas
 Shane DeFeyter Itasca
 Nick Holmes St. Thomas
 Andy Birrenkott UMD
 Jim Allen Mankato
 Pat Berry Itasca
 Paul Reifenberger St. Thomas
 Joe Blake UND
 Jay Hartje Rainy River
 Ryan Forbes SCSU
 Tim Hartje Air Force
 Reg Berg Minnesota
 Al Chancellor Mankato
 Jon Coe Providence

Tom Hayes St. Scholastica
 Bill Birrenkott St. John's
 Jeff Miller Superior
 Jake Froiland St. John's
 Tod Hartje Harvard
 Dan Donnette Northern Michigan
 Jon Manthey Colorado College
 Jerrid Reinholz Minnesota
 Brad Hamacher Army-West Point
 Rick Talbot St. John's
 Craig King Stevens Point
 Joe Johnson Augsburg
 Tony Flint UMD
 Chad Zwerdling St. Olaf
 Bo Beckman Vermont
 Mike Braun St. Olaf
 Chris McLaughlin UMD
 Bryan Talbot St. John's
 Thad Jensen Concordia
 Gabe Hilmoe St. Thomas
 Tyler Echernach Bemidji
 Ryan Johnson SCSU
 Paul Bender Concordia
 J.P. West St. Thomas
 Andy Jurek River Falls
 Craig Chapman St. Scholastica
 Matt Sorteberg Quinnipiac
 Tim Manthey Army/Stevens Point
 Sean Fish Stevens Point
 Andrew Johnson Eau Claire
 Ben Hendrick Eau Claire
 Ryan Noonan Gustavus
 Ross Ring-Jarvi Gustavus
 Jeff Lesmeister St. John's
 Cory Belisle Hamline
 JD Wells St. John's
 Jeff Giddings Rainy River
 Brett Baudette Rainy River
 Robbie Goor Gustavus
 Adam Orn St. John's

Senior Salutes



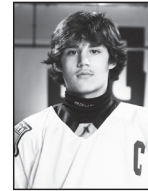
1
**Grant
Kelcher**



Grant,
You've had your eyes on the goalie pads since the day you decided to play hockey. We've loved watching you play over the years and are proud of your commitment, determination and hard work. Enjoy your senior year!
Love, Mom and Dad



3
**Mason
Beaver**



Mason,
It's hard to believe you are in your Senior Season of Hockey. It has gone by so fast! We have been truly blessed watching you grow on & off the ice. Have fun, play hard and soak it all in! We are so proud of you!
Love you Buddy,
Mom and Dad



4
**Trevor
Lang**



Trevor,
Your passion for the game has been so fun to watch these past 14 years and we will cherish the memories forever! Dad and I are so proud of you and can't wait to cheer you on in your senior year.
We love you, Trevor!
Love, Mom & Dad



8
**Jackson
Provoncha**



Jackson,
We have loved every minute of watching you play the game you love the past 13 years! We are so proud of your commitment to hockey, baseball & school, most of all we are proud of the amazing person you are. We love you very much & are excited to watch you as you move on to your next adventures!
Love, Mom and Dad



10 Parker Nedland



Parker,
What a joy it's been to watch you play hockey! It has gone by so fast. Remember all the friends you have made along the way playing Anoka Hockey. We are so proud of you and your accomplishments. The sky's the limit!!
Love, Mom, Dad and Bros



21 Will Cederstrand



Will,
Take these last games and relish every minute. Play with a passion that allows you to let the game go as a player and remain full with the memories it has given you. We are so proud of you and wish you an amazing Senior season.
Love, Mom & Dad

REFEREE SIGNALS



BOARDING
Pounding the closed fist of one hand into the open palm of the other hand.



INTERFERENCE
Crossed arms stationary in front of chest with fists closed



HOLDING
Clasping the wrists of the "whistle hand" well in front of the chest.



CHARGING
Rotating clenched fists around one another in front of chest.



ELBOWING
Tapping the elbow of the "whistle hand" with the opposite hand.



HOOKING
A tugging motion with both arms, as if pulling something toward the stomach.



CROSS-CHECKING
A forward and backward motion with both fists clenched extending from the chest.



HIGH-STICKING
Holding both fists clenched one above the other at the side of the head.



DELAYED CALLING OF PENALTY
Referee extends arm and points to penalized player.



ICING
Linesman's arms folded across the upper chest.



TRIPPING
Strike the right leg with the right hand below the knee keeping both skates on the ice.



KNEEING
Slapping the knee with palm of hand while keeping both skates on the ice.



UNSPORTSMAN- LIKE CONDUCT
Use both hands to form a "T" in front of the chest.



SLASHING
A chopping motion with the edge of one hand across the opposite forearm.



ROUGHING
A thrusting motion with the arm extending from the side.



SPEARING
A jabbing motion with both hands thrust out in front of the body.



MISCONDUCT
Place both hands on hips.



WASH-OUT
Both arms swung laterally across the body with palms down. When used by the Referee it means goal disallowed.



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and friends
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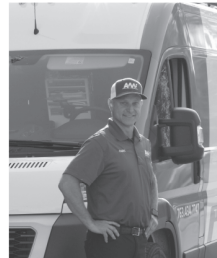
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