	51	52	53	54	55	56	57	58	59	60
Workouts	*Shooting Workout #6*	*Shooting Workout #4*		*Shooting Workout #6*	*Shooting Workout #4*	*Shooting Workout #5*		*Shooting Workout #4*	*Shooting Workout #5*	*Shooting Workout #6*
Workouts		*Dribbling Workout #4*	*Dribbling Workout #3*	*Dribbling Workout #4*		*Dribbling Workout #4*	*Dribbling Workout #3*	*Dribbling Workout #4*		*Dribbling Workout #4*
FAMILY HELP	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room).		Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).		Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).
Off Hand Layups		Make 14	Make 14	Make 14	Make 14		Make 14	Make 14		Make 14
Free Throws	Make 6 in a row		Make 6 FT in a row	Make 6 FT in a row	Make 6 FT in a row		Make 6 FT in a row	Make 6 FT in a row	Make 6 FT in a row	Make 6 FT in a row

	61	62	63	64	65	66	67	68	69	70
Workouts	Shooting Workout #7 Attack Series		Shooting Workout #12 Reggie Miller Series	Shooting Workout #13 Shooting Reps			Shooting Workout #9 Block to Block Series		Shooting Workout #13 Shooting Reps Workout	Shooting Workout #14 Scissor Step Workout
Workouts		Shooting Workout #10 Steve Nash Series			Shooting Workout #15 Finish Series	Shooting Workout #8 Clap Series		Shooting Workout #11 Ray Allen Series		
FAMILY HELP	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room).		Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).		Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).
Off Hand Layups		Make 16	Make 16		Make 16	Make 16	Make 16		Make 16	Make 16
Free Throws	Make 7 in a row		Make 7 in a row	Make 7 in a row		Make 7 in a row	Make 7 in a row	Make 7 in a row	Make 7 in a row	

	71	72	73	74	75	76	78	79	79	80
Workouts	Shooting Workout #7 Attack Series	Shooting Workout #9 Block to Block Series	Shooting Workout #12 Reggie Miller Series	Shooting Workout #13 Shooting Reps	Shooting Workout #14 Scissor Step Workout	Shooting Workout #7 Attack Series	Shooting Workout #9 Block to Block Series	Shooting Workout #12 Reggie Miller Series	Shooting Workout #13 Shooting Reps Workout	
Workouts	Shooting Workout #8 Clap Series		Shooting Workout #11 Ray Allen Series			Shooting Workout #8 Clap Series	Shooting Workout #10 Steve Nash Series	Shooting Workout #11 Ray Allen Series		Shooting Workout #15 Finish Series
FAMILY HELP	Do something nice for your family (garbage, dishes, clean room, etc.).		Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	
Off Hand Layups	Make 5 in a row	Make 5 in a row	Make 5 in a row		Make 5 in a row	Make 5 in a row	Make 5 in a row		Make 5 in a row	Make 5 in a row
Free Throws	Make 8 in a row	Make 8 in a row		Make 8 in a row	Make 8 in a row		Make 8 in a row	Make 8 in a row	Make 8 in a row	Make 8 in a row

	81	82	83	84	85	86	87	88	89	90
Workouts	Shooting Workout #7 Attack Series		Shooting Workout #12 Reggie Miller Series	Shooting Workout #13 Shooting Reps	Shooting Workout #14 Scissor Step Workout	Shooting Workout #7 Attack Series	Shooting Workout #9 Block to Block Series	Shooting Workout #12 Reggie Miller Series	Shooting Workout #13 Shooting Reps Workout	Shooting Workout #14 Scissor Step Workout
Workouts	Shooting Workout #8 Clap Series	Shooting Workout #10 Steve Nash Series	Shooting Workout #11 Ray Allen Series			Shooting Workout #8 Clap Series		Shooting Workout #11 Ray Allen Series		Shooting Workout #15 Finish Series
FAMILY HELP	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).		Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).
Off Hand Layups		Make 7 in a row	Make 7 in a row	Make 7 in a row	Make 7 in a row	Make 7 in a row	Make 7 in a row	Make 7 in a row		Make 7 in a row
Free Throws	Make 9 in a row	Make 9 in a row	Make 9 in a row		Make 9 in a row	Make 9 in a row	Make 9 in a row	Make 9 in a row	Make 9 in a row	Make 9 in a row

	91	92	93	94	95	96	97	98	99	100
Workouts	Shooting Workout #7 Attack Series	Shooting Workout #9 Block to Block Series	Shooting Workout #12 Reggie Miller Series	Shooting Workout #13 Shooting Reps	Shooting Workout #14 Scissor Step Workout	Shooting Workout #7 Attack Series	Shooting Workout #9 Block to Block Series	Shooting Workout #12 Reggie Miller Series	Shooting Workout #13 Shooting Reps Workout	Shooting Workout #14 Scissor Step Workout
Workouts	Shooting Workout #8 Clap Series	Shooting Workout #10 Steve Nash Series	Shooting Workout #11 Ray Allen Series		Shooting Workout #15 Finish Series	Shooting Workout #8 Clap Series	Shooting Workout #10 Steve Nash Series	Shooting Workout #11 Ray Allen Series		Shooting Workout #15 Finish Series
FAMILY HELP	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room, etc.).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).	Do something nice for your family (garbage, dishes, clean room).
Off Hand Layups	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row
Free Throws	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row	Make 10 in a row