



THE 2022 PARENT'S GUIDE TO SOCCER

- *Information*
- *Codes of Conduct*
- *Policies*
- *Laws of the Game*



Coach's Name: _____

Phone Number: _____

Practice Location: _____

Practice Days/Times: _____

WELCOME the Eastview Soccer Club Program

Thank you for participating in our youth soccer program. Parent participation and volunteers help drive our organization. The following will help you understand find a basic overview of what you and your child can expect this season.

Soccer Practices

Practice times and locations are set by the Eastview Soccer Board and each group will play twice per week. In the Spring each group will play either Monday/Wednesday or Tuesday/Thursday. In the Fall, each group will play 1 weeknight and Saturday morning.

Please make every effort to have your child arrive to practices on time, ready to play. Players should be equipped with the following at all practices (and games):

- ***Jersey and socks and shorts***
- ***Shin guards, worn under socks***
- ***Cleats (recommended) or trainers***
- ***Full water bottle, snacks (Is it your day?)***
- ***Soccer ball***
- ***Appropriate clothing for varied weather conditions***
- ***NO jewelry of any kind (including pierced earrings)***

As a courtesy to your child's coach, please pick up your child on time at the end of practice.



Soccer Games

Eastview Soccer Club games are played at various locations close to Eastview High School. Each season will consist of approximately 14 soccer days. Spring Season games are played last week of April thru mid June.

Fall Season games are played mid to late August thru mid October and also have approximately 14 soccer days. Game schedules will be available on the website

Remember, at Eastview Soccer Games:

- ***Parents must sit on the opposite side of the field as the team and coaches.***
- ***No one may sit or stand at the ends of the field (near the goals or corner flags).***
- ***Players may not wear jewelry of any kind.***

Inclement Weather

Due to the unpredictability of Minnesota weather, it is not always possible to determine in advance whether practices and games can be held as scheduled. Please check with your child's coach if the weather appears questionable for practice.

We will cancel games when the weather has an impact on the safety of the players or will significantly damage playing fields. We will send an e-mail to all registered e-mail addresses in the event games are cancelled due to inclement weather.

Website

Check our on the EVAA, Soccer website for field locations and maps, schedules, camps, sponsor specials and all kinds of other information.



CODE OF CONDUCT

Foreword

In order to advance the principals of sportsmanship and fair play and to promote mutual respect among players, coaches, referees and spectators, EVAA has established this "Code of Conduct."

The Code of Conduct shall govern the actions of players, coaches and spectators. The Code is intended to provide behavioral guidance and establish clear expectations for all involved. The Code was not conceived to address every possible behavioral circumstance, however, it shall serve as a standard for behavioral evaluation.

It shall be the obligation of ALL program participants, spectators and volunteers, to comply with the terms and provisions of the Code of Conduct. Any person violating the Code shall be subject to administrative action, up to and including termination of his/her privilege to participate in or attend any or all Eastview sponsored activities.

Code of Conduct: Coaches

Coaches shall remain unconditionally supportive of EVAA commitment to the ideals of good sportsmanship, team play, honesty, loyalty, courage and respect for authority. Likewise, coaches shall remain sensitive to the physical and emotional well-being of the players on their team. In order to adhere to these doctrines the coaches agree as follows:

- **Coaches will be positive role models.**
- **Coaches will display and instill in their players the principals of good sportsmanship and team play.**
- **Coaches will conduct themselves in a manner that best serves the interests of the players.**



- Coaches will do their best to provide the players a positive experience.
- Coaches will ensure that winning and/or losing teams do so in a manner that exhibits respect and good sportsmanship.
- Coaches will treat all players, parents, spectators, opposing coaches and league officials with respect.
- Coaches will provide instruction in a manner that is constructive and supportive.
- Coaches will not ridicule or demean players, other coaches or referees.
- Coaches will refrain from using inappropriate physical contact with players.
- Coaches will not tolerate behavior that endangers the health or well-being of a child.
- Coaches will teach the game of soccer to the best of their ability.
- Coaches will be drug and alcohol free while attending any Eastview athletic event.
- Coaches will not use any tobacco products during their team's practices or during their team's soccer games.
- Coaches acknowledge the need to demonstrate fundamental proficiencies with respect to the game of soccer and Eastview league policies. Consequently, all coaches agree to attend any coaches' meetings and/or skill sessions that may be required by the Eastview Board of Directors.
- Coaches will observe all rules, policies and procedures established or endorsed by Eastview and will comply with the decisions of the Eastview Board of Directors.



Code of Conduct: Players

Players SHOULD...

- Display good sportsmanship and team play at all times. Follow the direction of the Coach and Assistant Coach.
- Respect all, coaches, players, league officials, referees and spectators.
- **Make every attempt to be on time and ready to play for all games and practices.**

Players should NOT...

- **Use abusive or profane language.**
- **Taunt or humiliate any other player.**
- **Argue a referee's call.**
- **Abuse, mistreat or mishandle any Eastview equipment or property.**
- **Wear any jewelry during soccer practices and soccer games.**

Code of Conduct: Parents and Spectators

The Parent and Spectator shall support the players, coaches, referees and league officials. Parents and Spectators shall not "coach" or "officiate". Parents and Spectators agree as follows:

- Parents and Spectators will be positive role models.
- Parents and Spectators will display and instill in all players, the principals of good sportsmanship and team play.
- Parents and Spectators will conduct themselves in a manner that best serves the interests of the players.
- Parents and Spectators will do their best to provide the players a positive experience.
- Parents will make certain that their children show respect for all other players, coaches, officials and spectators.
- Parents and Spectators will not undermine the efforts of coaches during games and practices.



- Parents and Spectators will not ridicule or demean players, coaches or referees.
- Parents will make every effort to ensure that their children attend team practices set by coaches.
- Parents will make every effort to ensure that their children arrive to team practices on time and are picked up from practices on time.
- Parents will inform the coach of any disability or ailment that may affect the safety of their child.
- Parents and Spectators will treat all players, coaches and referees fairly and with respect.
- Parents and Spectators will not question a referee's call.
- Parents and Spectators will respect the opponent and avoid any confrontation with opposing players, spectators, or coaches.
- Parents and Spectators will be drug and alcohol free while at any Eastview athletic event.
- Parents and Spectators will not use any tobacco products during Eastview practices or during Eastview soccer games.
- Parents and Spectators will observe all rules, policies and procedures established or endorsed by Eastview and will comply with the decisions of the Eastview Soccer Board.

Other Policies and Guidelines

Conflict Resolution. If a parent or player is having difficulties with a coach or referee, (or vice versa) EVAA asks that you contact a member of the Eastview Soccer board who will contact the appropriate parties and facilitate a resolution to the problem. ***Do not confront someone at a practice or on the field.***

Poor Behavior. If your behavior as a parent, coach or player is, in the opinion of an EVAA official, detrimental to the game or its players, you may be asked to remove yourself from the premises.

Players Must Play with Assigned Team. Teams may not "pick up" additional players for any game — even if they are currently registered with EVAA. If a team in a particular game is short



players, they may borrow from the opposing team in that game only. If a player is discovered to be playing for a team other than the one he/she is rostered on, he/she may be subject to removal from the league.

EVAA has a ZERO tolerance policy regarding the verbal or physical abuse of referees. If you see this sort of behavior, please report it to an Eastview Soccer Club Board member immediately. Contacts for the board can be found on the EVAA website: <https://www.evaasports.org/contact>



The Eastview Soccer Club Guide to the Laws of the Game

This is a brief summary of the laws of the game for parents and coaches of EVAA players. We encourage parents to learn more about the game from the many resources available at the library, online and in bookstores. **Remember this is the player's game.**

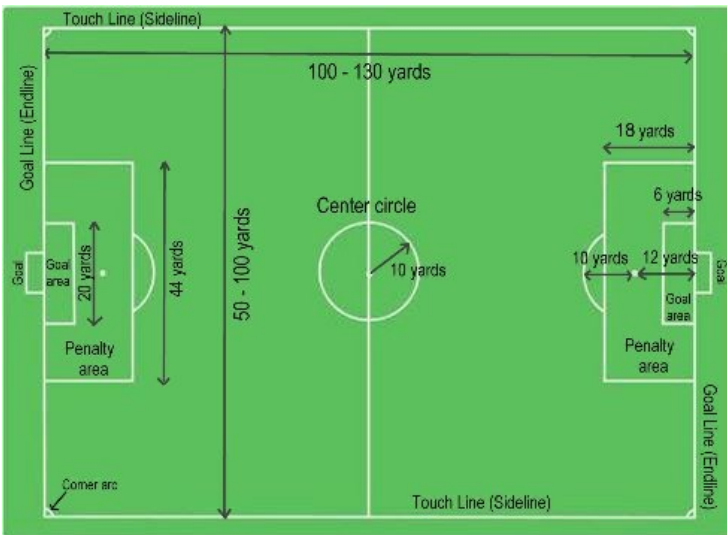
Let them play!

Introduction

EVSC has adapted the laws of the game to recreational soccer to accommodate the wide age range of our players. Except where indicated, the following laws of the game adopted by Eastview come from F.I.F.A. (Fédération Internationale de Football Association) the international governing organization for soccer or the USSF (US Soccer Federation)

The Field

Eastview fields and goals vary in size to be age appropriate. The diagram below shows the parts of the regulation field referred to in the laws of the game. The younger age group fields may not have all the markings due to their age specific rule variations.



The Players

- 11 players play on a full-sided soccer team. Our teams are smaller, depending on player age, to promote faster individual player development with more ball touches.
- Player positions include goalkeeper starting at Grade 1-2 (*Pre K and K have no goalie*), defenders (*called full backs or center backs*), midfielders (*sometimes called half backs*), and forwards (*sometimes called strikers*). We attempt to play all players in different positions during the season.
- Players' primary roles:
Goalkeeper defends the goal and may use their hands in their own penalty area;
that all players must share defending and attacking responsibilities. All players can score and all players can move anywhere on the field.



The keys are communication and teamwork. If the other team has the ball, we need to defend as a team. If we have the ball we need to attack as a team.



The Officials

- The Referee: she/he is the timekeeper, enforces the laws of the game, starts, stops and restarts the game, maintains safe play, allows substitutions of players and cautions or penalizes players. Players, coaches and parents must respect his/her rulings on the field.
- The Assistant Referee: she/he assists the referee by signaling when the ball is out of play and by signaling infractions by players.

Playing the Game

- Each half begins with a kickoff at the center circle on the half line.
- A player may use any part of her/his body, except the hand or arm to control or score the ball.
- **Slide tackling is not permitted.**
- The ball is in play when it is on the field or if any part of it is touching the touchline or goal line.
- The **entire ball** must cross the entire goal line in the goal to score.
- Play is continuous (**no time-outs**) until a goal is scored, an infraction is whistled or the ball goes out of play.

Play is restarted by:

1. **A THROW-IN**—when the ball crosses the touchline out of play. The team that did not touch the ball last takes the throw-in. The player taking the throw must use both hands, bring the ball from behind their head, and both feet must be in contact with the ground when the ball is released.
2. **A GOAL KICK**—taken by the defensive team when the offensive team has kicked the ball across the goal line out of play. All players from the offensive team must be



outside the penalty area until the ball leaves the penalty area. Either team may not play the ball until it has left the penalty area.

3. **A CORNER KICK**—taken by the offensive team when the defensive team has kicked the ball across the goal line. The kick is taken from the corner arc on the goal side where the ball went out.
4. **A FREE KICK**—awarded by the referee after a player infraction. The free kick may be direct or indirect (see following) and may not be obstructed, meaning defending players must be an appropriate* distance from the ball.
5. **A KICK-OFF**—after a goal is scored. Taken by the non-scoring team. Can be kicked forward or back.

** Appropriate distance is determined by the size of the center circle for each grade level*



Answers to Frequently Asked Questions

When Can the Goalkeeper Use Their Hands?

A goalkeeper may handle (use her/his hands) the ball only in her/his own penalty area. A goalkeeper may not handle the ball when it is deliberately thrown in or passed to her/him by a teammate. Remember that the goalkeeper outside the penalty area is like any other player and has no special privileges.

What is Offside?

EVAA enforces the offside law in **Grade 5-8 only**. In simplest terms, a player is offside if she/he is closer to the opponent's goal line than the ball, or two members of the defending team.

If the offside player is involved in the play or gains an advantage for her/his team, she/he will be whistled offside and a free kick will be awarded to the other team at the spot of the infraction. Remember that a player is not offside in her/his team's own half of the field or on a throw-in.

Free Kick - Indirect or Direct?

Eastview enforces direct free kicks in 5-8 Grade only. Direct;

means a goal can be scored directly from a free kick without

touching another player before crossing the goal line. **Indirect;**

means the ball must be touched by another player before it crosses the goal line to be a goal.

Yellow Card? Red Card?

- **In 3rd grade and above**, referees may signal the most serious infractions with a yellow card (caution) or a red card (dismissal of the player from the game).
- Serious or deliberate dangerous infractions, which could draw a



card, include slide tackling from behind, kicking or punching an opposing player and/or pushing or pulling a player to the ground.

- A player receiving a 2nd yellow card in the same game will be dismissed with a red card. A player (or coach or parent) who receives a red card in a game must also sit out the following game that the team plays.

When is a Penalty Kick Awarded?

For 5-8 Grade only, The referee may award a penalty kick, when called for under the laws of the game, for a *direct* kick infraction by a defender in his/her own penalty area. The kick is taken from the penalty spot or mark.

