

# **Anoka Area Hockey Association COVID-19**

Preparedness Plan Updated 9/9/2020

Phase III expected start: September 1, 2020

Anoka Area Hockey Association (“AAHA”) has implemented guidelines to help reduce the spread of COVID-19. These guidelines are taken from strategies set forth by the Minnesota Department of Health (“MDH”) and its Guidance for Social Distancing in youth sports, the Center for Disease Control (“CDC”), USA Hockey, Minnesota Hockey, and other local governing bodies. AAHA will continue to update its COVID-19 Preparedness Plan as new guidelines are announced. AAHA requires each of its members to follow these guidelines.

The information in this Preparedness Plan is not intended to be a substitute for any diagnosis, treatment, or other professional medical advice. The information surrounding COVID-19 is constantly changing and AAHA makes no representation and assumes no responsibility for the accuracy and completeness of the information contained in this Preparedness Plan. However, AAHA will continue to do its best to update this Preparedness Plan and its members as to any changes mandated by the MDH, CDC, Minnesota Hockey, and other governing bodies. Questions or concerns regarding this plan should be directed to Katie Lang ([aahapresident4@gmail.com](mailto:aahapresident4@gmail.com)).

AAHA continues to work closely with both the Anoka Ice Arena and District 10 Hockey. Both organizations are committed to providing a safe and clean environment. Anoka Ice Arena instituted similar rules which need to be followed by all AAHA members when using their facilities. District 10 is currently working on a District wide arena preparedness plan where you can access all D10 arena plan’s to prepare prior to arriving to their facilities. Once this has been communicated this preparedness plan will be updated and shared with all AAHA membership.

Minnesota Hockey and District 10 have both indicated that the season will progress as scheduled unless the state mandates youth sports, or specifically youth hockey, be cancelled. Minnesota Hockey released their Phase 3 plan stating that this final phase of return-to-play opens on September 1 and follows Minnesota’s Stay Safe Phase III Plan and MDH guidelines.

- Players or coaches with any risk factors or symptoms should not participate.
- Players should follow all posted rink guidelines and the AAHA COVID-19 preparedness plan.
- AAHA will follow Association Guidelines for Managing Confirmed COVID-19 Cases.
- Each team will have a designated manager volunteer position who will be responsible for responding to COVID-19 concerns and will help coordinate with the AAHA and local health authorities regarding positive cases.
- AAHA Dryland area is closed until further notice and indoor team training is not advised during Phase 3. Outdoor dryland training is available with social distancing measures in place.

**AT-HOME PREPARATION BEFORE YOU ARRIVE AT THE RINK:**

- Coaches and players with any risk factors or illnesses should not participate in any on-ice or off-ice activity. Any player, coach, parent, or spectator exhibiting any symptoms or signs of an illness should NOT be in the rink or any activity at any time.
- A self-check should be performed by each member prior to participating in any AAHA activities. A sample monitoring document can be found here: <https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>
- If any of the following conditions exist, do not attend your AAHA activity:
  - Recent contact with a known infected person(s)
  - Experiencing typical symptoms of the COVID-19 illness
  - If temperature is elevated, and a fever is suspected, do not come to the AAHA event.
- All coaches and players must be registered with USA Hockey for the 2020-21 season and complete the USA Hockey waiver before participating in any AAHA sanctioned activity.
- Players must be registered with the AAHA before any on-ice activity will be allowed.
- It is expected that families will provide the coaches and team COVID managers with accurate contact information with a responsible parent/guardian who:
  - is always able to be reached during an AAHA event in case of an emergency.
  - is available to immediately return to the rink if required.
  - is to be used for any contact tracing, in case of an emergency.

**RINK REQUIREMENTS:**

<http://anokaicearena.com/news.html>

**EMERGENCY PLAN FOR POTENTIAL SICK PLAYERS:**

- All AAHA Rostered teams will be required to name a team manager. This individual will need to complete the safe sport and background check requirements as defined by USA Hockey. Part of the role of the team manager will include the following activities:
  - Maintain up-to-date contact information for all players, parents and coaches
  - Be the point of contact to Katie Lang- AAHA Hockey Board COVID Manager for any positive or potential positive COVID case.
  - Update the team on any changes in rink or facility COVID specific plan changes or requirements
  - Upon a positive test to a player or coach on their team, notify any opponents or teams that practiced or played with the infected player over the previous 14 days.

- In the event a player arrives at a facility and has an elevated temperature of 100.0 degrees or higher, or in the event a player falls ill during an on-ice activity, the player will be removed from the ice and placed in a designated room with a supervising adult. The player's parent/guardian in the emergency contact listing will be contacted immediately to pick up the player.
- If a player/coach/parent is symptomatic and has taken a test, it is expected that the player removes themselves from all team activity until a result is obtained.
- If a player tests positive for COVID, the family must report the positive result immediately to AAHA by emailing [aahapresident4@gmail.com](mailto:aahapresident4@gmail.com) and AAHA will report the case to MDH and local health officials. AAHA will then identify and contact those who had been in contact with the player and will follow up immediately with those identified on the contact list. Team activities will be paused until local health officials and/or MDH is consulted.
- If a positive case is revealed on the team of an opponent, it is expected that the team monitor the health and temperatures of all involved very closely for 14 days.
- Prior to the start of the season, all coaches and team managers will be trained on how to handle COVID-related emergencies per Minnesota Hockey guidelines.

#### **COMMUNICATION and PROTOCOL**

- AAHA will continue to update its members as to any changes to the COVID-19 Preparedness Plan. As information and guidelines from MDH, the CDC, and Minnesota Hockey continue to change, AAHA will do its best to promptly update its Preparedness Plan and notify its members accordingly as soon as possible.
- This plan supplements existing AAHA policies, rules, procedures and regulations. All current policies, rules, procedures and regulations remain in full effect, except for instances where this plan directly contradicts another current policy, rule, procedure or regulation. Therefore, users are encouraged to review all other such policies, rules, procedures and regulations in conjunction with this plan. In the event a member has any questions related to the Preparedness Plan, please contact Katie Lang at [aahapresident4@gmail.com](mailto:aahapresident4@gmail.com)
- The AAHA's Preparedness Plan was communicated to all members as of September 10<sup>th</sup>, 2020. Additional communication and training will be ongoing as the COVID-19 effects continue to evolve.