

Name and coaching age group:	Aaron Loukes, U12
Nicknames:	Coach Aaron, ML (Mr. Loukes), Big Tuna
Favorite snacks:	Crunchy granola bars and salt and vinegar chips
Favorite Loon Trail:	Walking Boss
Favorite Spot in town:	Kanc Ski Slope
Pets:	Dog-Remy Cats-Teddy and Nugget
Favorite part about coaching:	Seeing the improvement and confidence that the athletes develop over the year and years ahead.
Least favorite part about coaching:	Pressure put on young athletes from parents.
Ski racing and/or coaching experience:	Grew up in skiing and racing at Stowe Vermont, attended the winter term academy 2 years of my high school. Went on to race at Plymouth State for 4 years. I have been coaching the Lin-Wood Ski Teams for 31 years and coached for LRT for approximately 25 years. I took some time off when my kids were young.
How do you spend Monday-Friday:	Physical Education Teacher at Lin-Wood
Where did you grow up skiing:	In Vermont at Cochrans Ski Area, Bolton Valley and Stowe.
When you aren't skiing, how do you spend your free time?	Hiking or biking in the summer and using my alpine touring set up in the winter.
One piece of advice you received from an adult when you were younger	Treat people how you would want to be treated. Work hard, be kind and always try your best.
An interesting or fun fact:	I love unicorns and narwhals.

According to youth who know Coach	It's always a great day to ski. There is no bad weather...just bad clothing. He is an awesome coach and so fun to be around. He is strict but fun and has good stories. Aaron always says Good Morning, and never messes up our names.
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