



## Chiefs Hockey Club COVID-19 Policy

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The Chiefs Hockey Club is committed to providing a safe and healthy environment to all of our players and families. During this pandemic, our primary concern is to mitigate the potential for the transmission of COVID-19 within our club and the community. To do so, this will require full cooperation from our family members, players and coaches. These times also require flexibility and patience as the circumstances surrounding this virus are constantly changing.

Even with the most stringent policies in place and our best efforts, we cannot completely eliminate the risk that COVID-19 presents. If you have an underlying health condition or a specific health concern about participating in hockey this season, as a player or a spectator, the club encourages you to not attend club functions. Club functions are attended voluntarily by all.

Please review the following Chiefs Hockey Club policy regarding COVID-19. Please be mindful of the continuously evolving environment and that changes to this policy will be necessary as time progresses. We will notify all families by sending an email to the address listed on your League Athletics account, as needed. Please ensure your account and contact information is up to date by logging into your account and making necessary changes, if needed.

**We recommend that all families treat all situations as if those around them have tested positive. By following CDC guidelines, this policy and common sense, you can help protect yourself and those around you. Protect yourself and be mindful that your own illness could impact those around you. If the hockey community desires less restrictions, we must be diligent.**

### **Chiefs Hockey Club Health and Safety Committee**

The club has formed a Health and Safety Committee with the sole purpose of informing and guiding the club's Board of Directors on health and safety matters, policies, procedures and best practices. The committee is comprised of Chiefs parents with diverse professional skills to best guide the Board on important, related issues. The committee consists of an attorney, medical doctor, a fire department chief of training and safety and the club President.

### **"Sick Children Stay Home" Policy**

The Chiefs Hockey Club maintains a "When Should Your Child Stay Home?" policy. The club requests that all parents show common sense and respect to other families when you believe your player (or a participating family member) may be sick. Please allow them to stay home or stay in their hotel room, if you are at a tournament. Parents of sick family members, who disregard this policy, may be subject to disciplinary action by the Chiefs Rules and Conduct Committee.

### “When Should Your Child Stay Home”?

- Any illness which is accompanied by decreased energy and an inability to sustain usual daily activity level.
- Diarrhea or Vomiting: until illness is over and your child does not experience vomiting or diarrhea for at least 24 hours – without use of medicine.
- Red eye(s) or Skin Rash: Your child may return to hockey when accompanied by a doctor’s note which states your child is cleared to return. If eye drop medication is prescribed, your child will need to complete 24 hours of medication at home, prior to returning to hockey.
- Bad coughs/cold symptoms (continual coughing, persistent runny nose, headache) which cause interference with your child’s ability to focus on school and hockey activities.
- Fever of 100 degrees or greater, by mouth (or 99 degrees or greater under the arm). Your child should be fever-free for 24 hours, without the use of medicine before returning to hockey.
- If antibiotics are prescribed for communicable diseases, the medication must be given for 24 hours at home before the student returns to hockey.
- Your player or family member exhibits COVID-19 symptoms - People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with one, some or all of these symptoms may have COVID-19:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

### **COVID-19 Close Contact Policy**

1. In the event that you or your player comes into **close contact** with someone who tests positive for COVID-19, within 14-days of your **close contact**, please be advised of the following.
2. You must notify the club as soon as you hear of the test results of the individual in close contact by immediately contacting club Board Members, Craig Nicks [nicks.craig@yahoo.com](mailto:nicks.craig@yahoo.com) and Meredith Vogel [chiefshockeyvp@gmail.com](mailto:chiefshockeyvp@gmail.com)
3. All emails sent to these two email accounts will remain confidential.
4. For individuals who come into **close contact** with someone known to be positive for SARS-CoV2, aka COVID-19, the CDC recommends 14 days of quarantine. Contact your medical professional for more information.
5. **Close contact**, according to the CDC, is defined as:
  - a. You were within 6 feet of the positive individual for 15 minutes or more (for example individuals from separate families car-pooling)
  - b. You had direct physical contact with the positive individual, and/or
  - c. The positive individual sneezed, coughed or got respiratory droplets on you

- d. Note: Families are reminded to avoid being in close contact situations that violate social distancing. For this reason, car-pooling should likely be avoided. If absolutely necessary, car-pooling with the windows open and while wearing masks is a good practice that may reduce exposure.
6. In cases of a close contact situation, the Chiefs Hockey Club will require the player to avoid club activities and quarantine for 14 days, starting from the day of close contact.

### **COVID-19 Positive Test Policy**

1. In the event that you, your player, or someone you live with tests positive for COVID-19, please be advised of the following.
2. You must notify the club as soon as you hear of the test results of the individual in close contact by immediately contacting club Board Members, Craig Nicks [nicks.craig@yahoo.com](mailto:nicks.craig@yahoo.com) and Meredith Vogel [chiefshockeyvp@gmail.com](mailto:chiefshockeyvp@gmail.com)
3. All emails sent to these two email accounts will remain confidential.
4. For individuals who test positive for SARS-CoV2, aka COVID-19, the CDC recommends 10 days of isolation from symptom onset or the date of positive test results. Contact your medical professional for more information.
5. In cases of a test positive situation, the Chiefs Hockey Club:
  - a. Will require avoidance of club activities during the 10 days of isolation from symptom onset or until negative test results, or as directed by his/her doctor.
  - b. Will allow the individual back to club activities after:
    - i. At least 10 days since symptoms first appeared **and**
    - ii. At least 24 hours with no fever without fever-reducing medication **and**
    - iii. Other symptoms of COVID-19 are improving (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation)

### **COVID-19 Positive Test Club Communication Policy**

1. When news of a positive test case or close contact is received, the club will inform families of the impacted level. Family names will be kept confidential.
2. If the positive test case or close contact player or coach's team recently shared ice with another team, that team's level will be made aware as well.
3. All teams/levels who shared ice, for up to 7 days prior, with the positive test case or close contact individual, will be notified.
4. As always, parents will be advised in an effort to remain proactive and transparent so that each family may decide to attend voluntary club activities.

### **Edge Ice Arena Rules:**

1. The Chiefs Hockey Club requires all club members to abide by the rules provided by the Edge Ice Arena.
2. Players or family members not following these rules will be ejected from the facilities and additional disciplinary action may be taken by the club Rules and Conduct Committee.
3. Since the Chiefs rules and policies, as well as the Edge Ice Arena rules, are in place with your family's safety in mind, we expect all to follow them. Please feel free to report any violations to any club board member.
4. It is each family's responsibility to be familiar with these rules.
5. A copy of these rules (as well as this policy document) is available at [chiefshockeyclub.org](http://chiefshockeyclub.org) website in the Documents section / General Club Documents folder.

Chiefs Hockey Club Board of Directors