



Touch of Gold Ironman Tournament
March 9TH & 10TH, 2019
SAGE VALLEY JUNIOR HIGH SCHOOL
1000 W. Lakeway Rd., Gillette, WY 82718

WRESTLE FOR A REASON - Admissions will be donated to Jason's Friends, whose mission is "to assist Wyoming families whose children suffer from childhood cancers or brain or spinal cord tumors by providing critical non-medical financial assistance, advocacy and encouragement."

MUST PRE-REGISTER & PAY ONLINE THROUGH TRACKWRESTLING.COM
DEADLINE FOR REGISTRATION IS MIDNIGHT, THURSDAY, March 7th, 2019

ENTRY FEE: \$25 PER STYLE OR \$60 FOR ALL 3 STYLES.

Admissions = wrestlers, refs, coaches are free; 5 and under are free; Students (K-12) = \$3/day, Adults = \$5/day
Concessions will be available all day Saturday and Sunday. Hospitality area will be available for tournament workers and refs. Refs will be paid.

*HEADGEAR IS REQUIRED

*RED AND BLUE SINGLETs ARE REQUIRED FOR FREESTYLE AND GRECO

*CURRENT USA CARD REQUIRED

****6 & UNDER (PEEWEE) CANNOT WRESTLE GRECO****

SATELLITE WEIGH-INS ONLY: Must be conducted by a current licensed USAWOA mat or pairing official or a current USAW licensed coach. A roster of all wrestlers' names, age divisions, and actual weights must be emailed to gillettetog@gmail.com by Midnight, Thursday, March 7th. *Head officials reserve the right to re-weigh any wrestler/club at the tournament (2lb allowance)

SATELLITE WEIGH-INS MUST FOLLOW ALL USA WRESTLING GUIDELINE RULES*

**** WRESTLERS ONLY NEED TO CHECK-IN ONCE****

You MUST provide your USA card at check in.

Age Divisions: Pee-Wee (6U), Bantam (8U), Intermediate (10U), Novice (12U), Schoolboy/girl (14U)
Wrestle the age you will be in 2019

Saturday, March 9, 2019 Folkstyle

6U & 8U = 7:00-7:30 A.M. Check-in, skin & fingernail check, in hallway behind main gym
8:30 A.M. (approx.) start wrestling

10U, 12U, & 14U = 10:00-10:30 A.M. Check-in, skin & fingernail check, in hallway behind main gym
11:00 A.M. (approx.) start wrestling

Sunday, March 10th, 2019 Freestyle & Greco

7:00-7:30 A.M. Check-in, skin & fingernail check (all ages that have not checked in already)

8:30 A.M. (approx.) start wrestling

****Greco will start ½ hour after Freestyle is completed****

Medals will be awarded for 1st, 2nd, & 3rd place. **Ironman Champion Custom Singlet** will be awarded to the champion wrestler in all 3 styles (must wrestle at least 3 opponents in each style).

