

All In Ice Skating Lessons

A North Buffalo Rink Program

Mini Blades 1, 2, 3 (Ages 3-6)

All In Ice Skating Lessons,
a North Buffalo Rink program,
is proud to be offering **Mini Blades 1, 2, & 3**.

The Mini Blades levels are introductory classes divided into three progressive levels allowing children with no prior skating experience to build confidence while learning the basic skills of skating. These classes are designed to help children six and younger develop the ABCs of movement – Agility, Balance, Coordination and speed.

Register for classes at www.northbuffalorink.com

For more information contact:

Skating Director

Delene Mackenzie at allinskatinglessons@gmail.com

Rink Manager

Nick Price at (716) 253-3432

Mini Blades 1 (Age 3-6)

*Never skated before.

- Sit and stand up with skates on - off ice
- Sit and stand up - on ice
- March in place - Right and Left
- Sideways ladder march - Right and Left
- Pick up and stack cones while standing
- March forward 10 steps
- Marching on S curves
- Dips in place
- Start backward wiggles

Mini Blades 2 (Age 3-6)

*Must have passed Mini Blades 1

- March forward with a two-foot glide
- Moving dip
- Backward wiggles
- 4 Backward walking shifting weight
- Forward swizzles
- Rocking horse
- Backward swizzles
- Sideways cross over ladder march
- Beginning snowplow stop motion in place

Mini Blades 3 (Age 3-6)

*Ages 3 to 6 must pass Mini Blades 3 to go to Hockey 1

- Forward skating across the ice
- Straight line scooter pushes Right and Left
- Forward one-foot glides - Right and Left
- Hockey swoops on curves - Right and Left
- Half swizzles on a straight line- Right and Left
- Backward skating
- Backward two-foot glide
- Two-foot turns in place - Forward - Backwards - Forwards
- Moving snowplow stop - Right and Left
- Moving snowplow stop - Two feet



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