



Lord Fletcher's Volleyball has adopted the USA Indoor Volleyball Rules with minor adjustments to accommodate the outdoor beach environment. The following is a fairly significant outline of the playing rules and the adjustments. For any playing situation not addressed in this outline, please refer to the USA Volleyball Indoor Domestic Competition Regulations.

MOST IMPORTANTLY HAVE FUN!!!!

Playing Area and Equipment:

1. Balls will be supplied by the league. Please respect the equipment and retrieve lost balls.
2. A ball is considered in bounds if it touches the line. A ball is out of bounds if it lands completely outside the lines or touches any object outside the court.
3. All side netting will be considered out of play or at the discretion of the official due to wind and other factors.

Players and Positions:

1. Four players minimum at all times in Sixes leagues. Must have at least six total players and at least three female players for playoffs.
2. If a team does not have enough players, they have a five minute grace period from their scheduled starting time. At the end of the grace period, the incomplete team forfeits the first set. After and additional 10 minutes, if the team still does not have enough players, they forfeit the match.
3. For teams with more than six players, a substitute can rotate into the middle back position.

4. At the time the ball is contacted on the serve, all players, excluding the server, must be in serving order.
5. At the time the ball is contacted on the serve, all players must be within the boundaries of the court.
6. After the service, players may exchange positions.

Waivers/Substitutes:

1. Waiver sheets must be signed by all players, including subs.

Volleyball Etiquette:

1. Profanity will not be tolerated. A player may be ejected if conduct continues.
2. A player may not obstruct the view of a player receiving the ball.
3. The referee decisions are final. Team captains may not argue a judgement call, but they may ask for a rule clarification on the play in question.
4. Any excessive contact with the net (hanging, pulling, hitting, etc.) outside the normal course or continuation of play will not be tolerated. This rule needs no warning and includes the time periods before and after the match. Extreme violations will result in the disqualification of the player.
5. It is unsportsman like conduct to call a ball in or out on the opposing teams side in an attempt to influence the opposing team to play or not play the ball.
6. Players must be 21 years of age to play. Must be 21 years of age to be on the property after 10pm.
7. Civil behavior by all participants is expected. Harassment, rude or threatening behavior directed at officials or participants may result in a suspension from the league at the discretion of the league director.

Playing the Game:

1. Serve and side will rotate each set. Switch sides at 11 only in 3rd set.
2. One 20 second Time Out is allowed for each team for each set.

Matches/Sets:

1. A match consists of 3 sets. The first 2 sets will be played to 25 points with a 27 point cap. The 3rd set will be played to 21 points. During playoffs, matches will be best of three sets. If a third set is required,

that set will be played to 15 points, but there will be no cap. Teams must win by two points.

Serving;

1. The ball may be served from at any point behind the end lines and between the sidelines.
2. On court A, B, C and the South side of court D when needed, you may take one step over the backline to serve the ball. You may not have your second foot touch the line or touch inside the court before ball is released. You may not take a step over the line when jump serving.
3. Player must wait for the official's signal before serving.
4. You are not allowed a missed toss while serving.
5. A serve may not be attacked or blocked.
6. A serve can only be initiated with contact by a hand or arm.

Playing the Ball:

1. Any ball caught or thrown is a fault.
2. Multiple (double) contacts are allowed on the first contact.
3. **This season, players can now double-touch the ball on the second hit, as long as it's to a teammate—not straight over the net. This means setters and defenders have more freedom. Expect fewer referee disputes, more rallies, and even more epic moments as teams adjust to these cutting-edge rules.**
4. Any ball sent over to the opponent's side on the second or third contact will be judged more harshly than a second ball directed to a teammate.
5. The other team should not have to play with your junk.
6. "Beach sets" are permitted, but they are judged more harshly.
7. If two players on the same team contact the ball simultaneously, it is considered one contact and either player may make the next contact.

Hitting/Attacking;

1. Contacting the net while attacking or playing the ball is a fault.
2. Attacking a ball completely on the opponents side of the net is a fault.
3. Back row attacks are permitted if the back row attacker is clearly behind the imaginary ten foot line.

Blocking;

1. Some part of the player must be above the height of the net to be considered a blocker.
2. A touch by the blocker does not count as a contact. A team is allowed three more contacts after the block.
3. A woman contacting the ball on a block does not constitute a contact by a woman.
4. It is a fault to contact any part of the net in between and including the antennas while attempting a block
5. A ball driven into the net by an opposing player cannot cause a net fault by a blocker.
6. Clothing contacting the net is a fault.
7. Hair contacting the net is NOT a fault.
8. Contact with the net when not in the act of playing the ball is not a fault.
9. Blocking the ball on the opponent's side of the net is a fault if the opponent has not been allowed to make all three contacts (and is in position to do so), or has not directed the ball in a trajectory that would take the ball over the net.

Centerline;

1. A player may go under the net as long as they do not interfere with opponent attempt to play the ball or create a safety concern.
2. A player may not interfere or attempt to interfere with an opposing player playing the ball legally under the net.
3. A player may not interfere with an opposing player attempting to play a ball rebounding out of the net. The blocker cannot place their hands close to the net so when the ball hits the net and the blockers hands and is directed away from the opposing player.

Co-ed Rules

1. Sixes teams must have at least 1 gal; three guys maximum.
2. Co-ed sixes line-ups must alternate male/female/ male/female/male/female.
3. When only one male player is in the front row, another male player from the back row may play in the front row, after the serve, for blocking purposes only. He may not attack any ball that is completely above the

height of the net, but can drive the ball over the net while positioned in the front attack zone.

4. Any ball contacted more than once on a side must be contacted by a female player. Two male players may contact the ball consecutively as long as the first or third contact was made by a female player (A touch on the block by a male does not count as a male contact).