



# SKATE YOUR HEART OUT – 2024 Compete USA Basic Skills Competition



Sponsored by

The Skating Association of Maine

(Approval #34193)

The seventeenth annual Compete USA Basic Skills Competition, “Skate Your Heart Out”, sponsored by the Skating Association of Maine will be held at the Ice Vault, 203 Whitten Road, Hallowell, Maine on **Monday, February 19, 2024**, from approximately **11:00am – 4:00pm** – time subject to change. The arena measures 200’x 85’ with rounded corners.

## ELIGIBILITY and TEST REQUIREMENTS

The competition is open to ALL skaters who are current members of either Learn to Skate USA and/ or those who are full members of U.S. Figure Skating (including Aspire). Members of other organizations are eligible to compete but must be a current registered member of Learn to Skate USA or a full member of U.S. Figure Skating.

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam & Basic 1-6** skaters must skate at highest level passed or one level higher, and NO official U.S. Figure Skating tests may have been passed, including skating skills or individual dances.

For **Aspire 1-4 through Preliminary levels** and also all **Adult levels**, eligibility will be based only upon highest free skate badge level or free skate test level passed. Moves in the Field test level will not determine a skater’s competitive level. Skaters may skate at the highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

## ENTRIES AND FEES

Registration deadline is **Monday, February 5, 2024.**

All registrations and payments are to be done through Entryeeze, an online registration site. A link to the registration can be found on the Skating Association of Maine website ([www.maineskaters.com](http://www.maineskaters.com)). Entry fees are per person, in U.S. dollars. The first individual event is \$50.00, each additional individual event is \$15.00, and the team event is \$10 per skater. NO refunds after closing date unless event is canceled. Late entries will be accepted only if time allows, at the discretion of the organizing committee. **Late Fee: Add \$10.**

## AWARDS

There will be no more than 6 skaters in each event. Everyone will receive an award. All events will be final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. Award ceremonies will be appropriately placed throughout the competition schedule.

## SCHEDULE OF EVENTS

Schedules will be posted on the Skating Association of Maine website ([www.maineskaters.com](http://www.maineskaters.com)) and the Entryeeze event page no later than Wednesday, February 14, 2023. Information regarding groups and skating times will be e-mailed prior to the beginning of the competition.



# SKATE YOUR HEART OUT – 2024

## Compete USA Basic Skills Competition



### EVENTS OFFERED

Click [HERE](#) to view the overall program requirements for the current season.

*This competition will use program requirements for the 2023-2024 (Jan 1 – June 30) season.*

Compete USA Events	Judging	Web Link to Requirements
Snowplow Sam – Basic 6 Elements	6.0	<a href="#">SPS - BASIC 6 Elements</a>
Snowplow Sam – Basic 6 Program with Music	6.0	<a href="#">SPS - BASIC 6 Program</a>
Aspire 1-4 Compulsory Elements	6.0	<a href="#">ASPIRE Compulsory</a>
Aspire 1-4 Program with Music	6.0	<a href="#">ASPIRE Program</a>
Excel Compulsory Elements	6.0	<a href="#">EXCEL Compulsory</a>
Excel Free Skate with Music	6.0	<a href="#">EXCEL Free Skate</a>
Well-Balanced Compulsory Elements	6.0	<a href="#">WELL-BALANCED Compulsory</a>
Well-Balanced Free Skate (No Test-Preliminary)	6.0	<a href="#">WELL-BALANCED Free Skate</a>
Adult Compulsory Elements (Adult 1 – Bronze)	6.0	<a href="#">ADULT 1 - BRONZE Compulsory</a>
Adult 1 – 6 Free Skate	6.0	<a href="#">ADULT 1-6 Free Skate</a>
Adult Free Skate (Beginner – Bronze)	6.0	<a href="#">ADULT BEG. - BRONZE Free Skate</a>
Team Compulsory Elements (All Levels)	6.0	<a href="#">TEAM Elements</a>
Showcase (All Levels)	6.0	<a href="#">SHOWCASE</a>

### PRACTICE ICE

Times will be announced at a later date. Practice ice information will be e-mailed after the close of entries.

### MUSIC

Music for all free skating programs and showcase programs must be uploaded through Entryeze. It is also recommended that the coach or skater bring along an extra copy of music as a back-up.

### ELIGIBILITY FOR COACHES/INSTRUCTORS

To be credentialed at a Compete USA event, coaches/instructors are required to be:

- Learn to Skate USA Instructor compliant
- OR
- U.S. Figure Skating coach compliant

### CONTACTS

For Questions or additional information please contact competition organizers:

Melissa Emerson - [memerwich@roadrunner.com](mailto:memerwich@roadrunner.com) – 207-485-0144 or

Mark Ellis - [ellismarkj@gmail.com](mailto:ellismarkj@gmail.com) – 207-446-7927 or

Keilys Arvello - [keilyscowan16@live.com](mailto:keilyscowan16@live.com) – 786-372-2032 or

SYHO Committee - [learn@maineskaters.com](mailto:learn@maineskaters.com)

SAM Website: [www.maineskaters.com](http://www.maineskaters.com)