

# ITHACA ADULT HOCKEY ASSOCIATION

## 2025-26 DISCIPLINARY POLICY

The Disciplinary Committee is commissioned by the IAHA Board to set guidelines, review incidents, and recommend appropriate disciplinary action to the full board.

The Committee members are:

James Orcutt, Jr., IAHA Board, Disciplinary Committee Chair, [james@jamesorcutt.com](mailto:james@jamesorcutt.com)

Brad Norton, IAHA Board, [bradrnorton@gmail.com](mailto:bradrnorton@gmail.com)

Eric Cyker, IAHA Board, [eric@catcyk.com](mailto:eric@catcyk.com)

Mike Judd, Disciplinary Committee Member, [juddmd31@gmail.com](mailto:juddmd31@gmail.com)

Tara Bricker, FLHOA Official, [swagdog113@gmail.com](mailto:swagdog113@gmail.com)

A review will be initiated whenever a game sheet indicates any game ejection or misconduct penalty. A review can also be requested by any league participant when he or she feels a player has acted too aggressively or in an otherwise inappropriate manner, even if no penalty was recorded. To request a review, email a committee member. Include details of the incident and the names of others who can corroborate your complaint. Anonymous reports will not be reviewed. Accused players will be given an opportunity to comment. Referees are contacted to obtain their perspective of each incident. Reviews are handled primarily via e-mail.

We understand this is not a complete list of the infractions. We have classified these into several degrees of seriousness. As necessary, we will add to the list. We have chosen these actions as inappropriate in our league. We feel they simply are not part of the sport of hockey and do not belong in our adult league.

The suspensions listed are guidelines we will use. We will review each incident individually. We feel it is unlikely that it will be appropriate to reduce a penalty below what we have listed; hopefully it won't be necessary to lengthen a suspension. But we are retaining the flexibility to do either.

Suspensions will carry over into the following season, when necessary.

If a substitute player is involved, rather than trying to figure out when the player would have played again, we will simply double the total suspension (USA hockey + additional suspension).

All recommended penalties listed are in addition to any required USA Hockey suspensions:

### No Additional Suspension

- Third player interfering with a fight, if the involvement does not cause the fight to escalate.

### Additional One Game Suspension:

- Fourth and subsequent players interfering with a fight, if the involvement does not cause the fight to escalate.
- Third and subsequent game ejections because of four penalties in one game.

# IAHA DISCIPLINARY POLICY CONTINUED

## Additional Two Game Suspension:

- Sucker Punch
- Flagrant Two-Handed Slash
- Fight Instigator
- Third and subsequent players interfering with a fight, if the involvement causes the fight to escalate.
- Leaving the bench during a fight
- Leaving the crease to join a fight

## Additional Three Game Suspension:

- Hit-from-Behind into the Boards or Net
- Spear
- Butt End
- Kick
- Head Contact Major
- Charging or body-checking a goaltender. Making unforced significant contact with a goaltender, including by choosing a skating path that does not clearly avoid the goalie's position.

## Additional Four Game Suspension:

- Fighting

Season Suspension - Player must meet with the Board to request reinstatement prior to submitting an application for the next season:

- Wayne Maki/Marty McSorley type stick swinging
- Flagrant Intent to Injure
- Injury to a Player or Official as the result of any of the above infractions, if the action is deemed deliberate or reckless
- Second penalization for any of the above infractions in the same season. The Board may impose a season or extended suspension for repeat offenses that occur over multiple seasons.

## Abuse of Official

- Mild Verbal Abuse – no additional games
- Continued abuse after being given ample time to settle down – one additional game
- Threatening or making contact with Official – three additional games