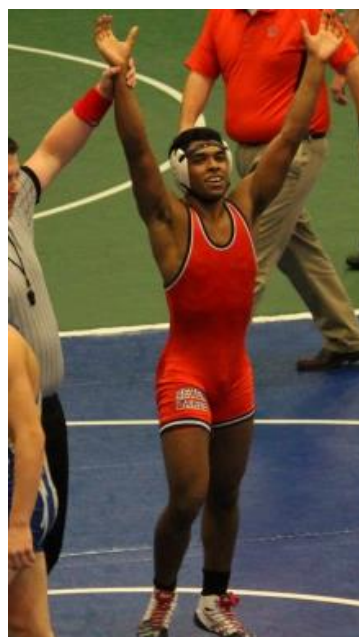
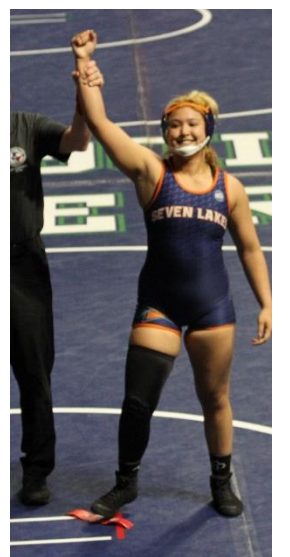


### About Spartan Wrestling

- Wrestling is a winter sport that competes from mid-November thru February.
- Wrestling is open to both boys and girls and they compete separately.
- All body types can be successful.
- Competition is divided up by weight class so your opponent is about the same size as you.
- There are no try outs or cuts. If you come and work every day, you will be a Spartan Wrestler with a shot at a Varsity spot every week no matter your grade level.
- We are also looking for equipment managers and score keepers. We provide PE credit and letter jackets as well as all of your training.

*No Experience necessary. Anyone can wrestle, but not everyone is tough enough. Are You?*



### BE A PART OF THE SUCCESS!

- 5 TEAM DISTRICT CHAMPIONSHIPS
- 1 TEAM REGIONAL CHAMPIONSHIP
- 445 TEAM DUAL WINS
- 8,916 INDIVIDUAL MATCH WINS
- 56 INDIVIDUAL DISTRICT CHAMPIONS
- 178 REGIONAL QUALIFIERS INCLUDING 12 CHAMPIONS
- 74 STATE QUALIFIER, 26 STATE PLACERS INCLUDING 4 STATE CHAMPIONS

#### Check Us Out

Follow @slhswrestling on twitter or follow the QR code below to our website.



### How to get involved:

- Contact Coach Demarchi in room 1622, 281-237-2864, [michaeldemarchi@katyisd.org](mailto:michaeldemarchi@katyisd.org)
- Get into the wrestling athletic period unless you are already in a fall sport athletic period.
  - We will see you after your fall sport and you will not have to change your schedule.