



*WARRIORS offers three winter programs for boys & guarantees every athlete a place to train. Tryouts held in early December.*

### WARRIORS Volleyball Club

Is the high-performance program. Teams are limited to two per age class with teams being trained by a designated Head Coach with a team Assistant Coach. These are travel teams that practice three times per week and compete at Provincials in April and National Championships in May. The program includes strength & conditioning on Saturdays for eight weeks throughout the months of January-February.

### PREMIER LEAGUE

Teams practice once per week and play matches on Sunday afternoons. The season ends with a Championship Tournament in late March. There are several practice venues around the city and teams play in one of three Divisions. Each team is assigned an instructor who is responsible for running practices and overseeing the training of the athletes. A parent coach is required to coach the team during games as the instructor does not attend competition. Coach mentors are available at games to help parents with systems of play.

NOTE: Grade 6-8 boys play in co-ed division. There is a 4 on 4 boys league that plays on Saturday afternoons.

### WARRIORS Camps

Warriors Volleyball Club offers camps for boys year-round. These camps may be All Skills, Elite or Positional Camps and may be day camps or evening camps. Camps may also be for boys only or co-ed. Please note that, because most Warriors Coaches are involved with the training of Warriors Club teams during the winter season, camps during the winter season are generally limited to co-ed all skills camps. Camps may be added if they sell out so check our winter camps page for updates.

*For more information on WARRIORS VOLLEYBALL please visit our website at [www.volleyballwinnipeg.ca](http://www.volleyballwinnipeg.ca)*