

# NORTH DELTA BASEBALL ASSOCIATION

Building Champions Since 1962



## ILLNESS POLICY

*Adopted from viaSport ILLNESS POLICY*

In this policy, "Team member" includes an employee, volunteer, participant or parent/spectator.

**1. Inform an individual in a position of authority (coach, team manager, program coordinator) immediately if, you feel any symptoms of COVID-19** such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

### **2. Assessment**

- a. Team members must conduct the daily self-assessment clearance check (via team snap) or through the coach's health form and obtain clearance before their practice/activity to attest that they are not feeling any of the COVID 19 symptoms.
- b. Managers/coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.

### **3. If a Team Member is feeling sick with COVID-19 symptoms**

- a. They must remain at home and contact Health Link BC at 8-1-1 if they are concerned about COVID 19
- b. If they feel sick and /or are showing symptoms while at an NDBA activity, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c. No Team Member may participate in a practice/activity if they are symptomatic.

### **4. If a Team Member tests positive for COVID-19**

- a. NDBA will take all guidance from Fraser Health and PHO as to what steps needed to be follow. The team member will be allowed to return ONLY when Fraser Health and/or PHO has cleared them of COVID 19.
- b. For any risk associated to other team members NDBA will default to Fraser Health and/or PHO to assess the plan of action. In some cases, a team may be told to self-isolate and shut down for 2 weeks, in other cases only the infected team member will be removed.
- c. If at any point a coach is not comfortable running an activity NDBA will support this coach and their decision. We will try our best to accommodate all requests keeping everyone's safety number 1 priority.
- d. Clean and disinfect of shared items will occur immediately and any surfaces that could have potentially be infected/touched.

**5. If a Team Member has been tested and is waiting for the results of a COVID-19 Test**

- a. As with the confirmed case, the Team Member must be removed from the workplace/practice/facility. (They are not ALLOWED to attend until a negative result has been determined)
- b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
- c. Other Team Members who may have been exposed will be informed from PHO and Fraser Health if they need to self-isolate for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

**6. If a Team Member has come in to contact with someone who is confirmed to have COVID-19**

- a. Team Members must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.
- b. Once the contact is confirmed, the Team Member will be advised by PHO what actions they need to take. NDBA will follow the guidance of PHO in this situation
- c. The shared equipment will be, cleaned, and disinfected if team member is told to self-isolate.

**7. Quarantine or Self-Isolate if:**

- a. Any Team Member who has travelled outside of Canada within the last 14 days is not permitted to enter any part of the facility/activity and must quarantine and self-isolate as per PHO guidelines.
- b. Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility/activity and must quarantine and self-isolate.
- c. Any Team Member from a household with someone showing symptoms of COVID-19, NDBA will default to Fraser Health and/or PHO. We will take their lead and guidance on what risks are to NDBA and its team members and will follow their recommendations as to what are the next steps.
- d. NDBA will take Fraser Health and/or PHO recommendation If any Team Member who is in quarantine or self-isolating as a result of contact with an infected person.