

RACE SCHEDULE



SATURDAY 05 AUGUST 2023

06:30 - 07:45

Transition Open &
Bike Maintenance

Transition at

Avenue de la Cooperation

**IRONMAN 70.3 Rwanda
START**

Gisenyi Beach on

Avenue de la Cooperation

ROLLING START: 08:00

+ - 09:15

Swim course closes

+ - 12:10

First athlete expected
to finish

+ - 13:20

Bike course closes

13:30 - 17:00

Bike & Bag Check-out open

Transition at

Avenue de la Cooperation

± 16:35

IRONMAN 70.3 Rwanda
ENDS

Finish Line at

Avenue de la Cooperation

17:00

Slot Allocation:

IRONMAN 70.3 World

Championship

Lake Kivu

Serena Hotel

18:00

Doors open to

Awards Ceremony

Lake Kivu

Serena Hotel

18:30

Awards Ceremony

Lake Kivu

Serena Hotel

SUNDAY 06 AUG 2023

09:00 - 11:00

Finisher shirt swap/

Timing queries/

Lost & found

Lake Kivu

Serena Hotel

09:00 - 11:00

Merchandise

Lake Kivu

Serena Hotel

**DOWNLOAD
THE IRONMAN
TRACKER APP
TO TRACK
YOUR ATHLETE**

THURSDAY 3 AUG 2023

09:00 - 18:00

Registration

Lake Kivu

Serena Hotel

09:00 - 18:00

Bike Workshop

Lake Kivu

Serena Hotel

09:00 - 18:00

Merchandise

Lake Kivu

Serena Hotel

18:30

Race Briefing

Online

FRIDAY 04 AUG 2023

08:00 - 14:00

Registration

Lake Kivu

Serena Hotel

08:00 - 14:00

Merchandise

Lake Kivu

Serena Hotel

08:00 - 14:00

Bike Workshop

Lake Kivu

Serena Hotel

14:00 - 17:00

Bike & Bag Check-In

Transition at

Avenue de la Cooperation

14:00 - 17:00

Bike Maintenance

Outside transition at

Avenue de la Cooperation

**VISIT
RWANDA**