

MLK GIRLS/WOMEN'S TOURNAMENT

USA HOCKEY SANCTION

Tournament Rules & Game Format

10U through Women's Sr Advanced

- USA Hockey Rules and Regulations will apply to all games unless noted.
- All players and coaches must be registered and rostered with USA Hockey or Hockey Canada.
 - All players, coaches and managers must submit a signed "Sharks Ice at San Jose" waiver prior to their first game.
 - Each team must submit a certified team roster prior to their first tournament game.
 - Canadian teams must submit a certified travel permit.
- Teams may dress a maximum of 20 players.
 - A maximum of 4 registered coaches and/or trainers/health and safety persons are allowed on the bench.
- Teams should arrive 45 minutes prior to scheduled games, be dressed in uniform colours as indicated by the Schedule (Home will wear DARK, Visitor will wear LIGHT), and ready to take the ice 5 minutes prior to game time.
 - Schedule changes will be made at the Tournament Scheduler's discretion only.
 - In the event that the tournament is running ahead of schedule, games can start up to 10 minutes early. Teams will be notified of this.
- **Head Coach** must check at the score-keeper's bench prior to all games to verify accuracy of the score sheet with player, coach and trainers' names.
- **All players must have legal equipment.**
 - **Chin straps are required for all ages.**
 - **USA hockey mandates mouthguards for all players and goalies for age classifications 12U through 19U.**
 - **Canadian players require neck guards, but no mouthguards.**
 - **Women Senior players are not required to wear mouth guards, although it is highly recommended.**

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Tournament Rules & Game Format Cont.

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- For all divisions (10U through Women division), games will consist of three (3) periods.
 - All periods will be 15 minutes stop time.
 - If a game is delayed substantially due to injury or other unforeseen circumstances, and the third period begins with fewer than 25 minutes remaining in the allotted ice slot, then, at the discretion of the on-ice officials, the period may be reduced to one-half of the minutes remaining in the 75 minute game ice slot.
 - A three (3) minute warm-up will be posted on the clock at the start of the game.
 - There will be a (1) minute rest period between each period.
 - One sixty (60) second timeout will be allowed for each team per game.
 - Division standings are determined by:
 - 2 pts. = win
 - 1 pt. = tie
 - 0 pts. = loss

- **There is NO Overtime. For all quarter, semi and final games: if tied at end of regulation, a shoot-out will determine the winner.**
 - Please reference the MLK shootout procedure appended at the end of the document.

- If at any time during the game the goal differential between the teams reaches 7, the game clock will immediately go to running time and will not stop for any reason other than at the discretion of the on-ice officials, team timeout or player injury. Penalties during run-time and stop-time will be of the same duration. Once run time has begun, run time will continue until the end of the game regardless of goal differential.

Penalty times will remain the same duration as per the USA Hockey Rule Book.

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- Locker room keys will be available at the rink's front counter.
 - A team representative will be required to leave a valid driver's license to obtain a key. ID will be returned when key is returned.
 - Locker rooms will be checked before and after each game. Rink management will assess a fine if deemed necessary. **If you find any damage to the locker room upon entering, please report it immediately or your team could be liable for damages.**
 - Teams need to vacate assigned locker rooms within 30 minutes after the game.
 - Each team is responsible for the storage of its own equipment between games.
- **Teams must provide a penalty box attendant for each game where their league requires.** This individual is required to abide by the USA Hockey guidelines for serving as an off-ice official.
- Any protest must be presented in writing by the coach within 1 hour of completion of the game, along with a \$50.00 non-refundable protest fee given to a Tournament Chair. **Any dispute of an on-ice official's call (such as a penalty) is not grounds for protest and will not be heard, unless the penalty issued is not in accordance with USA Hockey rules.**
- This tournament has a zero-tolerance policy for both on-ice and off-ice abusive behavioral conduct.
 - Verbal and physical abuse will not be tolerated.
 - All spectators should be mindful of others and keep comments on a positive note. Unruly spectators will be asked to leave the premises.
- **Off-sides (exception to the USA Hockey Rules) for Canadian teams playing one another:**
 - Officials to call delayed offsides in Girls 10U & 12U when games are played between two teams from Canada.
 - All Girls 14U, 16/17U, 19U & Women's Senior games already have delayed off-sides written into the USA Hockey Playing Rules.

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- **Penalties**

- **Fighting:** Can be subject to ejection for the duration of the tournament, as determined by the Tournament Director or an ad hoc Competition, Discipline & Dispute Resolution Committee.
- **Major Penalties:** Any player, coach or manager receiving 2 major penalties of any type can be subject to ejection for the duration of the tournament, as determined by the Tournament Director or an ad hoc Competition, Discipline & Dispute Resolution Committee.
- **Travesty:** Any player, coach, manager, parent or observer found to be making a travesty of the game may be expelled for duration of tournament play.
- **Abuse:** Any player, coach, manager, parent or observer found to be abusive towards any tournament official may be expelled from further tournament participation and observation.
- **Game Misconduct:** The Tournament Director or an ad hoc Competition, Discipline & Dispute Resolution Committee may review Game Misconduct penalties prior to next game, with the possibility of ejection from the tournament.

- Championships: Women's Intermediate seed 1 vs Women's Intermediate seed 2

Tie-breakers for ALL Divisions:

Two teams tied in points:

1. Head to head competition.
2. Goal Differential - Subtracting the number of goals against from the number of goals for. The maximum differential for each game shall be six (6) goals.
3. Scoring Quotient - Dividing a team's goals for by the sum of its goals for and goals against $[GF/(GF+GA)]$. The team with the higher number advances. The maximum differential does not apply in this case.
4. Least penalty minutes

Three or more teams tied in points: (Tie-breaker will NOT be based on head to head competition)

1. Goal Differential - Subtracting the number of goals against from the number of goals for. The maximum differential for each game shall be six (6) goals.
2. Scoring Quotient - Dividing a team's goals for by the sum of its goals for and goals against $[GF/(GF+GA)]$. The team with higher number advances. The maximum differential does not apply in this case.
3. Least penalty minutes

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MLK Shootout/Recording Procedure:

There is NO OVERTIME for Any Games.

Round Robin Games: If the game is tied following regulation play, there shall be NO overtime and NO Shootouts.

Semi-Final & Final Games: If tied following regulation play, a shootout shall be conducted to determine the winner.

Shootout Procedures

1. The visiting team shall shoot first.
2. The penalty shots are taken alternately by the teams.
3. If, before three shots are taken, one team has scored more goals than the other could score, even if it were to complete its three shots, no more shots are taken.
4. If, after both teams have taken **three** shots, both have scored the same number of goals, or have not scored any goals, shots continue to be taken in the same order until one team has scored one goal more than the other team from the same number of attempts (Sudden Death Shoot Out).
5. Each shot is taken by a different player and all eligible players must take a shot before any player can take a second shot.
6. When a team finishes a game with a greater number of players than its opponent, it shall reduce its numbers to equate with those of their opponent and inform the referee(s) of those players excluded and those players subsequently eligible to take the penalty shots.
7. Before the start of the shoot out, the referee(s) shall ensure that only an equal number of players from each team participate in the shoot out and shall identify same.
 - Any goalkeeper rostered for the game, dressed and on the players bench may participate as a goalkeeper in the shootout.
 - Any player still serving her penalty when overtime expires may not participate in the shootout. However, a player serving a penalty for a bench minor, for another player or whose penalty time has expired before the expiration of the overtime may participate in the shoot-out.
 - The official scorekeeper shall record all shots taken indicating the players, goalkeepers and goals scored.

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Sportsmanship:

All Players, Coaches and Parents will abide by the USA Hockey Core Values of Sportsmanship, respect for the individual, integrity, and pursuit of excellence, enjoyment, loyalty and teamwork. **Please observe that the maximum goal differential is six (6) in the event of a tie- breakers. Please keep this in mind if the competition becomes one sided. Demonstrating respect to ones' opponents is an admirable quality.**

I, _____, Head Coach of a participating 2023 MLK Girls/Women's Invitational Tournament team, acknowledge that I have read and accept the above stated rules for the tournament and will make the players and parents of our team aware of them before the tournament starts.

(Participating Tournament Head Coach Signature)

Date

(Team Name & Division)

(Association)