

Welcome, Lightning families!

We're thrilled to start another JO Winter Volleyball season. This year is all about teamwork, skill building, and creating lasting memories. Our coaches are ready to help each player grow on and off the court. Let's make it a great season together!



OPEN HOUSE CHECKLIST - Use this checklist to make sure your player is all set for the season.

Paper copies are available at the table:

- Youth & Junior Medical Release
- Letter of Commitment

- Purchase NCR membership, \$65 →



- Commitment Volunteer (DIBS) Form →



Uniform try-ons/dedicated table:

- Uniform & Apparel Form →
- Need Extra Apparel Items? Paper copy/pay for À La Carte/ Extra Team Apparel (Parent-Paid)



MEET OUR COACHES AND BOARD

JO Coaches:

- 17-1 Emilia & Assistant
- 16-1 Jeremy & Logan Sherman
- 15-1 Amber & Tenley Buddenhagen
- 14-1 Wendy Wise & Lindsay Nicols
- 14-2 Kelly Piker & Leah Zych
- 13-1 Lea Kanani & Sofia Gharwal
- 13-2 Rick Lord & Emily Wagner
- 13-3 Sarah Nord & Vivianne Scoville
- 12-1 / 12-2 Emma & Kaleigh Egan

BOARD MEMBERS

Our program runs best when parents get involved! If you'd like to help or are interested in a board position, please reach out to Kelli Geilow at kgeilow@evaasports.org. We'd love to have you join the team.

Board of Directors:

- Kelli Geilow
- Lea Kanani

Board Members:

- Erica Alley
- Amber Bertsch
- Michelle Frokjer

- Tania Hochhalter
- Lori Kadrik
- Janelle Lynch

- Tony Lynch
- Amy Peschong

PRACTICES

Schedules will be on [sportengine](#) download and login



Practices run from November through April. Please arrive 10 minutes early (or as directed by your coach). If practice is held at a school gym, come 15 minutes early to help set up nets and plan to stay afterward to take them down. Bring volleyball-specific shoes—no street shoes—and be respectful of all facilities by cleaning up and leaving the space as you found it. If you can't attend a practice or competition, notify your coach as soon as possible through the SportsEngine app or as instructed.

TOURNAMENTS

All players must have an active NCR membership before tournament play begins. We cannot enter larger events until everyone is registered. Players should bring healthy snacks, a sandwich, and water to stay fueled and hydrated—concessions are usually available. Eastview JO teams may play at different tournaments or on different weekends, so check SportsEngine for your team's schedule. During tournaments, players must wear black shorts, knee pads, and their team uniform, along with volleyball-specific shoes. *Note: For tournaments that require travel, hotel room block information will be sent soon through email and SportsEngine.*

COMMUNICATIONS

Team communication will take place through email and the SportsEngine app. Coaches and the Club Director will share updates by email, and the team parent will help send reminders. The SportsEngine app is used to track player availability and view schedules.

Each team will have a team parent who supports communication and organizes team activities. This may include sending reminders, planning a fun team event, coordinating team-building activities at travel tournaments, and possibly arranging a friendly players-vs.-parents competition with coach approval. *If you're interested in being a team parent, please let your coach know!*

EASTVIEW LIGHTNING HOSTED TOURNAMENTS

We will host two tournaments this season: **February Freeze** (12s on Saturday, Feb. 14; 11s/lower 12s on Sunday, Feb. 15) and **March Melt** (13s/14s on Saturday, Mar. 14; 15s/16s on Sunday, Mar. 1).

Volunteer Sign-Up:

Each family must complete about six volunteer hours during these tournaments. Sign-ups (DIBS) will open in January on a first-come, first-served basis. Duties include admissions, concessions, net setup and takedown, and store running. Volunteer time can be split across multiple sessions, and family or friends may volunteer on your behalf. **Board members are exempt from this requirement.** Families who do not complete their hours will be charged a **\$400 program fee**.

OFFICIATING CLINIC

The officiating clinic is **mandatory for all players** and will be held **Saturday, Dec. 6, from 9:00 a.m. to 12:00 p.m. at Scott Highlands Middle School**. Players will learn how to score and officiate matches, including keeping the scorebook, running the flip chart, and line judging. At tournaments, teams share these duties when not playing. Coaches and players must also complete the required USAV online officiating training.

UNIFORMS

Uniforms are expected to arrive by early December and will be distributed to players at that time. Both uniform colors must be brought to every tournament. The team or coach will decide which color to wear, and the libero will wear the opposite color of the team.

FAN GEAR

Fan gear is available all season through our online store with South Metro Sports. Show your Lightning pride and cheer on your team!



Password:
volleyball2025

PLAYER/PARENT EXPECTATIONS

Players: Focus on your development and being a supportive teammate. Include everyone, stay positive, and represent Eastview Lightning with pride.

Parents: Remember that players often handle scoring and officiating during tournaments, so please be encouraged and patient. Cheer for your player and her teammates and help create a positive environment that reflects the Lightning spirit!

TEAM FEES

- 12s: \$1,200 (\$240/month)
- 13s/14s: \$1,300 (\$260/month)
- 15s/16s: \$1,300 (\$260/month)
- 17s: \$2,500 (\$500/month)

Payment Schedule: Payments will be automatically charged to the credit card used for the tryout fee on:

- November 1, 2025
- December 1, 2025
- January 1, 2026
- February 1, 2026
- March 1, 2026