

2019 Checklist for GNLL Coach Training

The GNLL requires annual training for all coaches; this training is not intended to teach you how to coach lacrosse players, but is instead focused on rules, league policies, and related issues that you need to know to promote player safety, reduce your liability, and help the league to run smoothly. This guide contains instructions for all GNLL 9/10, youth field, and youth indoor/"box" coaches.

You must have all of your requirements completed at least 7 days prior to your first game.

Step 1: Join US Lacrosse or make sure your membership has been renewed

Join or renew your membership at www.uslacrosse.org/membership.aspx and specify that you want to be a boys lacrosse coach. This site will allow you to check to see if you have renewed already and will allow you to renew if you haven't. Your expiration date must be June 30, 2019, or later. This is a requirement for all coaches, as it is how you get your insurance for coaching. You will need to enter your US Lacrosse ID number when completing your online training.

Step 2: Register for GNLL online training

Go to <https://tinyurl.com/GNLL2019> and register for online training using the coupon/access code provided to you or to your association by the GNLL Training Manager, or request one by emailing trainingmanager@greatnorthernlacrosse.com. Each code may be used only one time, so do not share your code with anyone else. Be sure to save the username and password you create somewhere safe.

Step 3: Complete required online training material

Complete the online training courses—links provided—that are required for your level of coaching. You will not be able to access these courses until you complete Step 2. You may need to log back in. Be sure to start with the GNLL General Coach Training course, as that has info about using the online training.

Course	Freshman coach	Youth Indoor/"box" coach	Youth field coach
GNLL General Coach Training www.tinyurl.com/GNLLcourse2019	<input type="checkbox"/> Required	<input type="checkbox"/> Required	<input type="checkbox"/> Required
NFHS Rules Changes www.tinyurl.com/GNLLnfhs2019	<input type="checkbox"/> Required	<input type="checkbox"/> Required	<input type="checkbox"/> Required
Minnesota Youth Rules www.tinyurl.com/GNLLyouth2019	Optional	<input type="checkbox"/> Required	<input type="checkbox"/> Required
Freshman (9/10) Rules www.tinyurl.com/GNLLfreshman2019	<input type="checkbox"/> Required	Optional	Optional
GNLL Youth Indoor/"Box" Lacrosse www.tinyurl.com/GNLLindoor2019	Optional	<input type="checkbox"/> Required	Optional
Timer and Scorer Information www.tinyurl.com/TIMERscorer2019	Optional	Optional	Optional

□ **Step 4: Read the NFHS Rule Book**

If you don't already have a 2019 NFHS Boys Lacrosse rulebook, you can acquire a paper or e-book version from <https://www.nfhs.org/activities-sports/lacrosse-boys/> (this is strongly recommended for all coaches; no one is going to check this, but if you don't know the rules it will make it tougher on you as a coach).

□ **Step 5: Check grade book to ensure you have completed your requirements**

The online grade book is posted at www.tinyurl.com/GradeBook2019. This will show "CERTIFIED" under levels you are certified for and "NO" for levels you aren't.

On the right of the spreadsheet, on a blue background, you will see a "1" in each column for requirements completed and a "0" for things you haven't completed. This needs to be updated manually, so it may take some time to get updated.

If you don't show as completed within 7 days of completing all requirements, email trainingmanager@greatnorthernlacrosse.com with the subject line "Coach training completion" and with the body text including your first and last name, your association, and the levels of play for which you believe you have completed coach training; you will be notified if you have any requirements outstanding.

□ **Step 6: Complete the GNLL coach registration**

In this step you will complete the liability waiver and will attach yourself to the team you will be coaching by going to the GNLL Coach Registration Page at <http://assn.la/Reg/?r=2:184465>. You must complete this step to be able to view, verify, and email your roster.
