



# WEST VANCOUVER FIELD HOCKEY CLUB

*Home of North Shore Field Hockey*



## 2022 FALL NEWSLETTER

What a year we've had! From men's and women's league practices and games through all our Junior programs in fall, winter, spring and summer. Read on to find out what's been going on around our Club.



# SCHOOLS PROGRAM

We are back to planning and booking our School Visit Program where our talented Club coaches visit schools across the North Shore from November through to January and introduce K- Grade 4 students to field hockey. Ask at your school if they have a visit planned - we'd love to visit all the schools.

**SCHOOLS PROGRAM**  
**2022/23**

Skills and games

ANY  
NORTHSHORE  
SCHOOL  
VISITED

Free sessions

**Grades K-4**

12472 PLAYERS COACHED  
IN 4 YEARS

Program runs  
Nov '22 - Jan '23

High performance coaches

We bring the equipment

EMAIL  
INFO@WVFC.COM

## UPCOMING PROGRAMS

### WINTER – Registration Opens Nov 15th

#### Technical Development & Spring Prep:

For Grades K-12

Conditioning & skill development

Outdoor program

#### Winter Wolves:

For Boys Grade 6-12

Technical & tactical development

Outdoor program

#### Winter Adult Recreation:

Refresh your skills/knowledge. Perfect for beginners or those just getting back in the game.

Outdoor program

### SPRING – Registration Opens Nov 1st

#### Spring League:

Grade K-12. Team play. Fun for all.

#### Spring HP & HP Dev:

Grades 5-12

Focus on skill development & technical improvement

#### Women's League (ongoing):

For women Grade 9+

Runs from September-March

#### Men's League (ongoing):

For men Grade 9+

Runs from September-March

## PROGRAM DETAILS ON OUR WEBSITE: WVFC.COM



# OUR CLUB COMMUNITY

Here are just a few things our Club has been up to in the past year  
Scholarships - 6 scholarships were awarded in June to these amazing players!



York University



U Vic



Stanford



UBC



Newberry College

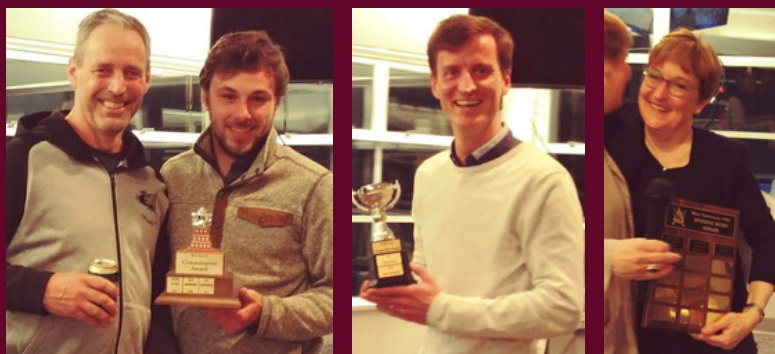


UBC

## Club Day - Sept 24



## Men's & Women's League Awards



## Hosting Club Championships - Boys U18, U16 & U14 in June



## Want to get more involved at WVFHC?

We would love to use your talents  
and input! Come and meet some  
fabulous people.

Currently we would be looking  
for committee members for  
our Women's Committee and  
our Board of Directors.  
Elections for the Board will be  
at our annual AGM in  
December. Information on  
roles are on our website or  
send questions to  
[info@wvfhc.com](mailto:info@wvfhc.com).

## Volunteer Appreciation events



Follow us on social media to keep up with our players, teams, news  
and events!

We are @wvfhc on Facebook, Twitter & Instagram



# OUR PROGRAMS - ADULTS

**Womens & Mens Leagues - 8 womens teams and 4 mens teams**

And for anyone not into competitive hockey, we have Adult Rec and Hockey Fit.

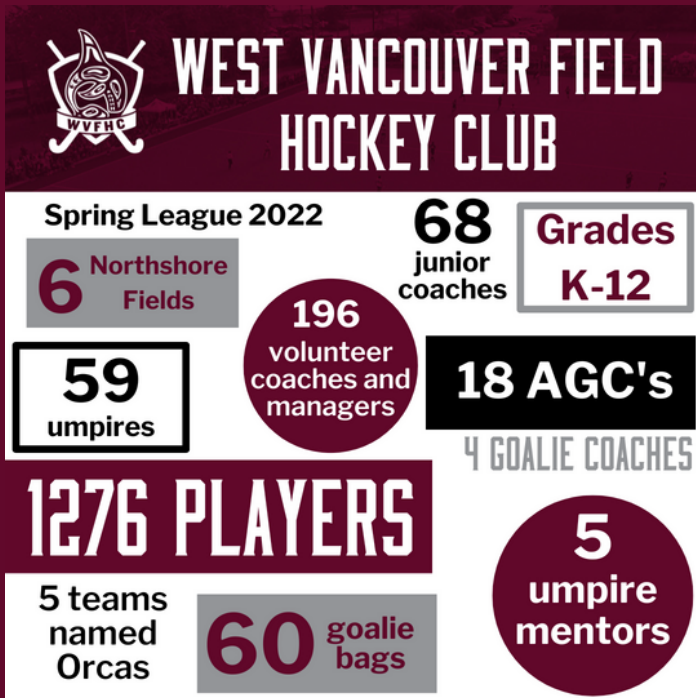
Details at [wvfhc.com](http://wvfhc.com).





# OUR PROGRAMS -JUNIORS

Spring League, HP, HP Development, Wolves, Fall Hockey 5's, Winter Technical Development, Spring Break and Summer camps



From U6 to U18 our Spring League players had their first regular season since 2019. Games were played & friends were made. Thanks to the myriad of volunteers from AGCs, coaches, junior coaches, managers, umpires and all the rest who make it fun for everyone.

Thanks to all the teams that competed in the Club Championships. We were thrilled to host the boys U18, U16 and U14's .

Fun with our Juniors - Spring League, Fall 5's, HP & HP Dev, Boys Wolves, Winter Tech Dev, tournaments and Club Championships, Spring Break and Summer Camps



## Thanks to our Sponsors - Kiwanis Club & Neptune Terminals

Thank you for generously sponsoring the t-shirts for our Fall 5's programs (Kiwanis Club of West Vancouver) and U6-U10 Spring League (Neptune Terminals).





# OUR PROGRAMS - COACHES



Some of our amazing coaches -

Top: Matt N, Mark V, Kent M, Geoff M

Middle: Justin D and MNT members Alex B and Taylor C

Bottom: David K, Clovis, Isabelle, Aaron and Erin, Nicky G,  
and WNT members Hannah H and Karli J

For more information about  
our coaches please visit the  
coaches page on our  
website at [www.wvfhc.com](http://www.wvfhc.com)



# AND MORE FIELD HOCKEY.....

## Tournaments



Field Hockey Canada - Juniors  
Next Gen & Junior National Team

## Team BC at Nationals - U18 and U16



Canadian Men's and Women's  
National Teams



Commonwealth  
Games  
Birmingham  
2022



Club members  
participating in  
Next Gen, U16  
series V USA,  
Junior Mens &  
Womens teams at  
World Cups



Field Hockey Canada - Masters



Mark V, Coach Kent, Heiko H & Alan D  
in South Africa for the o50 Masters



o65 Alliance team with WV member Shelley T in South  
Africa after a loss in the gold medal game



# IN THE COMMUNITY



Donating gear to Vancouver Technical Secondary School to help set up a hockey program

Holiday Season 2021/22 Toy & Food Drive donations from our generous members



Bridge Festival - June all ages giving field hockey a go



WVFHC tree at Festival of Trees - fundraiser for the Lookout Foundation



## Coming Soon....

Our annual Toy and Food Drive November 19/20 and 26/27  
AND

WVFHC Christmas Tree at Festival of Trees - come to our coffee/hot chocolate mornings at Rutledge between 9-11 AM Sundays as we are fundraising for the Lookout Foundation or donate online, details on our website

AND

Old WVFHC t-shirts, uniform and equipment donations in November to Tunza Sports, giving girls in Kenya access to hockey and an education

**Thanks for reading! For more details see our website [www.wvfhc.com](http://www.wvfhc.com) or email us at [info@wvfhc.com](mailto:info@wvfhc.com).**