



JCNSP COVID-19 Protocol™

Guidelines for League Games & Practices

- Players and coaches should follow Minnesota Hockey Phase 3 guidelines for return to play unless modified in this document starting September 1.
- Players who are ill, have family members who are ill must stay home and shall notify JCNSP. Players are to arrive with the majority of equipment on, wearing a mask, and **no earlier** than 15 min. before the game/practice starts.
 - Check-in Procedure: Each team will have a coordinator who will be responsible to track who participates on any given day and record the names of all individuals who are in attendance. All players and coaches will have a temperature check and will be asked questions about whether or not they have experienced COVID symptoms in the past 24 hours.
- ALL skaters should exit the arena **no later** than 10 min. after the game/practice ends.
- Locker rooms are not recommended but can be used in consultation with an arena. No more than 10 players at one time and no team meetings will be allowed in locker rooms.
- No spectators for practices. Skaters should be dropped off and picked up. For Squirts and Mites one parent may help them get ready and stay, but need to be socially distance from others and wear a mask in the facility. In accordance with Ramsey County Arena rules there is no eating or drinking at the facility. A copy of Ramsey County Arena Rules and this COVID policy will be shared via email with each family.
 - JCNSP will design practices to conform with the Ramsey County requirements regarding pod size.
 - Social Distancing will be followed to our best ability. Please discuss social distancing with your skater so that we can continue to provide hockey as safely as possible and in accordance with the rules dictated to us by Ramsey County.
- At Phalen Arena two spectators per player will be allowed for games. All spectators will need to wear a mask and may not enter the arena until Game time. This rule may vary depending on the facility rules. Spectators must maintain social distancing and follow facility rules regarding eating and drinking in the arena. The COVID coordinator for each team must obtain facility rules from the opposing teams before each game and advise the team of those rules.
- Coaches **MUST** wear a mask/face covering over their nose and mouth at ALL times during interactions with staff, parents and players on and off the rink.
- If practicing with another team/sharing ice, teams must be separated during the entirety of practice and team members exiting/putting on equipment in different locations of the rink.
- There will only be one scorekeeper/clock worker in the clock area during games and he/she must wear a mask.
- Other rinks may have more stringent guidelines than these and facility guidelines must be followed. All arenas must be provided these guidelines prior to events.
- Each teams **MUST** designate a COVID-19 coordinator responsible for receiving and relaying COVID-19-related information, and all players/coaches must know who it is and sign off on all Minnesota Hockey guidelines. The JCNSP COVID Program Director is Devia Rodriguez Unklesbay.

Managing Exposure and Confirmed Positive Cases

See Minnesota Hockey guidelines on managing confirmed positive cases and exposures.

- Players/coaches MUST inform JCNSP COVID Program Director if she/he or someone in their household has come in close contact to someone who has tested positive for COVID-19. If contacted by the MN Department of Health their guidance must be followed. If no guidance is provided, and out of an abundance of caution, that player/coach must stay home for fourteen days post exposure and if possible get a COVID Test. Player can return after a negative COVID test taken at least 3 days after exposure.
- Players/coaches MUST inform JCNSP COVID Program Director immediately following a positive COVID-19 test result that occurs within their household. If that player or Coach has been at Phalen Arena or any other Arena in the prior 24 hours, the Arena must be notified.
- Players/coaches with a positive test must stay home from team activities for 14 days since symptoms first appeared **and** until there is no fever for at least 3 days without medication AND improvement of symptoms. Follow the MDH Decision Tree for when to return to team activities.
- COVID Coordinator MUST notify all team members of positive tests.
- COVID Coordinator MUST notify opponents/practice teams that have encountered the infected player in the last 14 days.
- Team activities should be paused until local health officials and or MDH is consulted.
- The Rule of Three will apply. 1st player/coach with a positive test must quarantine for 14 days. 2nd player/coach with a positive test must quarantine 14 days. 3rd positive test of a coach or player who test positive on a single team will result in a team quarantine (no events) for 14 days.
- As an Association the first team with 3 positive COVID tests must quarantine for 14 days. The 2nd team with three positive COVID tests must quarantine for 14 days. If there is a third team with three positive tests, The Board of Directors Will determine the best action based on guidelines from District 8 and MN Hockey, MDH, CDC.
- Teams/players will not be penalized for missing games due to COVID-19 response/concerns.
- Program Director will notify the Minnesota Department of Health of any confirmed COVID-19 cases among players, coaches and family members (as required by Minnesota Rules, Chapter 4605.7050) by calling 651-201-5000 or via email at: health.sports.covid19@state.mn.us.