

## **ATBB COVID Guidelines:**

The operation of ATBB depends on our parents to help stop the spread of COVID and protect our community. The communication of any exposure, symptoms or positive case must be reported immediately. If you are unsure, error on the side of over communicating so we can decide what's best for the team. Communication should be sent to [Facilities@atbb.org](mailto:Facilities@atbb.org).

The board will communicate to the team if a player is in quarantine and if the team was in close contact with the player. If the team was within close contact within 2 days of a player, that shows symptoms or a positive test, the team will refrain from practice for 14 days from the date of exposure.

The board will determine, based on the amount of cases on the team, if the entire team will need to refrain from practice until a specified amount of time.

### **1. Positive COVID Case:**

- If a player and/or family member receives a positive COVID test result, the player must stay home for 10 days from the time of the first symptom. They also must be fever free for at least 24 hours, without fever reducing medications.

### **2. One "More Common Symptom" or Two "Less Common Symptoms"**

- a. Player or Coach with one or more common symptoms and/or two or more less common symptoms must stay home until they receive:
  - i. Negative COVID result
  - ii. Alternative diagnosis from a health care provider
- b. Family member with one or more common symptoms or two or more less common symptoms, player/coach must stay home until they receive:
  - i. Family member receives a negative COVID result
  - ii. Family member receives an alternative diagnosis from a health care provider

### **3. COVID Exposure – Contact ATBB:**

- a. If a player or coach came within close contact, they are not allowed to return for 14 days from contact.
  - i. If they receive a negative test they still must stay home for 14 days from the close contact occurrence.
  - ii. If they develop symptoms or receive a positive test, they must stay home for 10 days from the time of the first symptom. They also must be fever free for at least 24 hours, without fever reducing medications.
- b. If a family member came within close contact, the player or coach can continue practice.
  - i. If the family member receives a positive test or develops symptoms, the player must stay home for 10 days.

## **Definitions:**

*Close Contact:* Contact within 6 feet for more than 15 minutes with a positive case.

*More Common Symptoms:* Fever greater than or equal to 100.4, new or worsening cough, difficulty breathing, new loss of taste or smell.

*Less Common Symptoms:* Sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.

In these times, it is understandable that some families will need to take further precautions to protect themselves. If at any time it is of best interest for your player to refrain from practice and/or games, communicate to your coach.

The ATBB board takes precaution in the knowledge of any family with COVID. Privacy protection is important and therefore information provided to the board will be kept confidential and not shared with anyone outside the board.