

COVID-19 PROTOCOL FOR KCYHA CLUBS

The KCYHA will follow all USA Hockey, federal, state, local and facility guidance and procedures during the COVID-19 pandemic.

The player or the player's parents, coaches and team officials must report the following circumstances to the team's Head Coach:

- a. You are feeling ill. Symptoms of the coronavirus can include fever (temperature of 100.4 degrees as defined by the CDC); chills; cough; shortness of breath or difficulty breathing; fatigue; muscle or body aches; headache; loss of taste or smell; sore throat; congestion or runny nose; nausea or vomiting; diarrhea;
- b. You have been diagnosed with or tested positive for COVID-19;
- c. An immediate household family member of the player, coach or team official has been diagnosed with COVID-19 or is experiencing COVID-19 symptoms;
- d. You have been exposed to COVID-19 in the prior 14 days;
- e. You are unsure about whether to participate due to possible symptoms OR exposure to COVID-19; and
- f. Any other circumstances arising which may pose a COVID-19 health risk to other participants.

If you are unsure about participating due to possible symptoms OR exposure to COVID-19, it is recommended that you do not participate and immediately contact your health care provider.

The Head Coach will report to the respective League Commissioner. The Commissioner will report to the KCYHA Hockey Director. All communication will be confidential. For our travel teams, the Head Coach will notify the respective Travel Hockey Director.

Upon determining a substantiated COVID-19 risk situation, the KCYHA Hockey Director and/or the Commissioner and Head Coach will inform the parents of the affected team and take such action as deemed advisable under the circumstances.

Positive Test - Quarantine Guidelines

1. Participants/staff will not return to activity until they meet CDC guidelines and have been cleared to return by their healthcare provider.
2. Quarantine (from date of first symptoms)
 - a. Return to play when:
 - i. After day 10 without testing and no symptoms
 - ii. After day 7 of no symptoms and after receiving a negative test result (test must occur on day 5 or later)
 - b. After quarantine
 - i. Watch for symptoms until 14 days after exposure.
 - ii. If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.

Exposure - Quarantine Guidelines

1. Non-casual contact - a person in household has tested positive
 - a. Quarantine
 - i. Return to play when:
 1. after day 10 without testing, and no symptoms
 2. After day 7 of no symptoms and after receiving a negative test result (test must occur on day 5 or later)
 - ii. After quarantine
 1. Watch for symptoms until 14 days after exposure.
 2. If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
2. Casual contact – a teammate, classmate, friend, etc...has tested positive
 - a. Watch for fever (100.4°F), cough, shortness of breath, or [other symptoms](#) of COVID-19.
 - b. Get tested 3-5 days after the exposure, even if they don't have symptoms and wear a mask following exposure or until their test result is negative.

KCYHA asks parents, coaches, players, team volunteers and spectators to follow all COVID-19 protocols at each facility.

For additional information, please see *Recommendations for a Safe Return to Sport and Physical Activity After COVID-19* published by Children's Mercy Hospital (<https://www.childrensmercy.org/health-and-safety-resources/information-about-covid-19-novel-coronavirus/returning-to-community-activities/recommendations-for-a-safe-return-to-sport-and-physical-activity-after-covid-19/>).