



## **2023-2024 DEVELOPMENTAL PROGRAM**

This program is designed for male and female volleyball players in 1<sup>st</sup>- 8<sup>th</sup> grade who are looking to learn and build basic volleyball skills. Players will be grouped by grades, but can be moved depending on their ability if needed. This is a practice only program, so they will not participate in any tournaments. There are no tryouts and no experience is needed.

**Cost:** \$300 (can't be prorated/ non-refundable)

**Where:** Level Fitness Pelham

**When:** Saturdays

9:00am-10:00 am/ 1st-6th Grade: Beginners

10:00am-11:00am/ 5th & 6th Grade: Intermediate

11:00am-12:00pm/ 7th & 8th Grade Session 1

12:00pm-1:00pm/ 7th & 8th Grade Session 2

**Dates:** **December 2, 9 & 16**

**January 6, 13, 20 & 27**

**February 3**

**Max of 30 Players Per Session**

**Registration Opens Online on 11/1 at 9am**

[www.LHVAVolleyball.com](http://www.LHVAVolleyball.com)