

**Return to Activities**  
**Under NC E.O. 141; Phase 2**  
**Target Date: June 1, 2020**



365 Soccer Academy  
PO Box 2030  
Southern Pines, NC 28388

365 Soccer Academy wants to provide athletes, parents, coaches, and our partner organizations with information about how we plan to return to activities on June 1, 2020 under the NC Governor's Phase 2 guidelines.

The information in this document is NOT intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content within this document is to articulate 365 Soccer Academy's protocols and practices for our activities under COVID-19 restrictions. The knowledge and circumstances around COVID-19 are changing constantly and, as such, 365 Soccer Academy makes no representation and assumes no responsibility for the completeness of this information. Further, you should seek advice from medical professionals and/or public health officials in your area if you have specific questions. These guidelines address only early phases of return-to-play and we will adjust as the COVID-19 pandemic continues to evolve.

Although the young and healthy may be subject to less severe cases of COVID-19, every case of this disease is potentially life-altering or deadly, particularly in those with risk factors that may occur within our communities. Health consequences may be long-standing and only apparent weeks after initial infection and recovery. Until COVID-19 is either eradicated, a vaccine is developed, or a cure is found, there is no way of eliminating the risk of infection. This is at the forefront of our minds as we design and consider return-to-activities.

We do understand opinions will differ about when and how organizations can or should resume their activities. We respect the freedom of choice each of you has and remain eager to work with you to ensure our environment is as safe as possible for your families.

Below are suggested criteria for participation in our small group training sessions (includes athletes, coaches, and staff). These activities are planned to restart on June 1, 2020. We have yet to finalize our venue(s).

- No signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days; including above normal temperature readings.
- Infection prevention supplies will be present in multiple locations (at least two places): hand sanitizer, tissues, face masks (adult sizes), gloves (adult sizes); players who want masks sized for children should bring their own.
- Training sessions and activities will be in groups less than 25 (including players and coaches only); 365 Soccer Academy will arrange groups and numbers appropriately by age and group size.
  - Training sessions with players U7 and older will be capped at 25 per group (coaches and players) with those groups occupying half of a full soccer field.

- Stars-aged players (3-5 years) will be capped at 12 per group (players and coaches only); less than 25 people on each end of a full-size soccer field.
- Participants should use their equipment ONLY and not touch any equipment belonging to others. (soccer balls, water bottles, bags, etc.)
- Maintain appropriate distances during training sessions that follow the social distancing guidelines.

**Coaches and Staff Responsibilities:**

- Enforce the health and safety of guidelines identified within this policy.
- Ensure waivers are fully understood and signed before sessions.
- Inquire how athletes are feeling and contact parents of players indicating they do not feel well or exhibit symptoms of any sickness.
- Ensure players have their balls, water bottles, bags, and do not touch other players' equipment; keep players' bags six feet apart from the training area.
- Coach/Staff are the only people allowed to handle equipment (cones, goals, other training equipment); players are only allowed to handle their soccer balls.
- Clean/sanitize goals, cones, commonly used equipment before and after each session.
- All training will occur outdoors.
- Always wear a face mask.
- Maintain social distance from players and families (avoid huddles, close contact with parents, etc.)
- Do not use training pinnies.
- Stay positive and have fun as our players are looking to us for leadership and provide a safe environment.

**Parent Responsibilities:**

- Ensure your child is healthy and symptom-free, including checking their temperature before each session.
- Ensure your medical waiver is completed and do not enroll your child if they have any high-risks (asthma, diabetes, immune-compromised conditions).
- Stay in the car or adhere to social distancing guidelines while at our events (please do not huddle around the fields as your presence alters our group sizes).
- We recommend you wear a mask if you are outside your car at our events; we do not require this and will not prevent you from attending our events without a mask.
- Please sanitize/wash your child's ball and water bottle before coming to each session.
- If you have sanitizing products for your child, please have your child bring them to our sessions.

**Player Responsibilities:**

- Wash hands thoroughly before training and avoids touching your face.
- Bring and use hand sanitizer with you at every session.
- Do not touch anyone else's equipment while at our sessions (gloves, masks, soccer balls, bags, water bottles, snacks, etc.).
- Practice social distancing, including placing bags and equipment at least six feet apart.
- Wash and sanitize your equipment before and after every training session.
- No celebrations that include physical contact with other players, coaches, or staff (high five, shaking hands, fist bumps, etc.).

We intend to utilize portable toilets/port-a-jons for restroom facilities where indoor facilities are not available.

**Please direct all questions regarding this policy to [admin@365socceracademy.com](mailto:admin@365socceracademy.com)**