

Head Coach: Jon Kleinke

Practice Times:
5:30PM Tots & Bantams
6:30PM Midget to Cadet

Welcome 2024 Wrestlers

Requirements:

- Paid Registration fees.
- Birth Certificates.
- Transportation to tournaments.
- No unattended children.
- No shoes on the mat.

Wrestler Expectations:

- Good behavior.
- T-shirt with your name on it.
- Singlet.
- Wrestling shoes.
- Fingernails Cut.

Website: www.sidneywrestlingclub.com

"Like" us on Facebook for up-to-date information

COOPERATION and HARD WORK

The Sidney Wrestling Club operates on two things, *Cooperation and Hard Work* from parents, wrestlers, coaches and anyone else willing to put in the extra hours working on committees and details. Without these people and their hard work this program would not be successful.

Registration fees must be paid before a wrestler or coach is allowed on the mat. **ABSOLUTELY NO REFUNDS UNDER ANY CIRCUMSTANCES!** These

fees cover insurance, association cards and tournament fees. This is why we do fundraising, to keep these costs low. Every family is expected to sell a minimum of 20 raffle tickets to help with these expenses and participate in fundraising opportunities when asked.

Equipment like mats, scales, time clocks, etc., are very costly. We ask that you encourage your wrestler to respect the equipment and to help monitor their activity on or around this equipment.

NO STREET SHOES ON THE MATS!

Every wrestler must wear a singlet during a tournament. The club has two styles of singlets for purchase or trade. Birth Certificates are required by state rules. We must have a copy on file, not an original. Parents are responsible for transporting their wrestler to and from tournaments and having them there in time for weigh-ins.

RESPECT and DISCIPLINE

In the past the Sidney Wrestling Club has had very few problems with wrestlers, but the board has set these few and simple guidelines: **THE BOARD AND COACHING STAFF WILL NOT TOLERATE PROFANITY AND/OR FIGHTING, DIRECTED AT EITHER A COACH, SPECTATOR OR COMPETITOR.** This can lead to immediate suspension from the time of the infraction until the board meets and rules on it. They will then decide if the wrestler will be allowed to return. If it

happens at a tournament, the wrestler will be withdrawn from that tournament. This means he/she will not place. Any acts of vandalism will be handled in the same manner. There will be no running in the hallways or unsupervised children. Not obeying this or any other rule may subject the wrestler to a suspension of privileges. Anyone accompanying a wrestler is to sit quietly, not disturb practice and obey the rules of the facility. We ask that you drop off your children no sooner than 10 minutes prior to their practice

time. Practice could be cancelled due to bad weather, scheduling conflicts, etc., we will post on Facebook and our website and try to email everyone when practice is cancelled or relocated. **DO NOT DROP OFF YOUR CHILD UNATTENDED WITHOUT CHECKING IF PRACTICE IS STILL SCHEDULED.** The wrestling board meets once per week (Mondays) after practice. The board consists of parents, coaches and anyone interested in helping with the program. **EVERYONE IS WELCOME!**