



Tinley Park Bulldogs Baseball and Softball 2020 COVID-19 Return To Play Guidelines

- * All families who will participate this season will be required to read and acknowledge a COVID-19 waiver.**

Arrival to Facility/Fields

- All Players, Coaches, Staff and Spectators must adhere to six-foot physical distancing while arriving and at the facility.
- All players, coaches, staff and Spectators must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.*
- All players MUST wait in their vehicle until their coach arrives until they can enter the field for practice/game.
- No team water coolers or shared drinking station
- Players should arrive to the practice or game with a family member. No car pools should be used.

Practices

- Teams scheduled for practice should wait for their coach in their vehicles or outside the field, maintaining 6ft social distancing. Facial coverings should be worn until coach is ready for practice to begin. Coach will lead the team onto the field.
- If there is another team on the field finishing practice, that team will exit on one side of the field while the team beginning practice will enter through the other side of the field. NO CROSSING OF TEAMS SHALL OCCUR.
- Coaches should split the team into two or more groups, one in the infield and the others in the outfield. Players should be spaced out as much as possible and groups should be rotated during the practice. Facial coverings are recommended for all coaches.
- Players who are not participating in practice must wear a facial covering at all times.
- Parents should remain in their vehicles. Parents with younger aged children that need to be near the field, 6ft social distancing MUST be adhered to and facial coverings are strongly recommended.
- NO sharing of equipment, water bottles, or coolers for the team are allowed. Players must bring their own equipment to the practice.
- ABSOLUTELY NO SEEDS OR GUM FOR ANY PLAYER OR COACH!
- Hand sanitizer bottles will be available in every field box for players and coaches to use during/after practice.
- No High Fives or Hand shakes during or after practices.
- All team huddles and meetings are required to maintain 6ft social distancing and facial coverings should be worn by all players and coaches.
- Coaches will make sure that dugouts are cleaned after each practice.
- All players, coaches, staff and Spectators must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.*

Games

- Teams scheduled for game should wait for their coach in their vehicles or outside the field, maintaining 6ft social distancing. Facial coverings should be worn until players enter the field of play.
- Once on the field coach should split team up into groups of two or more for warmups, maintain social distancing of players and coaches.
- One game ball should be used for each team while on the field and switch out each inning. If game ball is lost, umpire or coach will designate a new game ball for that team.
- No more than 4 players in the dugout at a time. If a team is at bat, 4 players should be in the dugout maintain social distancing while the other players will line the fence along the foul line. Younger players should sit with their parents provided all parents are maintain social distancing guidelines. Facial coverings are recommended for all those players not in the game at any time.
- All players should avoid physical contact with other players as much as possible.
- All parents/spectators MUST maintain 6ft social distancing and facial coverings are strongly recommended.
- Spectators MAY be limited to parents and immediate family member at any time based on Phase 4 guidelines set down by the governor and CDC, holding to a maximum of 50 people per field.
- Parents must not enter the field of play or the dugouts unless absolutely necessary.
- ABSOLUTELY NO SEEDS OR GUM FOR ANY PLAYER OR COACH!
- NO sharing of equipment, water bottles, or coolers for the team are allowed. Players must bring their own equipment to the game.
- Hand sanitizer bottles will be available in every field box for players and coaches to use during/after practice.
- No High Fives or Hand shakes during or after games.
- All team huddles and meetings are required to maintain 6ft social distancing and facial coverings should be worn by all players and coaches.
- Coaches will make sure that dugouts are cleaned after each practice.
- All players, coaches, staff and Spectators must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.*

*** Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headaches, sore throat, and new loss of taste or smell.**

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Umpires

- Must adhere to 6 ft social distancing guidelines when game is not in session
 - Must wear a facial covering when not umpiring a game
 - Umpires may choose to umpire the game behind the pitchers mound rather than behind the plate to maintain social distancing guidelines.
 - Avoid exchanging lineups with coaches. Pre-game meeting with managers should maintain social distancing guidelines.
 - All players, coaches, staff and Spectators must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.*
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Leaving the Facility/Fields

- Must adhere to 6ft social distancing guidelines
 - Strongly recommended that everyone wear facial coverings when returning to their vehicles.
 - No congregating by cars or by the fields after the practices/games.
 - No exchanging of items/equipment shall occur. This includes snacks or drinks.
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Confirmed Cases

- Any individual exhibiting symptoms of COVID-19, must contact the team manager immediately who will then immediately contact the League President for that league. League presidents will contact the Bulldogs Commissioner, Joe Partacz.
 - All league presidents will have contact information for all teams in their league and will begin contacting coaches and parents of all teams in league notifying parents of a person exhibiting symptoms.
 - Any person who is exhibiting symptoms MUST self-isolate for 14 days.
 - Team and/or league will be suspended immediately until determined safe by Tinley Park Bulldog Board of Directors with directions from other agencies.
 - Tinley park Bulldog Board of Directors will determine with guidance from the CDC and other local health organization as to how to proceed with the rest of the season.
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Other Items

- Only the bathrooms at the concession stand should be used. No Port-O-Johns should be used. Bathrooms will be inspected and cleaned/disinfected every hour when games are in session.
 - Concessions May or May Not be open. It is suggested that spectators bring their own pre-packaged snacks for before, during, and after the game. NO SHARING OF FOOD SHALL BE ALLOWED.
 - Team snacks will not be permitted.
 - Coaches will be asked to maintain the field prior to and after the games. Field Maintenance crews will be limited and we will need all hands on deck in order to maintain good field conditions.
 - Members of the Tinley Park Bulldogs Board of Directors will be monitoring the fields and safety conditions regularly and will adjust accordingly if the need arises.
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In order for all these procedures and guidelines to be effective, we all need to pull together to adhere and enforce everything listed above. We want the excitement and joy of playing baseball and softball to return, but we need to do so safely and responsibly. Please make sure to adhere to and abide by these guidelines for the safety of the player, coaches, parents, staff, and other members of the Bulldogs Family

Together let us all remain **BULLDOG STRONG!!**

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