



## Welcome 2025 Sailors!

Each sailing class is designed to introduce new skills, as well as to build on those skills already developed. "Racing" is one of the skills we work on, but "winning" is not the primary focus. Our hope is that our young sailors will have fun while developing confidence and a love of sailing that will last throughout their lives.

Sailing School classes will be held at North Lake Yacht Club. Summer long classes run from June 16th- Aug 6th. We do not hold classes the week of July 4th (July 30- July 4).

Kinderprams	Fridays June 20, 27 July 11, 18 & 25 Rain date Aug 1	9:30 - 12:00
Opti- Learn to Sail	Tuesdays & Thursdays	9:00 - 12:00
Opti- Advanced	Tuesdays & Thursdays	1:00 - 4:00
X-Boats	Mondays & Wednesdays	1:00 - 4:30
420's	Mondays	4:30 - 6:30

<b>Head Opti Instructor</b>	Alex Sidem	(414) 379-0955	alexsidem@gmail.com
<b>Head X-Boat Instructor</b>	Sarah Stippich	(262) 337-0321	sastippich@protonmail.com
<b>Instructor</b>	Bergen Fischer	(262) 490-0161	bergen0504@gmail.com
<b>X-Boat Instructor</b>	Haley Isabell	(262) 613- 1745	Halestorm30@icloud.com
<b>Program Director</b>	Callie Lederman	(262) 490-6778	callielederman22@gmail.com
<b>NLSS Board</b>	Charles Luebke	(414) 801-7264	charlesjluebke@hotmail.com

### North Lake Sailing School

northlakesailing@gmail.com

N77W31857 Northwoods Drive Hartland, WI 53029



<b>President</b>			
<b>Treasurer</b>	Christine Janssen	(414) 315-1540	janssencx@gmail.com
<b>Secretary</b>	Cheri Theisen	(262) 966-3506	cheritheisen@gmail.com
<b>Director</b>	Pat Van Till	(414)-732-3877	patvantill@gmail.com

VISIT OUR [WEBSITE](#) FOR MORE INFORMATION

## North Lake Sailing School History

North Lake has had a sailing school since 1957, dedicated to teaching children and adults the sport of sailing, while promoting the concepts of good sportsmanship, teamwork, and camaraderie. Membership is open to all individuals, regardless of race, color, national origin, religion, or sex.

The North Lake Sailing School was officially formed as a non-profit, charitable 501(c)3 organization in 1989 which provides a means for individuals, companies, and other organizations to donate boats and equipment, or make financial contributions that can be officially recognized as tax deductible. As a result of past contributions, the Sailing School now has a fleet of sailboats available to beginning sailors before they have to commit to purchasing a boat of their own. This provides an opportunity for more people in the Lake Country community to experience the joys of sailing, while enabling the Sailing School to continue growing. Financial donations also help offset some of the costs associated with operating the Sailing School (i.e., the purchase and maintenance of instructor boats, insurance, equipment, etc.).

Our goal is to provide opportunities for everyone in the community to discover the pleasures of sailing, whether it is recreational or competitive.

It is the policy of the NLYC that no dogs are allowed on the YC property.

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## Parent Responsibilities

Sailor parents are responsible for getting their sailor to class, as well as picking up ON TIME. **A \$10 fee is charged for each late pickup.**

**\*\*KinderPrams only\*\*** An adult is required to accompany your sailor to every class, siblings are allowed if they are over 18. Accompanying adults are expected to participate fully in each class which includes boat rigging, launching, sailing & take down at the end of class (under instructor supervision & instruction).

Please notify our NLSS team of any class dates you have a conflict with. This will be listed on the large calendar in the garage where we keep track of planned absences.

North Lake Sailing School is not responsible for damage to sailboats during class. Please check with your insurance agent for proper coverage of your boat. If you are renting one of the North Lake Sailing School's boats, it is your responsibility to keep the boat clean.

Families will be asked to contribute to a rotating snack schedule. We do have a refrigerator in our garage that sailors have access to while on land.

### What to Bring to Class:

1. **LIFE JACKETS** will be worn and zipped shore to shore.
2. All sailors must have a **WHISTLE** attached to their life jacket.
3. Sailors are strongly advised to wear **SHOES** at all times – bare feet are easily cut on the sharp shells of Zebra Mussels.
4. We recommend no jewelry, excluding a sailing watch, be worn during class.
5. Parents should encourage their sailors to wear proper clothing that can get wet, **SUNSCREEN**, and sunglasses/**HAT**/visor.
6. Bring a **WATER BOTTLE** to carry in their boats.
7. Towel & a change of clothes are optional.

Parents should encourage SPORTSMANLIKE BEHAVIOR, which includes but is not limited to: adherence to class rules; respect for equipment; observance of proper sailing etiquette (ex; thanking the Race Committee); being a gracious winner; being a good sport (ex; congratulating the sailor that defeated you); and being respectful of fellow sailors.

Parents are encouraged to come out on the water or sit on the pier and watch--young sailors will think sailing is important if their parents seem interested! If watching on water, parents are unable to watch from the coach boats.

**PRAM POWER is our only annual fundraiser. All families enrolled in Sailing School will be expected to help in order to keep our fundraiser running.** Please view the sign up for more information, roles include: donating food, prepping/serving lunch, donating raffle items, assisting with craft rotations.

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FOR INSURANCE PURPOSES, ONLY REGISTERED STUDENTS OF THE NORTH LAKE SAILING SCHOOL WILL BE ALLOWED TO SAIL OR PARTICIPATE IN CLASSES.

**Private lessons may be recommended by the program director or head instructor if needed to enable a student to gain specific skills so they can effectively participate in the regular classes.**

### **Action Items:**

- Read through Sailing School Handbook
- Snack schedule sign up (Optis [LTS](#) & [ADV](#), [X-Boats](#), [KinderPrams](#))
- Pram Power volunteer sign up ([food donation](#), [volunteer](#))
- Share any dates your sailor cannot attend class



## SAILOR RULES

Sailing should be fun for all sailors and instructors, and although fun is paramount, safety is more so. But as the number of boats and sailors increases, so does the chance of an accident. Therefore, the following rules will be enforced during class:

- No running or pushing on the pier. NO DIVING OFF THE PIER
- All equipment will be properly handled.
- Sailors are expected to listen to the Chalk Talks before and after class.
- All sailors will be required to pass a swimming test wearing a life jacket.
- The Instructors' directions are to be followed at all times.
- Life jackets will be worn and zipped shore to shore.
- Sailors will have a whistle attached to their life jackets.
- Sailors will respect each other: no teasing.
- We strongly advise that shoes be worn at all times.
- Except for a sailing watch, we recommend that no jewelry be worn while sailing.
- To prevent dehydration, carry a water bottle in your boat.
- *No dangerous items (ex; knives) brought to class. They will be confiscated.*

If at any time an instructor feels that a sailor has exhibited unsafe or disruptive behavior, the sailor will be given a verbal warning. SHOULD THE BEHAVIOR CONTINUE, A WRITTEN WARNING WILL BE ISSUED AND THE SAILOR WILL BE REMOVED FROM CLASS AND PLACED UNDER THE SUPERVISION OF THE PARENT OF THE DAY OR AN INSTRUCTOR. This will result in a phone call to the sailor's parents, and possible expulsion from Sailing School.

I have read and understand the above rules.

Signature of Sailor: \_\_\_\_\_ Date: \_\_\_\_\_

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## REGATTAS

OPTI		
<a href="#">Beulah Fun Day</a>	Monday, June 23rd	Lake Beulah
<a href="#">TRAC</a>	Friday, June 27th	Cedar Lake
GLSS	July 9th-10th	Lake Geneva
BOP'N	Thursday, July 17th	Beaver Lake
<a href="#">No Tears</a>	Monday, July 21st	Lake Beulah
<a href="#">ILYA Champs</a>	July 25th-27th	Minnetonka, MN
<a href="#">Red, White &amp; Blue Chip</a>	August 4th-5th	Lac La Belle
<a href="#">Pram Power</a>	Thursday, August 7th	North Lake
X-Boat		
NLYC Weekend Races	All X-Boaters can compete in NLYC weekend races	
<a href="#">QUINT</a>	Thursday, June 19th	Pewaukee Lake
<a href="#">TRAP</a>	June 25th-26th	Pine Lake
GLSS	July 7th-8th	Lake Geneva
<a href="#">X-Treme</a>	July 14th & 15th	Oshkosh
WYA	July 19th-20th	Nagawicka
<a href="#">ILYA Champs</a>	July 28th- 30th	Minnetonka, MN
<a href="#">Blue Chip</a>	August 8th-9th	Cedar Lake

**If you attend another regatta and would like a coach, please contact NLSS so we can gauge instructor availability and their rate.**

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### **Parent/Sailor Responsibilities**

While participating in regattas, both on lake or off lake, at least one parent (or designate) must remain in attendance during the duration of the regatta. **Parents and sailors will be responsible for the following:**

- Registration forms and related paperwork
- Informing the Sailing Director and Head Instructor of their child's participation so an appropriate number of instructors can be sent to the regatta
- Review of regatta guidelines/handouts
- Transporting the boat to and from the regatta
- Assuring the boat is correctly rigged, tuned, and in proper working order
- Launching and removing the boat
- Washing the boat before re-entering North Lake to control the spread of Eurasian Milfoil
- Participation in pre/post-race activities (ex; skippers' meeting, volleyball, awards)

Please note that if the instructors are available (not currently engaged in other responsibilities of the day), parents/sailors should feel free to ask them for assistance or advice regarding any of the above responsibilities.

### **Sailing School Instructor Responsibilities**

While participating in regattas, both on lake or off lake, Sailing School Instructors will be responsible for the following:

- Preparing the Sailing School boats for transport
- Providing all necessary equipment for the Sailing School boats (i.e., moorings, gasoline)
- Launching and taking out Sailing School coach boats
- Fueling and refueling Sailing School boats
- On-water and off-water coaching
- Attending Skippers' Meetings
- Familiarization with regatta guidelines
- Paying for their own meals (parents frequently pay for the coach's lunch)
- Carrying a First-Aid Kit

### **COACH BOAT TOWING POLICY:**

NLSS will send a coach and boat to the above regattas. As per NLSS policy, an instructor under 18 is not permitted to tow a trailer over the road to comply with our insurance policy.

Before a coach boat can leave the YC it must be inspected by the NLSS Property Chairman. A checklist will be covered and signed by the property chair and the towing adult verifying the boat is properly tied down to make the trip.

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Before a coach boat can leave a regatta a similar checklist must be signed by the towing adult and a designated adult supervisor attending the regatta.

*Thank you for choosing the North Lake Sailing School for part of your young sailor's summer experience. While we try to think of everything there are times when we miss something. If you have any concerns or questions please feel free to contact Callie or Charles.*

<b>Director</b>	Callie Lederman	(262) 490-6778	callielederman22@gmail.com
<b>NLSS Board President</b>	Charles Luebke	(414) 801-7264	charlesjluebke@hotmail.com

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