

College Station High School Athletic Training

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Parent Information

Secondary Insurance Claims - The insurance provided by the school district is supplemental and not intended to provide or replace individual, family, or group healthcare insurance coverage. The district insurance is <u>for accidents only</u>, not sickness or illness. This is a limited benefit policy and may not cover all medical bills for your child. Any charges not covered are **YOUR RESPONSIBILITY**.

For all school-related accidents, be sure to contact a campus athletic trainer.

Regardless of whether your child has insurance or not:

- Treatment by a licensed doctor must occur within 90 days from the date of injury.
- Fully completed and signed claim form must be submitted to the claims administrator within 90 days from the date of injury.
- Filing of all bills for provider services must occur within 90 days from the date of service. It is the parent/guardian's responsibility to
 follow up with each provider to make certain bills are submitted on time.
- Documentation from each doctor's visit must be provided to the athletic training office to be kept on file for insurance purposes.
- An injured student must obtain a medical release and have it on file with the athletic training office prior to participating in an activity after sustaining an injury.
 - If the student does not receive a medical release prior to returning to practice or play, a subsequent injury will NOT be covered.

Doctor's Visits – It is understood that if the above-named student is seen by a Health Care Provider for any injury or illness and is removed from or has restrictions placed on his/her ability to participate, he/she CANNOT return to athletic participation until a signed and dated release has been provided to the Athletic Trainer. Parental authorization and notification will NOT be accepted in place of the medical release.

Anytime a student-athlete visits a doctor for illness or injury, a physician's note detailing limitations or release to full activity must be turned in to the Licensed Athletic Trainer. This is important so that we can ensure that restrictions and limitations are communicated to coaches and that a treatment/rehabilitation plan can be created to return your child to activity as quickly and safely as possible. Please do not turn doctor's notes into the coach. You can email them to csisd.org

Treatments – All injuries must be reported to the staff athletic trainers. The athletic training room opens each morning for treatments and rehabilitation by 7:00am. All injured athletes must come to morning treatments unless they have made other arrangements with the staff athletic trainers. Student-athletes may also receive treatments/rehabilitation during their athletic period and after school. However, if they miss morning treatments they will not miss their athletic period or practice to come to the athletic training room.