2024 SUMMER CAMPS

BASEBALL AND SOFTBALL CLINICS

EXPERIENCE THE DIFFERENCE · TEELS · EST. 1999 · BASEBALL & SOFTBALL TRAINING CENTER

Ages 7 - 12

In our full week summer baseball program the focus is on teaching fundamentals of the game in an enjoyable full day format. Our professional instructors deliver lessons in hitting, throwing, base running and more with fun and productive drills organized into stations. After lunch, the campers conclude their day by applying newly learned skills in a supervised game.

Some Stations include:

- *Rocket Relay* - Your future Golden Glover will work on quick hands, receiving, accurate throws and teamwork in one concise drill.

- *Line Drive Alley* - In this hitting competition, campers will be thrown batting practice and earn points for each solid line drive they hit. Instructors emphasize "squaring the ball up" with the barrel of the bat as the ultimate goal of hitting.

- *Fly Ball Call* - Along with learning how to safely catch outfield high fly, we also teach young players the importance off field communication.

- *"Turn On The Jets" Base Running* - Technique, quickest path to the base, and speed are a base runner's best assets. Camp instructors will time the campers as they jet around the bases.

Example of Camp Day:

9:00am – Attendance and dynamic warm-up

9:30am – Full camp instruction and lesson of the day

9:50am - Four stations: Hitting, Base Running, Infield and Outfield

12:00pm - Lunch break

1:00pm – Game time (age and skill level determine teams)

2:00pm - Sports conditioning for baseball by Teels Performance Training Center

3:00pm - Dismissal

Mon. - Thurs. from 9:00am - 3:00pm / Cost: $425.00
*Friday is left open as a rain date

Memorial Field, Wyckoff*

Session 1W	July 8, 9, 10, 11
Session 2W	July 22, 23, 24, 25
Session 3W	July 29, 30, 31, Aug. 3
Session 4W	August 5, 6, 7, 8

ALL NEW...Upper Saddle River (USR) Sports Complex*

Session 1U	June 24, 25, 26, 27
Session 2U	July 15, 16, 17, 18
Session 3U	August 12, 13, 14, 15

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